

# Autologous platelet-derived product for palatal wound healing after plastic surgery in comparison with standard surgical gelatin sponges in order to improve post-surgery experience

<b>Submission date</b> 29/01/2020	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/02/2020	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 31/01/2020	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Gingival recession, also known as receding gums, is the exposure of the roots of the teeth caused by a loss of gum tissue and/or retraction of the gingival margin from the crown of the teeth. Treatment involves surgical procedures promoting root recovery. A widely accepted technique is the connective tissue graft (CTG) procedure. The tissue graft is often taken from the palate (roof of the mouth), frequently between the canine and first upper molar. There are often difficulties with wound healing, causing longer and more uncomfortable post-surgical experiences for the patients. Recently, leukocyte-platelet-rich fibrin (L-PRF) has been used to promote tissue regeneration. Consequently, patients experience less pain and better quality of life. Therefore, the aim of this study is to confirm these expected better characteristics on the palatal wound of CTG harvest procedures.

### Who can participate?

Patients aged 18 to 45 years of age undergoing CTG harvest procedures

### What does the study involve?

Participants undergo a CTG harvest procedure and are randomly allocated to either A-PRF application on the palatal wound or a standard surgical absorbable sponge. Pain is assessed using for the following 30 days after surgery.

### What are the possible benefits and risks of participating?

The benefits of participating are the treatment of gingival recession using a standard or an innovative technique, both extremely safe. The only risk is during blood collection, although it is always performed by a trained and experienced nurse., patients may experience nausea and faint.

Where is the study run from?  
Egas Moniz Dental Clinic (Portugal)

When is the study starting and how long is it expected to run for?  
September 2019 to September 2020

Who is funding the study?  
Egas Moniz University (Portugal)

Who is the main contact?  
Dr João Botelho  
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## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**EudraCT/CTIS number**  
Nil known

**IRAS number**

**ClinicalTrials.gov number**  
Nil known

**Secondary identifying numbers**  
EM02001

## Study information

**Scientific Title**  
Clinical assessment of A-PRF application on the healing process of palatal wound after connective tissue graft harvest: a randomized clinical trial

**Acronym**

APRFHeal

**Study objectives**

A-PRF provides improves the healing process of palatal wounds and better post-surgical pain experience

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Egas Moniz Ethics Committee (Campus Universitário, Quinta da Granja, Monte de Caparica, 2829 - 511 Caparica, Portugal; Tel: +351 (0)212 946 767, Rectory Room; Email: mmarnoto@egasmoniz.edu.pt), Process number 819/2020

**Study design**

Single-centre triple-blinded randomized clinical trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use contact details to request a participant information sheet

**Health condition(s) or problem(s) studied**

Palatal wound after connective tissue graft harvest

**Interventions**

Patients were randomly assigned in a 1:1 ratio to the PRF group or control group. A random allocation sequence was performed by using a randomization program (<http://www.randomizer.org>). Although the surgeon and the clinical examiner are blinded to the allocation, to avoid differences in the evaluation of parameters. Since all patients underwent single-incision technique, the clinical appearance was not misleading for the clinician who evaluated the parameters.

All interventions are performed under strict sterile conditions and local anesthesia (articaine 72 mg + epinephrine 0.009 mg / 1.8 mL). A free gingival graft with about 1.5 mm thickness was removed from the palatal area from first premolar to first molar. All surgeries were supervised by the same periodontist (RA). The treatment at the test site was performed as follows:  
1. Preparation of A-PRF: It was performed a standard venipuncture (median basilica vein, median

cubital vein, median cephalic vein). Ten mL of blood was drawn into a tube without anticoagulant. A-PRF is prepared by centrifuged according to the manufacturer instructions at 1,500 rpm for 8 minutes. After centrifugation, A-PRF clot from was removed from the tube and separated from the red element phase at the base with pliers. Then, A-PRF was delicately squeezed between a sterile metal plate and a metal box (gravity, no loading)

2. Palatal wound, as a result of free gingival graft harvesting, was occupied by two A-PRF clot membrane after careful positioning, and criss-cross sutures were done to hold it in position

For the control group, the surgical wound as a result of the graft collecting was filled with lyophilized hydrolyzed collagen sponge (Technew™, Rio de Janeiro, Brazil)

## **Intervention Type**

Procedure/Surgery

## **Primary outcome measure**

Pain assessed using the Visual Analogue Scale at baseline and for the following 30 days after surgery

## **Secondary outcome measures**

1. Edema visually measured at 7, 14 and 30 days after surgery
2. Analgesic consumption measured using a personal diary at baseline and for the following 30 days after surgery
3. Healing process measured using early healing index at 7, 14 and 30 days after surgery.
4. Connective tissue graft volume and PRF volumes measured using a periodontal probe during surgery

## **Overall study start date**

20/09/2019

## **Completion date**

30/09/2020

# **Eligibility**

## **Key inclusion criteria**

1. Patients ranging from 18 to 45 years of age
2. Need connective tissue for tunnel operation or coronally flap operation
3. Non-smoking
4. Good oral hygiene
5. No gag reflex
6. No periodontal surgery before at operation site

## **Participant type(s)**

Patient

## **Age group**

Adult

## **Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

52 (26 per group: 26 with A-PRF and 26 with standard absorbable sponge)

**Key exclusion criteria**

1. Systemic disorders (immunologic diseases, uncontrolled diabetes mellitus, ongoing chemotherapy or radiotherapy)
2. Pregnancy/lactation/menstruation
3. Chronic use of anti-inflammatory or analgesic
4. Inability or unwillingness to provide informed consent

**Date of first enrolment**

03/02/2020

**Date of final enrolment**

30/05/2020

**Locations****Countries of recruitment**

Portugal

**Study participating centre****Egas Moniz Dental Clinic**

Campus Universitário, Quinta da Granja

Monte de Caparica

Almada

Portugal

2829 - 511

**Sponsor information****Organisation**

Egas Moniz - Cooperativa de Ensino Superior

**Sponsor details**

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**Sponsor type**

University/education

**Website**

<http://www.egasmoniz.com.pt>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

Egas Moniz University

## **Results and Publications**

**Publication and dissemination plan**

Both study protocol and statistical plan will not be available because they are written in Portuguese. The researchers plan to publish the results in peer-review journals.

**Intention to publish date**

01/07/2020

**Individual participant data (IPD) sharing plan**

All data will be anonymised, with codification preventing identification of the participants. All patients will provide consent. Data will be freely available, with access request needed before shared. Database will be uploaded after trial completion in Zenodo, including age, sex, VAS scores for each day, analgesic consumption, graft and PRF volumes.

**IPD sharing plan summary**

Stored in repository