Modification of chronic oral nonsteroidal antiinflammatory drug (NSAID) requirement; feasibility, patient benefit and costeffectiveness.

Submission date	Recruitment status No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date 23/01/2004	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited 04/02/2010	Condition category Musculoskeletal Diseases	Individual participant data		
04/02/2010	Musculoskeletal Diseases			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr M Doherty

Contact details

Rheumatology Unit
Nottingham City Hospital NHS Trust
Hucknall Road
Nottingham
United Kingdom
NG5 1PB
+44 (0)115 8404 733
michael.doherty@nottingham.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

95XX2

Study information

Scientific Title

Study objectives

The researchers will test the hypothesis that chronic oral NSAID requirement may be eliminated or reduced in the majority of community based patients by the use of simple, alternative management strategies.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Received from local medical ethics committee

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Osteoarthritis; regional locomotor pain

Interventions

Patients will be randomised, stratified according to joint or non-joint disorder, to receive either:

- 1. General advice on NSAIDs (group 1)
- 2. Reduced NSAIDs plus advice on alternative treatments for their painful locomotor condition (group 2). Group 2 patients will be asked to stop or at least reduce, their NSAID use. For each patient in group 2, appropriate alternative treatment options will be chosen from a defined list. A six week follow-up assessment will be made of which interventions were utilised.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/10/1995

Completion date

31/03/1997

Eligibility

Key inclusion criteria

Two general practices with computer generated register data will be invited to participate. Up to 260 patients receiving regular prescriptions for NSAIDs for regional locomotor pain will be identified according to the following criteria.

- 1. Adult (18 years or older, no upper age limit)
- 2. Oral NSAID prescriptions to cover at least 6 of the previous 12 months
- 3. Last prescription within 6 weeks of induction into study
- 4. Osteoarthritis or regional locomotor pain (e.g. shoulder lesion, neck pain, back pain) as the reason for prescription

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

260

Key exclusion criteria

Defined inflammatory arthritis (e.g. rheumatoid arthritis, ankylosin spondylitis, gout), bone malignancy or non-locomotor pain as reason for prescription (obtained from GP records)

Date of first enrolment

01/10/1995

Date of final enrolment

Locations

Countries of recruitment

England

NG5 1PB

United Kingdom

Study participating centre Rheumatology Unit Nottingham United Kingdom

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.doh.gov.uk

Funder(s)

Funder type

Government

Funder Name

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2002		Yes	No