An evaluation of Motivational (MI) plus Cognitive Therapy (CBT) for Schizophrenia and Substance Misuse

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
29/08/2003		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
01/09/2003	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
03/08/2009	Mental and Behavioural Disorders			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Christine Barrowclough

Contact details

Academic Division of Clinical Psychology
University of Manchester
School of Psychiatry and Behavioural Sciences
Education and Research Centre
Wythenshawe Hospital
Wythenshawe
Manchester
United Kingdom
M23 9LT
+44 (0)161 291 5881
christine.barrowclough@man.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

G0200471

Study information

Scientific Title

Acronym

Motivational Interventions for Drug and Alcohol Use in Schizophrenia (MIDAS)

Study objectives

The aim of the study is to evaluate the benefits of the adjunct of a psychological treatment over standard available care for patients with schizophrenia and a co-morbid drug or alcohol problem.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Mental and behavioural disorder

Interventions

The experimental treatment (MI plus CBT) will consist of motivational interviewing to increase motivation to reduce substance use; CBT for help with both substance use reduction and symptom management; and relapse prevention strategies. Patients randomised to receive MI plus CBT will be offered up to 26 sessions over 12 months with treatment being located at home or clinic according to the patient's choice. The MI plus CBT treatment will be in addition to standard psychiatric care. The control group will receive standard psychiatric care alone.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Either readmission to hospital for reason related to psychosis or death from any cause/not admitted to hospital in the 12 month post-treatment period.

Secondary outcome measures

Added as of 6 February 2007: Measures of symtomatology, relapses, substance misuse and health economic analyses.

Overall study start date

03/10/2004

Completion date

02/05/2009

Eligibility

Key inclusion criteria

- 1. Diagnostic and Statistical Manual of Mental Disorders, Fourth edition (DSM IV) diagnostic criteria for schizophrenia, schizophreniform or schizoaffective disorder
- 2. Recorded contact and treatment from mental health services at the point of recruitment
- 3. Prescribed anti-psychotic medication
- 4. Alcohol use exceeding 28 units for males, 21 units for females on at least half the weeks in the previous 3 months
- 5. DSM IV diagnosis of drug and/or alcohol dependence or abuse
- 6. No significant history of organic factors implicated in the aetiology of psychotic symptoms
- 7. English speaking
- 8. Informed patient consent
- 9. Having a fixed abode

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

400

Key exclusion criteria

See inclusion criteria

Date of first enrolment

03/10/2004

Date of final enrolment

02/05/2009

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Academic Division of Clinical Psychology

Manchester United Kingdom M23 9LT

Sponsor information

Organisation

University of Manchester (UK)

Sponsor details

Oxford Road Manchester England United Kingdom M13 9PL +44 (0)161 306 6000

Sponsor type

University/education

Website

http://www.manchester.ac.uk/

ROR

https://ror.org/027m9bs27

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (MRC) (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2009		Yes	No