Double-blind parallel study of Omega-3 fatty acid supplement in patients with refractory epilepsy

Submission date Recruitment status Prospectively registered 12/09/2003 No longer recruiting [] Protocol [] Statistical analysis plan Registration date Overall study status 12/09/2003 Completed [X] Results [] Individual participant data Last Edited Condition category **Nervous System Diseases** 28/08/2013

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr M Koepp

Contact details

Clinical Neurology National Hospital for Neurology/Neurosurgery Queen Square London United Kingdom WC1N 3BG +44 (0)20 7837 3611

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0263120045

Study information

Scientific Title

Study objectives

To assess the effect of Omega-3 supplementation on seizure frequency in patients with refractory epilepsy.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Double blind parallel randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Nervous System Diseases: Epilepsy

Interventions

- 1. Omega-3 fatty acid
- 2. Olive oil

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Omega-3 fatty acid and olive oil

Primary outcome measure

Seizure frequency and adverse events

Secondary outcome measures

- 1. Antiepileptic drug (AED) levels
- 2. Patients' global impression
- 3. Behaviour and mood probes
- 4. Hamilton Depression rating scale
- 5 Plasma and red blood cell (RBC) fatty acid concentrations
- 6. Magnetic resonance (MR) spectroscopic measurement of phosphomonoester and phosphodiester
- 6. Changes in total brain volume

Overall study start date

01/02/2003

Completion date

01/08/2005

Eligibility

Key inclusion criteria

Not provided at time of registration

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

52 patients from Epilepsy Department

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/02/2003

Date of final enrolment

01/08/2005

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Clinical Neurology London United Kingdom

WC1N 3BG

Sponsor information

Organisation

Department of Health (UK)

Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

Sponsor type

Government

Website

http://www.doh.gov.uk

Funder(s)

Funder type

Charity

Funder Name

University College London Hospitals NHS Trust (UK)

Funder Name

National Society for Epilepsy (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2005		Yes	No