# Multicentre evaluation of sodium bicarbonate in acute kidney injury in critical care (MOSAICC)

Submission date 09/07/2021	<b>Recruitment status</b> Recruiting	<ul><li>[X] Prospectively registered</li><li>[X] Protocol</li></ul>
<b>Registration date</b> 27/07/2021	<b>Overall study status</b> Ongoing	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
<b>Last Edited</b> 16/01/2025	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<ul> <li>Individual participant data</li> <li>[X] Record updated in last year</li> </ul>

## Plain English summary of protocol

Background and study aims

Many people who come into intensive care have a sudden worsening in kidney function called acute kidney injury (AKI) that happens as part of their illness. AKI causes more acid than normal to build up in the blood (a process known as acidosis), which can cause further harm. In these patients, kidney replacement therapy (KRT), commonly known as 'dialysis', is the most commonly used treatment but it is invasive, has added risks and requires specialist staff and equipment, making it very expensive.

Another option to treat patients with acidosis is to give an alkali (opposite to acid), such as sodium bicarbonate, to stop the effects of acid build-up and bring the level in the blood to normal. Sodium bicarbonate is a cheap and accessible treatment with the potential to increase survival and avoid KRT, but there is little clinical evidence to support its use in patients with acidosis and AKI.

We want to find out whether using sodium bicarbonate to treat critically ill people with acidosis and AKI improves survival and is cost-effective for the NHS.

#### Who can participate?

Patients aged 18 years and over with metabolic acidosis and acute kidney injury from about 60 UK NHS ICUs.

#### What does the study involve?

Eligible patients will be randomly allocated to either receive intravenous sodium bicarbonate or not receive it. The researchers will follow all patients up to 90 days later by 'linking' study data with routinely collected national records. They will also send a questionnaire to all patients at 90 days and one year to find out about their quality of life and use of health services. They will find out if sodium bicarbonate was more effective than no sodium bicarbonate by comparing the number of patients alive in each group at 90 days.

What are the possible benefits and risks of participating? There is no guarantee that patients will benefit directly by taking part in the trial. Sodium bicarbonate is licensed and widely used in the

NHS for the treatment of acidosis. The Medicines and Healthcare products Regulatory Agency (MHRA) have confirmed that the risks of participating in the study are no higher than that of standard medical care.

Like all medicines, sodium bicarbonate can cause side effects, although not everybody gets them. Patients are monitored closely by doctors and nurses. If they feel it is in the participant's best interest to stop the use of sodium bicarbonate, they will do so. Although participants may not directly benefit from taking part, research like this helps to continually improve treatments and care provided to all patients now and in the future.

Where is the study run from? University Hospitals of Derby & Burton NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for? March 2021 to May 2027

Who is funding the study? National Institute for Health Research (NIHR) – Health Technology Assessment Programme (UK)

Who is the main contact? Catherine Oversby, MOSAICC@icnarc.org

**Study website** https://www.icnarc.org/Our-Research/Studies/Current-Studies/MOSAICC/

# **Contact information**

**Type(s)** Scientific

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#### **Type(s)** Scientific

Scientific

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## Type(s)

Public

**Contact name** Dr Study Team

**Contact details** 

-United Kingdom

None provided MOSAICC@icnarc.org

# Additional identifiers

**EudraCT/CTIS number** 2021-002587-44

**IRAS number** 1003836

**ClinicalTrials.gov number** Nil known

Secondary identifying numbers CPMS 49697, Grant Codes: NIHR129617, IRAS 1003836

# Study information

## Scientific Title

Evaluating the clinical and cost-effectiveness of sodium bicarbonate administration for critically ill patients with acute kidney injury and metabolic acidosis

Acronym

MOSAICC

# Study objectives

MOSAICC is a multi-centre,open,data-enabled randomised clinical trial with internal pilot phase and integrated economic evaluation. The main objective is to evaluate the clinical and costeffectiveness of IV 8.4% sodium bicarbonate, as compared with no sodium bicarbonate, on 90day all-cause mortality (primary clinical effectiveness outcome) and on incremental costs, qualityadjusted life years and net monetary benefit at 90 days (primary economic evaluation outcome) in critically ill patients with metabolic acidosis and acute kidney injury.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved 23/09/2021, Manchester Central REC (Barlow House, 3rd Floor, 4 Minshull Street, Manchester, M1 3DZ, UK; +44 (0)207 104 8133; gmcentral.rec@hra.nhs.uk), ref: 21/NW/0228

**Study design** Interventional randomized controlled trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

**Study setting(s)** Hospital

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

#### Health condition(s) or problem(s) studied

Critically ill patients with metabolic acidosis and acute kidney injury

#### Interventions

For patients randomised to the intervention group, clinical staff will administer sodium bicarbonate 8.4% weight/volume intravenously, aiming to restore pH to >=7.30. The intervention will continue for the duration of the critical care unit admission or until initiation of kidney replacement therapy. For patients receiving sodium bicarbonate, the starting dose is 50ml administered over 30-60 minutes.

Arterial blood gas analysis should be performed 1-2 hours after each infusion. Participants should be assessed for response to treatment and repeated doses should be administered depending on subsequent pH readings and clinical status (including haemodynamic monitoring heart rate, blood pressure), as well as blood gas analysis (including pCO2 HCO3 and electrolytes) up to a maximum of 500ml over a 24-hour period.

Patients randomised to the control group will not receive IV sodium bicarbonate.

Once eligible participants have been randomised, indications to commence KRT may subsequently develop and in these situations KRT may be initiated at the discretion of the treating clinician. In both groups, all other care will be provided by the discretion of the treating clinical team according to local routine practice.

#### Intervention Type Other

Phase

Phase IV

#### Primary outcome measure

1. Clinical effectiveness measured by all-cause mortality at 90 days following randomisation using patient records

2. Cost-effectiveness measured using incremental costs, QALYs, and net monetary benefit at 90 days following randomisation using patient records

## Secondary outcome measures

1. Mortality at critical care unit discharge, 28 days and 1 year measured using patient records 2. Receipt and duration of respiratory, renal, and advanced cardiovascular organ support, defined according to the Critical Care Minimum Dataset (CCMDS), during the critical care stay measured using patient records

3. Duration of critical care unit and acute hospital stay measured using patient records

4. On-going requirement for KRT at 90 days and 1 year measured using patient records

5. HRQoL at 90 days and 1 year (assessed using the EQ-5D-5L questionnaire)

6. Resource use and costs at 90 days and 1 year measured using patient records

7. Estimated lifetime incremental cost-effectiveness based on the Health Services questionnaire, as well as resource use and costs at 90 days and 1 year and HRQoL

## Overall study start date

01/03/2021

## **Completion date**

31/05/2027

# Eligibility

## Key inclusion criteria

Current inclusion criteria as of 19/12/2022:

1. Adult (aged ≥18 years)

2. Metabolic acidosis (defined by arterial blood gas values of pH <7.30 and PaCO2 <6.5 kPa) 3. AKI – categorised as stage 2 or 3 of the Kidney Disease Improving: Global Outcomes (KDIGO) classification, defined as any one of the following three criteria:

Serum creatinine ≥2.0 times baseline\*

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• Serum creatinine ≥354 µmol/L, AND

either a rise of  $\geq$ 27 µmol/L within 48 hours or serum creatinine  $\geq$ 1.5 times baseline\* or

• Urine output of <0.5 ml/kg/h for  $\geq$ 12 hours

\*For baseline serum creatinine value:

• If available, then use pre-hospitalisation value within 365 days of the current hospital admission date.

• If there are multiple pre-hospitalisation values, then use the one closest to the date of the current hospital admission.

• If a pre-hospitalisation value from the 365 days prior to admission date is not available and there are multiple serum creatinine values from the current hospitalisation, then use the lowest one from the current hospitalisation.

• If no baseline serum creatinine value is available, then estimate it using the provided calculator.

Previous inclusion criteria:

1. Adult (aged ≥18 years)

2. Metabolic acidosis (defined by arterial blood gas values of pH <7.25, PaCO2 <6.5 kPa and bicarbonate <20 mmol/L)

3. AKI – categorised as stage 2 or 3 of the Kidney Disease Improving: Global Outcomes (KDIGO) classification, defined as any one of the following three criteria:

• Serum creatinine ≥2.0 times baseline\*

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 Serum creatinine ≥354 µmol/L, AND either a rise of ≥27 µmol/L within 48 hours or serum creatinine ≥1.5 times baseline\*

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• Urine output of <0.5 ml/kg/h for ≥12 hours

\*For baseline serum creatinine value:

• If available, then use pre-hospitalisation value within 365 days of the current hospital admission date.

• If there are multiple pre-hospitalisation values, then use the one closest to the date of the current hospital admission.

• If a pre-hospitalisation value from the 365 days prior to admission date is not available and there are multiple serum creatinine values from the current hospitalisation, then use the lowest one from the current hospitalisation as the baseline value.

• If no baseline serum creatinine value is available, then estimate it using the provided calculator.

# Participant type(s)

Patient

Age group

Adult

**Lower age limit** 18 Years

**Sex** Both

# Target number of participants

Planned Sample Size: 2,250; UK Sample Size: 2,250

## Key exclusion criteria

Current exclusion criteria as of 16/01/2025:

1. Respiratory acidosis (acute or chronic)

2. Kidney replacement therapy (KRT) planned to start within 3 hours and treating clinician(s) unwilling to defer if randomised to sodium bicarbonate

- 3. Deemed unsuitable for KRT
- 4. High output stoma/ileostomy
- 5. Percutaneous biliary drainage

6. End stage kidney failure defined as documented eGFR<15 ml/min/1.73m<sup>2</sup> prior to onset of this acute illness or end stage kidney disease (ESKD) on dialysis

- 7. Known renal tubular acidosis
- 8. Diabetic ketoacidosis
- 9. High anion gap acid poisoning (e.g. polyethylene glycol (PEG), aspirin, methanol)
- 10. Symptomatic hypocalcaemia (Ionised calcium <1.05 mmol/L) †
- 11. Hypernatraemia (Plasma sodium >150 mmol/L) †
- 12. Severe hypokalaemia (Potassium <3.0 mmol/L) †
- 13. Death perceived as imminent

14. Known hypersensitivity to sodium bicarbonate or to any of the excipients listed in section 6.1 of the SmPC

15. Previously randomised into MOSAICC

† Exclusion criteria 10-12 are dynamic, and if corrected, patient may be reconsidered for the trial.

Previous exclusion criteria as of 19/12/2022:

1. Respiratory acidosis (acute or chronic)

2. Kidney replacement therapy (KRT) immediately indicated and treating clinician(s) unwilling to defer if randomised to sodium bicarbonate

- 3. Deemed unsuitable for KRT
- 4. High output stoma/ileostomy
- 5. Percutaneous biliary drainage

6. End stage kidney failure defined as documented eGFR<15 ml/min/1.73m<sup>2</sup> prior to onset of this acute illness or end stage kidney disease (ESKD) on dialysis

- 7. Known renal tubular acidosis
- 8. Diabetic ketoacidosis
- 9. High anion gap acid poisoning (e.g. polyethylene glycol (PEG), aspirin, methanol)
- 10. Symptomatic hypocalcaemia (Ionised calcium <1.05 mmol/L) †
- 11. Hypernatraemia (Plasma sodium >150 mmol/L) †
- 12. Severe hypokalaemia (Potassium <3.0 mmol/L) †
- 13. Death perceived as imminent
- 14. Known hypersensitivity to sodium bicarbonate or to any of the excipients listed in section 6.1 of the SmPC
- 15. Previously randomised into MOSAICC
- † Exclusion criteria 10-12 are dynamic, and if corrected, patient may be reconsidered for the trial.

Previous participant exclusion criteria as of 28/04/2022:

- 1. Respiratory acidosis (acute or chronic)
- 2. Clinical decision already in place to start patient on kidney replacement therapy (KRT)
- 3. Deemed unsuitable for KRT
- 4. High output stoma/ileostomy
- 5. Percutaneous biliary drainage
- 6. Documented eGFR<15 ml/min/1.73 m² or end stage kidney disease (ESKD) on dialysis
- 7. Known renal tubular acidosis

- 8. Diabetic ketoacidosis
- 9. High anion gap acid poisoning (e.g. polyethylene glycol (PEG), aspirin, methanol)
- 10. Symptomatic hypocalcaemia (Ionised calcium <1.05 mmol/l)†
- 11. Hypernatraemia (Plasma sodium >150 mmol/l)†
- 12. Severe hypokalaemia (Potassium <3.0 mmol/l)†
- 13. Death perceived as imminent

14. Known hypersensitivity to sodium bicarbonate or to any of the excipients listed in section 6.1 of the SmPC

15. Previously randomised into MOSAICC

† Exclusion criteria 10-12 are dynamic, and if corrected, the patient may be reconsidered for the trial.

Previous participant exclusion criteria as of 02/11/2021:

- 1. Respiratory acidosis (acute or chronic)
- 2. Clinical decision already in place to start the patient on kidney replacement therapy (KRT)
- 3. Deemed unsuitable for KRT
- 4. Acute diarrhoea, including high output stoma/ileostomy
- 5. Percutaneous biliary drainage

6. Documented Stage 4 chronic kidney disease (CKD) [eGFR <30 ml/min/1.73m2] or end-stage

- kidney disease (ESKD) on dialysis
- 7. Known renal tubular acidosis
- 8. Diabetic ketoacidosis
- 9. High anion gap acid poisoning (e.g. polyethylene glycol (PEG), aspirin, methanol)
- 10. Known to be pregnant
- 11. Symptomatic hypocalcaemia (Ionised calcium <1.05 mmol/L)†
- 12. Hypernatraemia (Plasma sodium >150 mmol/L)†
- 13. Severe hypokalaemia (Potassium <3.0 mmol/L)†
- 14. Solid organ transplant
- 15. Death perceived as imminent

16. Known hypersensitivity to sodium bicarbonate or to any of the excipients listed in section 6.1 of the SmPC

†Exclusion criteria 11-13 are dynamic, and if corrected, the patient may be reconsidered for the trial

Previous exclusion criteria:

- 1. Respiratory acidosis (acute or chronic)
- 2. Clinical decision already in place to start the patient on kidney replacement therapy (KRT)
- 3. Acute diarrhoea, including high output stoma/ileostomy
- 4. Percutaneous biliary drainage

5. Documented stage 4 chronic kidney disease (CKD) [eGFR <30ml/min/1.73m<sup>2</sup>] or end-stage kidney disease (ESKD) on dialysis

- 6. Known renal tubular acidosis
- 7. Diabetic ketoacidosis
- 8. High anion gap acid poisoning (e.g. polyethylene glycol (PEG), aspirin, methanol)
- 9. Known to be pregnant
- 10. Symptomatic hypocalcaemia (Ionised calcium <1.05 mmol/L)
- 11. Hypernatraemia (Plasma sodium >150 mmol/L)
- 12. Solid organ transplant
- 13. Death perceived as imminent

Date of first enrolment 12/04/2022

Date of final enrolment 31/08/2026

# Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Royal Surrey County Hospital** Egerton Road Guildford United Kingdom GU2 7XX

**Study participating centre Royal Derby Hospital** University Hospitals of Derby and Burton NHS Foundation Trust Uttoxeter Road Derby United Kingdom DE22 3NE

**Study participating centre Worthing Hospital** Lyndhurst Road Worthing United Kingdom BN11 2DH

# Sponsor information

**Organisation** University Hospitals of Derby and Burton NHS Foundation Trust

#### **Sponsor details**

Royal Derby Hospital Uttoxeter Road Derby England United Kingdom DE22 3NE +44 (0)1332 724710 teresa.grieve@nhs.net

**Sponsor type** Hospital/treatment centre

Website https://www.uhdb.nhs.uk/

ROR https://ror.org/04w8sxm43

# Funder(s)

**Funder type** Government

**Funder Name** NIHR Evaluation, Trials and Studies Co-ordinating Centre (NETSCC)

**Funder Name** National Institute for Health Research (NIHR) (UK)

**Alternative Name(s)** National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

**Funding Body Type** Government organisation

Funding Body Subtype National government

**Location** United Kingdom

# **Results and Publications**

## Publication and dissemination plan

The results of MOSAICC will be disseminated actively and extensively. This will cover both progress during the trial period and the results at the end of the study. Outputs will include, but will not be limited to, the following areas:

• meeting and conference presentations (international and national) of study progress and results;

 publication of study (1) protocol (2) statistical analysis plan (3) primary results, and (4) longerterm outcomes, including economic evaluation; and
 incorporation into clinical guidelines

#### Intention to publish date

31/05/2028

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request (MOSAICC@icnarc.org)

#### IPD sharing plan summary

Available on request

#### Study outputs

Output type HRA research summary	Details	Date created	<b>Date added</b> 28/06/2023	<b>Реег reviewed?</b> No	<b>Patient-facing?</b> No
Protocol file	version 4.2	21/08/2023	11/12/2023	No	No
Protocol file	version 5.0	04/09/2024	16/01/2025	No	No