# The Capsaicin 8% patch for pain relief in diabetic peripheral neuropathy

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
24/08/2018		☐ Protocol		
Registration date 14/09/2018	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
11/10/2023	Nervous System Diseases			

#### Plain English summary of protocol

Background and study aims

The current treatments for painful diabetic peripheral neuropathy (nerve damage caused by diabetes) have limited efficacy, and many significant side effects. There are no approved treatments to prevent or modify the progression of nerve damage. However, the capsaicin 8% patch, a skin plaster, is a new effective, safe and well-tolerated treatment for painful diabetic peripheral neuropathy. When used for 30 minutes as a single application, it can provide pain relief for 3 months and longer. This study aims to look at whether repeated applications of the capsaicin 8% patch can not only reduce pain but also prevent or modify the underlying nerve damage.

#### Who can participate in this study?

Patients who have had painful diabetic peripheral neuropathy for at least 1 year and have an average daily pain score of ≥4/10 on the Numerical Pain Rating scale

#### What does the study involve?

Patients will be randomly allocated to one of two groups - either the intervention group or the control group. Both groups will receive their usual treatment; however, the intervention group will also receive Capsaicin 8% patch treatment for 30 minutes every 12 weeks over a 12 month period. Patients in both groups will receive various tests at 12 week intervals, including skin biopsies.

What are the possible benefits and risks of participating?

The possible benefits of participating in this study may include a reduction in pain and other sensory symptoms. There are no known risks to participants taking part in this study.

Where is the study run from? Hammersmith Hospital, London (UK)

When is the study starting and how long is it expected to run for? January 2018 to November 2021

Who is funding the study? Diabetes UK (UK)

Who is the main contact? Professor Praveen Anand p.anand@imperial.ac.uk

## **Contact information**

#### Type(s)

Scientific

#### Contact name

Prof Praveen Anand

#### Contact details

Area A, Ground Floor, Hammersmith Hospital, Du Cane Road, London United Kingdom W12 0HS

## Additional identifiers

Clinical Trials Information System (CTIS)

2017-004746-17

#### Protocol serial number

17HH4283

# Study information

#### Scientific Title

Pain relief with disease modification by Capsaicin 8% patch: a clinical study in diabetic peripheral neuropathy.

#### Acronym

Capsaicin pain patch.

#### Study objectives

The aim of this study is to investigate whether repeated treatments with the capsaicin 8% patch reduce the nerve pain and help the damaged nerve fibres to regrow normally.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

East of England - Cambridgeshire and Hertfordshire Research Ethics Committee, 02/01/2018, REC reference number: 17/EE/0498

#### Study design

Interventional longitudinal randomised parallel trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Diabetic peripheral neuropathy

#### **Interventions**

Eligible patients will be randomised 2:1 to receive either the Capsaicin 8% patch and the usual Standard Of Care (SOC) (intervention group) or SOC alone (control group). Randomisation for the 2 groups will be via the hospital pharmacy. Patients in the intervention group will receive applications of Capsaicin 8% patch for 30 minutes to the feet at each visit. Visits will be every 12 weeks for a 12 month period, as licensed. Patients in the control group will continue to take their usual medication, as part of their standard of care. Patients in both groups will be assessed with bedside sensory tests and skin biopsy at 3, 6, 9 and 12 months.

#### Intervention Type

Drug

#### Phase

Phase IV

#### Drug/device/biological/vaccine name(s)

Capsaicin 8% patch (Qutenza 179 mg cutaneous patch)

#### Primary outcome(s)

Reduction in pain, assessed using the Visual Analogue Scale (VAS) at the baseline and at the end of the study

## Key secondary outcome(s))

Changes in description of quality and nature of pain, assessed at the baseline and the end of the study using the following:

- 1. Modified version of the Short-form McGill Pain Questionnaire 2 (SF-MPQ-2)
- 2. Patient Global Impression of Change (PGIC)
- 3. Change in area of pain or numbness, assessed using bedside sensory tests

#### Completion date

11/11/2021

# **Eligibility**

## Key inclusion criteria

- 1. Painful distal, symmetrical, sensorimotor polyneuropathy due to diabetes of at least 1 year duration
- 2. Average daily pain score of  $\geq 4/10$  for painful diabetic neuropathy

#### Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

Adult

#### Sex

All

#### Total final enrolment

50

#### Key exclusion criteria

- 1. Other painful medical conditions
- 2. Significant renal impairment
- 3. Heart failure

#### Date of first enrolment

02/08/2018

## Date of final enrolment

07/04/2021

## Locations

#### Countries of recruitment

United Kingdom

# Study participating centre

## Hammersmith Hospital

Peripheral Neuropathy Unit, Imperial College London, Hammersmith Hospital, Du Cane Rd London United Kingdom W12 ONN

# Sponsor information

#### Organisation

Imperial College London

**ROR** 

# Funder(s)

Funder type

Not defined

**Funder Name** 

Diabetes UK

## **Results and Publications**

#### Individual participant data (IPD) sharing plan

Pseudonymised data will be stored within the department on a secure University computer in accordance with Imperial College policy. Only researchers involved in the study will have access to these data. During the overall duration of the study medical records and the data collected for the study may also be looked at by authorised people from the Sponsor or NHS Trust, to check that the study is being carried out correctly. All will have a duty of confidentiality to the research participant and will do their best to meet this duty. By signing the consent form, patients authorise the release of, or access to, this confidential information to the relevant study personnel and regulatory authorities as noted above.

#### IPD sharing plan summary

Other

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		26/10/2022	11/10/2023	Yes	No
HRA research summary			28/06/2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes