# Breathing rate monitoring with a wearable device in patients with obstructive sleep apnea

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
28/08/2021		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
06/09/2021	Completed	Results		
Last Edited	Condition category	Individual participant data		
06/09/2021	Nervous System Diseases	<ul><li>Record updated in last year</li></ul>		

#### Plain English summary of protocol

Background and study aims

Sleep apnea is when your breathing stops and starts while you sleep. The most common type is called obstructive sleep apnea (OSA).

This study is aimed at assessing the accuracy of a new non-invasive, continuous, wrist-worn and wireless monitoring PPG device (Corsano CardioWatch 287) in measuring respiration rate and pulse rate at rest.

#### Who can participate?

Adults suspected for obstructive sleep apnea and healthy volunteers.

#### What does the study involve?

All participants receive respiration rate and heart rate monitoring simultaneously by a wrist-worn wearable and by respiratory polygraphy, which includes wearing bands around the chest and abdomen, and a pulse-oximeter. The measurements last one full night.

#### What are the possible benefits and risks of participating?

There are no direct benefits for the participants involved, since the measurements by the investigational device will not be consulted for diagnosis. There are no direct risks for the participants involved.

#### Where is the study run from?

Department of Sleep Medicine, Haaglanden Clinics, Nieuwe Parklaan 11, The Hague, The Netherlands

When is the study starting and how long is it expected to run for? September 2020 to March 2021

Who is funding the study?
Corsano Health B.V. (unrestricted grant)

Who is the main contact?

Jacky Gehring, j.gehring@haaglandenclinics.nl

### Contact information

#### Type(s)

Scientific

#### Contact name

Mrs Jacky Gehring

#### **ORCID ID**

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#### Contact details

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## Additional identifiers

#### **EudraCT/CTIS** number

Nil known

#### **IRAS** number

#### ClinicalTrials.gov number

Nil known

#### Secondary identifying numbers

W20 453 # 20.501

# Study information

#### Scientific Title

Continuous respiration rate monitoring using photoplethysmography technology in patients with obstructive sleep apnea

#### Study objectives

The mean absolute error and root mean square deviation of respiration rate measured by the Corsano CardioWatch 287 compared to respiratory polygraphy are hypothesized to be less than 1 breath per minute.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 22/10/2020, Medisch Ethische Toetsingscommissie AMC (Meibergdreef 9 1105 AZ Amsterdam, The Netherlands; +31 (0) 20-5667389; no email provided), ref: W20\_453 # 20.501

#### Study design

Single-centre observational study

#### Primary study design

Observational

#### Secondary study design

Cross sectional study

#### Study setting(s)

Home

#### Study type(s)

Screening

#### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

#### Health condition(s) or problem(s) studied

Obstructive sleep apnea

#### **Interventions**

Subjects with and without diagnosed Obstructive Sleep Apnea (OSA) will undergo simultaneous, continuous overnight PPG and respiratory polygraphy (RP), which includes respiratory inductance plethysmography and pulse-oximetry, for one night. The PPG sensor's respiration rate and pulse rate measurement accuracy will be assessed through Bland Altman and correlation analysis.

#### Intervention Type

Device

#### Phase

Not Applicable

#### Drug/device/biological/vaccine name(s)

Corsano CardioWatch 287-1

#### Primary outcome measure

Respiration rate and heart rate as measured by the Corsano CardioWatch 287 and respiratory polygraphy, continuously for one night

#### Secondary outcome measures

There are no secondary outcome measures

#### Overall study start date

#### Completion date

11/03/2021

# **Eligibility**

#### Key inclusion criteria

- 1. Patients suspected of Obstructive Sleep Apnea scheduled for overnight respiratory polygraphy, and healthy volunteers
- 2. Aged 18 years or above

#### Participant type(s)

Mixed

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

26

#### Total final enrolment

26

#### Key exclusion criteria

- 1. Wearer of cardiac implanted electronic device (Pacemaker, ICD)
- 2. CardioWatch 287 cannot be worn due to comprehensible reasons (allergic reactions, wounds, amputations, other)
- 3. Unable or not willing to sign informed consent
- 4. Significant mental or cognitive impairment
- 5. Currently enrolled in another clinical investigation in which the intervention might compromise the safety of the subject's participation in this study

#### Date of first enrolment

15/12/2020

#### Date of final enrolment

11/03/2021

#### Locations

#### Countries of recruitment

Netherlands

# Study participating centre Haaglanden Clinics

Nieuwe Parklaan 11 Den Haag Netherlands 2597 LA

# Sponsor information

#### Organisation

Stichting Haaglanden Clinics

#### Sponsor details

Nieuwe Parklaan 11 Den Haag Netherlands 2597 LA +31 (0) 70 221 21 21 info@haaglandenclinics.nl

#### Sponsor type

Hospital/treatment centre

#### Website

https://haaglandenclinics.nl/

# Funder(s)

#### Funder type

Industry

#### **Funder Name**

Corsano Health B.V.

# **Results and Publications**

#### Publication and dissemination plan

Planned publication in Journal of Clinical Sleep Medicine.

#### Intention to publish date

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request. Jacky Gehring, srs@jackygehring.nl. The anonymized raw data will be provided for reproduction purposes only, until 10 years after publication.

#### IPD sharing plan summary

Available on request

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet			06/09/2021	No	Yes
Protocol file			06/09/2021	No	No