

Does a new leaflet with information about the breast cancer screening program, its benefits and risks, affect participation in the screening program?

Submission date 22/04/2021	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
Registration date 06/05/2021	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 05/07/2021	Condition category Cancer	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

In Catalonia, Spain, a new leaflet was designed with information about the breast cancer screening program. To our knowledge, it is not known whether the leaflet has any effect on women's attendance. Therefore, the aim of this study was to evaluate the impact on participation of this new leaflet targeting women invited to the breast cancer screening program.

Who can participate?

The study included women aged 50 - 69 years invited to the breast cancer screening program in the catchment area of the Parc the Salut Mar in Barcelona, Spain.

What does the study involve?

This study follows the usual screening program protocol, in which invitations to participate in the screening program are sent by surface mail. Two groups were created, one group received an information leaflet on the benefits and harms of mammography screening. The other group received the usual invitation letter. We compared participation in the screening program between groups.

What are the possible benefits and risks of participating?

The possible benefit of participating is having more information about the breast cancer screening program, its benefits and risks. A possible risks of participating in the study is deciding not to participate in the screening program.

Where is the study run from?

Department of Epidemiology and Evaluation of the Hospital del Mar and IMIM (Hospital del Mar Medical Research Institute) (Spain.)

When is the study starting and how long is it expected to run for?
September 2019 to March 2020

Who is funding the study?

This work was supported by a grant from Instituto de Salud Carlos III (grant number: PI19/00007), and by the Research Network on Health Services in Chronic Diseases (RD12/0001/0015) (Spain)

Who is the main contact?

Margarita Posso, mposso@parcdesalutmar.cat

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

Nil known

IRAS number**ClinicalTrials.gov number**

Nil known

Secondary identifying numbers

2019/8898/I

Study information

Scientific Title

Effect of an information leaflet on breast cancer screening participation. A cluster randomized controlled trial

Study objectives

A new leaflet containing information about the breast cancer screening program modifies the participation rate of women invited to participate in at least three percentual points.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved 09/10/2019, Clinical Research Ethics Committee of the PSMAR (CEIm – Parc de Salut MAR; Dr Aiguader, 88; 08003, Barcelona, Spain; +34 93 316 06 77; ceic-psmar@imim.es), ref: 2019/8898/I

Study design

Single-center interventional cluster randomized controlled trial

Primary study design

Interventional

Secondary study design

Cluster randomised trial

Study setting(s)

Hospital

Study type(s)

Screening

Participant information sheet

No participant information sheet available

Health condition(s) or problem(s) studied

Breast cancer screening program

Interventions

-Control group: women received the usual invitation letter, that offers an appointment date to undergo mammography as part of the breast cancer screening program, without informing about the benefits and risks of participating in the screening program.

-Intervention group: received an information leaflet in addition to the invitation letter. This information leaflet describes the breast cancer screening program, and how it is implemented in the region. It contains qualitative and quantitative information on breast cancer, mortality reduction due to mammography screening, the possibility and advantages of detecting early-stage cancer in participants, and explaining the mammogram. The leaflet also provides information on the potential risks of screening, overdiagnosis and overtreatment, and false positives and false negatives.

The randomization unit was the processing day of the letter of invitation, and was performed as a blind random assignment using the RANDOM excel function.

The follow-up period was initially set to be 90 days, but due to the COVID-19 pandemic we had to deviate from the protocol and shorten it to 30 days.

Intervention Type

Behavioural

Primary outcome measure

Participation in the breast cancer screening program measured as a dichotomous variable (yes /no) and is automatically registered in an informatic application at the moment that the woman undergoes screening mammography

Secondary outcome measures

There are no secondary outcome measures

Overall study start date

01/09/2019

Completion date

08/03/2020

Eligibility

Key inclusion criteria

1. Women aged 50 to 69 years
2. Invited to participate to the Breast Cancer Screening Program between 30th September 2019 and 17th January 2020
3. Residents of six catchment areas of Barcelona

Participant type(s)

Healthy volunteer

Age group

Adult

Sex

Female

Target number of participants

9,640

Total final enrolment

11119

Key exclusion criteria

1. Women who had moved residence outside the PSMAR catchment area
2. Census errors

Date of first enrolment

30/09/2019

Date of final enrolment

17/01/2020

Locations

Countries of recruitment

Spain

Study participating centre

Parc de Salut Mar

Carrer Dr. Aiguader, 88

Barcelona

Spain

08003

Sponsor information

Organisation

Parc de Salut

Sponsor details

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Sponsor type

Hospital/treatment centre

Website

<https://www.parcdesalutmar.cat/es/epidemiologia/>

ROR

<https://ror.org/032exky44>

Funder(s)

Funder type

Government

Funder Name

Instituto de Salud Carlos III

Alternative Name(s)

SaludISCI, Instituto de Salud Carlos III, Instituto de Salud Carlos III | Madrid, Spain, Carlos III Institute of Health, Institute of Health Carlos III, Carlos III Health Institute, ISCI

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

Spain

Funder Name

Research Network on Health Services in Chronic Diseases

Results and Publications

Publication and dissemination plan

Planned publication in a high-impact peer-reviewed journal.

Intention to publish date

01/09/2021

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Margarita Posso (mposso@parcdesalutmar.cat) upon reasonable request.

IPD sharing plan summary

Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol file	version v1	27/09/2019	06/05/2021	No	No
Results article		03/07/2021	05/07/2021	Yes	No