# Children's Health in Asthma: Research to Improve Status through Modifying Accommodation

Submission date	Recruitment status No longer recruiting	Prospectively registered		
09/03/2007		Protocol		
Registration date	Overall study status	Statistical analysis plan		
19/07/2007	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
14/02/2012	Respiratory			

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

#### Contact name

Prof Ian Russell

#### Contact details

University of Wales Bangor Brigantia Building Bangor United Kingdom LL57 2AS +44 (0)1248 383002 ian.russell@bangor.ac.uk

## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

#### Scientific Title

#### **Acronym**

CHARISMA

#### Study objectives

The aim of the study is to evaluate the effectiveness and cost-effectiveness of improving ventilation in heating in the homes of children with moderate or severe asthma who live within Wrexham.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

North East Wales Local Research Committee approved of the trial on the 30th July 2003.

#### Study design

Pragmatic randomised controlled trial with delayed-implementation controls.

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

## Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Moderate or severe asthma in children

#### **Interventions**

Pragmatic randomised controlled trial with delayed-implementation controls: analysis by intention to treat. Patients are identified from GP records. Remote randomisation is stratified by GP practice, whether central heating needs improving, childs age and gender, type of housing, and household smoking status.

A package of housing improvements designed to provide adequate ventilation and temperatures and to reduce mould spores:

1. If the recruited child has one or more siblings who suffer from asthma and sleep in a different

room, the housing department install a whole-house ventilation system. Otherwise they install a single-room ventilation unit

2. Improvements to bring central heating to a defined standard, if required

The control group are offered the same installation package 12 months later, after the final follow-up questionnaire has been returned.

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Parental assessment of the child's asthma-specific quality of life (PedQL asthma module) four and twelve months after randomisation. Baseline PedQL will be used as a covariate.

#### Secondary outcome measures

- 1. General health-related quality of life (PedQL core module), school attendance and the use of health care including medication
- 2. An economic analysis will compare costs

#### Overall study start date

01/09/2003

#### Completion date

01/05/2007

# **Eligibility**

#### Key inclusion criteria

- 1. Children aged 5 15 at recruitment
- 2. Living in Wrexham County Borough Council
- 3. On list of participating general practice
- 4. Ttaking inhaled steroids for asthma (three or more prescriptions over a 12 month period)
- 5. Written consent from parent or guardian to take part, complete questionnaires, and allow access to childs medical records

#### Participant type(s)

Patient

#### Age group

Child

#### Lower age limit

5 Years

#### Upper age limit

15 Years

#### Sex

**Not Specified** 

## Target number of participants

200

#### Key exclusion criteria

- 1. Cystic fibrosis
- 2. Likely to move of the Wrexham County Borough Council area within 12 months
- 3. Ventilation system already installed and central heating already aequate at pre-randomisation base line

Where a household contains two or more eligible children, one participant is chosen at random as the index case for whom outcomes are assessed.

#### Date of first enrolment

01/09/2003

#### Date of final enrolment

01/05/2007

## Locations

#### Countries of recruitment

United Kingdom

Wales

Study participating centre University of Wales Bangor

Bangor United Kingdom LL57 2AS

# Sponsor information

#### Organisation

University of Wales Bangor (UK)

#### Sponsor details

IMSCaR Ardudwy Normal Site Holyhead Road Bangor Wales United Kingdom LL57 2PX +44 (0)1248 388095 ian.russell@bangor.ac.uk

#### Sponsor type

University/education

#### Website

http://www.bangor.ac.uk/home/2006/index.php.en?&width=1024&height=768

#### ROR

https://ror.org/006jb1a24

# Funder(s)

#### Funder type

Government

#### **Funder Name**

North Wales Research Committee (UK)

#### **Funder Name**

Npower-Health Through Wales (UK)

#### **Funder Name**

Wrexham County Borough Council (UK)

#### Funder Name

Wrexham Local Health Alliance (UK)

#### **Funder Name**

Local Health Board, National Public Health Service for Wales (UK)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	cost-effectiveness results	01/11/2011		Yes	No
Results article	results	01/11/2011		Yes	No