# PENTA8/ PERA (Paediatric Evaluation of Resistance Assays)

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
03/01/2001		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
03/01/2001		[X] Results		
Last Edited	Condition category	Individual participant data		
06/08/2008	Infections and Infestations			

# Plain English summary of protocol

Not provided at time of registration

# Study website

http://www.pentatrials.org/trials.htm#penpact1

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Diana Gibb

#### Contact details

MRC Clinical Trials Unit 222 Euston Road London United Kingdom NW1 2DA +44 (0)20 7670 4709 d.qibb@ctu.mrc.ac.uk

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Acronym

**PERA** 

## Study objectives

To evaluate whether the use of resistance testing using a centralised genotypic assay with computer assisted interpretation (VIRCO 'virtual phenotype') to make decisions about a new regimen results in a greater reduction in human immunodeficiency virus (HIV)-1 RNA in HIV infected children than choice based on drug history and clinical factors alone

# Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration.

#### Study design

Randomised controlled trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Paediatric HIV

#### **Interventions**

Children randomised to Arm 1 will have access to a centralised genotypic assay, with computer assisted interpretation based on a database of linked results from genotypic and phenotypic testing.

Children randomised to Arm 2 will receive no resistance testing.

## **Intervention Type**

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

The primary end-point is plasma HIV-1 RNA at 12 months measured in the central laboratory using the Roche ultra-sensitive assay (limit of detection 50 copies/ml)

#### Secondary outcome measures

- 1. Plasma HIV-1 RNA at 24 weeks
- 2. CD4 count adjusted for age at 12 months, measured locally
- 3. Antiretroviral therapy (ART) prescribed, in particular the number of switches in ART and drugs used
- 4. Adherence to ART prescribed (as measured by questionnaire)
- 5. Available drug options at 12 months
- 6. Progression to new acquired immunodeficiency syndrome (AIDS) defining event or death
- 7. Tolerability of, and adverse events to ART in the two arms
- 8. Proportion of children with viral load <50 copies/ml at 12 months

## Overall study start date

01/06/2000

#### Completion date

01/06/2005

# Eligibility

#### Key inclusion criteria

- 1. Confirmed HIV-infected
- 2. Age 3 months to 18 years
- 3. Currently receiving and stable on the same antiretroviral therapy for at least 1 month; OR, if not on therapy, stopped within the last 2 weeks
- 4. Parents/guardians, and children where appropriate, are willing and able to give informed consent
- 5. Previous exposure to two or three classes of antiretroviral drugs, or, if exposed to nucleoside analogue reverse transcriptase inhibitors (NRTI) only, either exposed to three NRTI or two NRTI for more than 2 years
- 6. The paediatrician is likely to change treatment
- 7. Most recent HIV RNA result was >2000 copies/ml
- 8. Paediatrician and parents are willing to wait 3 weeks for the resistance assay result before switching therapy
- 9. Local resistance testing will not be done during the trial

# Participant type(s)

Patient

#### Age group

Child

## Lower age limit

3 Months

# Upper age limit

18 Years

#### Sex

Both

# Target number of participants

180, 170 recruited as of Sept 2006

#### Key exclusion criteria

1. A previous resistance test, assessing both reverse transcriptase and protease inhibitor drug resistance has been performed while the child is on the current regimen. Children who have had a test on a previous regimen may be enrolled to a maximum recruitment of 30 children.

2. Unlikely to comply with the routine schedule of visits

#### Date of first enrolment

01/06/2000

#### Date of final enrolment

01/06/2005

# Locations

#### Countries of recruitment

Brazil

England

Germany

Italy

Portugal

Spain

**United Kingdom** 

Study participating centre MRC Clinical Trials Unit London United Kingdom NW1 2DA

# Sponsor information

## Organisation

Medical Research Council (MRC) (UK)

#### Sponsor details

20 Park Crescent London United Kingdom W1B 1AL +44 (0)20 7636 5422 clinical.trial@headoffice.mrc.ac.uk

## Sponsor type

Research council

#### Website

http://www.mrc.ac.uk

# Funder(s)

## Funder type

Research council

#### **Funder Name**

Medical Research Council (UK)

#### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

## **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

United Kingdom

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/01/2006		Yes	No