# Randomised double blind trial of prednisone and naproxen in treatment of crystal proven acute gout

Submission date	Recruitment status  No longer recruiting	<ul><li>Prospectively registered</li></ul>		
20/12/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
20/12/2005	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
03/06/2008	Musculoskeletal Diseases			

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Eloy van de Lisdonk

#### Contact details

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#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Acronym

PREDJ-study (PREDnison Jicht = gout)

#### Study objectives

Active treatment of acute gouty arthritis by a short course of oral prednisone or naproxen are equal.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the local medical ethics committee

#### Study design

Randomised, double blind, active controlled, parallel group trial.

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Acute gout

#### **Interventions**

Five days, by oral administration, either prednisolone 35 mg (= 30 mg prednisone) once a day or naproxen at a dose of 500 mg twice a day. Patients received blind capsules containing active prednisolone and placebo naproxen, or active naproxen and placebo prednisolone.

#### **Intervention Type**

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Prednisone, naproxen

#### Primary outcome measure

Patient assessment of pain in the study joint, indicated on visual analogical scales two times a day, during 4 days.

#### Secondary outcome measures

- 1. Patients global disability
- 2. The walking disability, if the study joint was in the leg or foot
- 3. Safety and tolerability of prednisone versus naproxen

#### Overall study start date

01/04/2004

#### Completion date

01/06/2006

## Eligibility

#### Key inclusion criteria

All patients referred to the rheumatology department of one hospital, by their general practitioner because of mono-arthritis, who proved to have urate crystals after diagnostic joint aspiration.

#### Participant type(s)

Patient

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

120

#### Key exclusion criteria

- 1. Use of anti-trombolytica
- 2. A history of peptic ulcer
- 3. A history of reduced renal function
- 4. A history of heart failure
- 5. A known hypersensitivity to naproxen and/or prednisone
- 6. Use of any Non-Steroidal Anti-Inflammatory Drug (NSAID) or prednisone within the past 12 hours
- 7. Unwillingness to participate

#### Date of first enrolment

01/04/2004

#### Date of final enrolment

01/06/2006

#### Locations

#### Countries of recruitment

Netherlands

# Study participating centre Department of General Practice and Family Medicine Nijmegen Netherlands

6500 HB

# Sponsor information

#### Organisation

University Medical Center St. Radboud (The Netherlands)

#### Sponsor details

Department of General Practice and Family Medicine P.O. Box 9101 Nijmegen Netherlands 6500 HB

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.umcn.nl/homepage

#### ROR

https://ror.org/05wg1m734

# Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

University Medical Center St. Radboud (The Netherlands)

### **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	31/05/2008		Yes	No