# Copeptin a marker for diagnosis and prognosis in heart attack

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
29/07/2015		<pre>Protocol</pre>		
Registration date	Overall study status Completed	Statistical analysis plan		
09/08/2015		[X] Results		
<b>Last Edited</b> 05/09/2023	Condition category Circulatory System	Individual participant data		

## Plain English summary of protocol

Background and study aims

Chest pain can be caused by a variety of conditions, some of them dangerous (such as a heart attack), others harmless (such as a muscle pain). The aim of the study is to show if a new marker (a protein measured in the blood) Copeptin, may be helpful in quickly identifying patients at higher risk for having a heart attack, thus enabling quick introduction of adequate treatment.

## Who can participate?

Adult experiencing chest pain lasting five minutes or more within the last 6 hours.

### What does the study involve?

Copeptin is measured for all participants via a blood test on admission to hospital. They then undergo routine treatment according to current guidelines and standards of care. Participants' follow-up data are collected and analyzed in regard to Copeptin concentrations.

### What are the possible benefits and risks of participating?

The marker is measured from a blood sample which is taken at the same time as a standard blood test, so does not need additional puncture if the vein. Thus, the risk for participation in the study is minimal.

Where is the study run from?

2nd Department of Cardiology, Medical University of Silesia (Poland)

When is the study starting and how long is it expected to run for? December 2011 to December 2018

Who is funding the study? Silesian Medical University (Poland)

Who is the main contact? Miss Beata Morawiec

# Contact information

### Type(s)

Scientific

### Contact name

Miss Beata Morawiec

#### **ORCID ID**

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### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

### Scientific Title

COPeptin for diagnosis and prediction in acute coronary syndrome (COPACS) study: design and objectives

### **Acronym**

COPACS - COPeptin for Acute Coronary Syndrome

# Study objectives

Copeptin, the C-terminal part of prohormone for vasopressin, is a marker of acute endogenous stress. An immediate increase in concentration after a few minutes from the onset of chest pain and rapid peak of concentration (1-2h) have practical implications for chest pain patients. Together with cardiac troponin, which is a specific marker for myocardial injury, it could be effective in quickly identifying patients at higher risk for having a heart attack, thus enabling quick introduction of adequate treatment. The aim of this study is to see whether this is the case.

# Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethical Committee of Medical University of Silesia, 06/12/2011, ref: KNW/0022/KB1/187/11

### Study design

Prospective, observational single-center study

### Primary study design

Observational

### Secondary study design

Case series

### Study setting(s)

Hospital

### Study type(s)

Diagnostic

### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

### Health condition(s) or problem(s) studied

Chest pain

#### Interventions

Copeptin is measured in patients with chest pain lasting up to 6h at admission and remains double-blinded throughout the enrollment. Further all patients undergo routine management for the condition being the cause of admission, according to current guidelines and standards of care. Patients' follow-up data are collected and analyzed in regard to copeptin concentrations.

### Intervention Type

Other

### Primary outcome measure

- 1. Primary diagnostic endpoint is the final diagnosis of NSTEMI
- 2. Primary prognostic endpoint is death of cardiovascular origin

### Secondary outcome measures

- 1. Secondary diagnostic endpoint is the diagnosis of ACS (NSTEMI+UA)
- 2. Secondary prognostic endpoints is as Major Adverse Cardiac and Cerebrovascular Events (MACCE) and included death of cardiovascular origin, non-fatal AMI, UA, repeated cardiac revascularization, stroke

# Overall study start date

15/12/2011

### Completion date

31/12/2018

# **Eligibility**

### Key inclusion criteria

- 1. Chest pain lasting five minutes or more
- 2. Beginning of symptoms in last six hours before admission

# Participant type(s)

**Patient** 

### Age group

Adult

#### Sex

Both

# Target number of participants

192 per first round of recruitment; up to 500 at the end of recruitment.

### Total final enrolment

154

# Key exclusion criteria

- 1. ST-segment elevation myocardial infarction (STEMI)
- 2. End-stage renal insufficiency (defined as GFR <15 ml/min/1.73m2 and/or dialysis)
- 3. Anemia (defined as level of hemoglobin <10 g/dl for men; <8 g/dl for women)
- 4. Hyponatremia (defined as level of Na+ <125mmol/l)
- 5. Injury or big surgery in last four weeks
- 6. Cancer with predicted life duration < six months
- 7. Pregnancy
- 8. Age < 18 years
- 9. Lack of informed consent

### Date of first enrolment

15/12/2011

### Date of final enrolment

31/12/2016

# Locations

### Countries of recruitment

Poland

# Study participating centre

2nd Department of Cardiology, Medical University of Silesia

M. Sklodowskiej-Curie Str. 10

# Sponsor information

## Organisation

Silesian Medical University

### Sponsor details

Poniatowskiego Str 15 Katowice Poland 40-055

### Sponsor type

University/education

### **ROR**

https://ror.org/005k7hp45

# Funder(s)

### Funder type

University/education

### Funder Name

Silesian Medical University (Poland)

# **Results and Publications**

# Publication and dissemination plan

First publication is planned to cover the design and objectives of the study and to be published in an international journal soon. Further plans to be confirmed at a later date.

### Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Stored in repository

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/01/2018	11/12/2020	Yes	No
Other publications	Study design	17/11/2016	05/09/2023	Yes	No
Results article		12/11/2018	05/09/2023	Yes	No