# A prospective multisite severe malaria observational study in African children

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>		
22/10/2024	No longer recruiting	[X] Protocol		
Registration date	Overall study status Ongoing  Condition category Infections and Infestations	[X] Statistical analysis plan		
01/11/2024		Results		
Last Edited		Individual participant data		
17/10/2025		[X] Record updated in last year		

## Plain English summary of protocol

Background and study aims

In much of sub-Saharan Africa, malaria is the most common reason for children being admitted to the hospital and is a major cause of death in children under five. While it's believed that malaria rates have dropped due to control measures like bed nets and effective treatments, reports on hospital admission rates for malaria are mixed. Some show a decrease, while others show no change or an increase. This study aims to provide a clear picture of severe malaria admissions in children across multiple centers in Africa, using consistent definitions and data collected over several years.

## Who can participate?

The study will include children aged 3 months to 15 years who are admitted to pediatric wards with malaria.

#### What does the study involve?

This study will take place in at least six sites across five countries. It will include two groups: 300 children per site with severe malaria (cases) and 100 children per site with non-severe malaria (controls). Basic data will also be collected from all other children admitted with non-severe malaria. Children already enrolled in this study or in a clinical trial will not be included.

Upon arrival at the pediatric ward, children with suspected malaria will be screened for severe malaria using a rapid diagnostic test and a malaria slide. Cases and controls will undergo a detailed clinical assessment and blood tests. An additional blood sample will be saved for future tests. Follow-up questionnaires and visits will be conducted at discharge, day 28, and day 180 to track outcomes like readmission and survival. No additional blood samples will be taken after enrollment, only malaria status will be checked during follow-up visits. For very sick children, verbal assent from parents/guardians will be sought, with written consent obtained once the child is stable.

# What are the possible benefits and risks of participating?

Participants will not receive direct benefits from the study. However, the study will cover the cost of non-routine blood tests, and results will be available to the treating clinician. The study will also cover transport costs for follow-up visits, and parents/caregivers will be compensated

for their time. Any illnesses identified during follow-up visits will be treated or referred appropriately. Parents/guardians will receive health education during these visits. The study aims to improve understanding of severe malaria in children, which could lead to better care in the future.

Where is the study run from? KEMRI Wellcome Trust Research Program in Kilifi, Kenya.

When is the study starting and how long is it expected to run for? October 2019 to December 2025

Who is funding the study? Wellcome (UK)

Who is the main contact? Professor Kathryn Maitland, k.maitland@imperial.ac.uk

# **Contact information**

## Type(s)

Scientific, Principal investigator

#### Contact name

Prof Kathryn Maitland

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**Public** 

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#### Contact details

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# Additional identifiers

# Clinical Trials Information System (CTIS)

Nil known

# ClinicalTrials.gov (NCT)

Nil known

#### Protocol serial number

Grant Number 209265/Z/17/Z

# Study information

#### Scientific Title

Severe MAlaria A Research and Trials consortium: A protocol for a prospective observational study

#### **Acronym**

**SMAART** 

# **Study objectives**

The null hypothesis is that there will be no differences in the severity spectrum or outcomes from severe malaria across 6 sites across 5 African countries.

# Ethics approval required

Ethics approval required

# Ethics approval(s)

approved 26/10/2022, Imperial College Research Ethics Committee (Room 221 Medical School Building St Marys Campus, London, W2 1PG, United Kingdom; +44 (0)207 594 1872; researchethicscommittee@imperial.ac.uk), ref: 20IC5695

# Study design

Prospective observational study

# Primary study design

Observational

# Study type(s)

Diagnostic, Other

# Health condition(s) or problem(s) studied

Severe Plasmodium falciparum malaria

#### **Interventions**

Current interventions as of 18/08/2025:

The primary aim is to characterise the contemporary epidemiology (including features at presentation, diagnostic and treatment pathway) of severe malaria in children in Africa presenting to hospital for admission, through conducting a prospective multicentre observational study across at least 6 sites in 5 countries. The study is enrolling (i) hospitalised children with severe malaria (cases): 300 per site and (ii) time-matched hospitalised children with non-severe malaria (controls): 100 per site. Both cases and controls will be followed over 6 months from admission. In addition, basic observation and in-hospital outcome data (but without follow up) will be collected from all other children admitted with non-severe malaria ('background').

This will also enable us to compare baseline characteristics of admitted children with severe and non-severe malaria; characterise time from presentation to the hospital 'gateway' to ward admission and time to first dose of parenteral artesunate to assess whether delays in definitive treatment may underpin malaria severity and estimate the incidence of significant post-discharge events to day-180 including readmission to hospital. In two sites in Uganda (Soroti Regional Referral Hospital and Dr Amboseli Hospital, Kalongo) admission samples (following consent) will be stored for batch genotyping for Kelch (PfK13) mutations of Plasmodium falciparum malaria (under the SMAART-CHARISMA substudy- see attached Protocol file v1.0 FINAL).

#### Previous interventions:

The primary aim is to characterise the contemporary epidemiology (including features at presentation, diagnostic and treatment pathway) of severe malaria in children in Africa presenting to hospital for admission, through conducting a prospective multicentre observational study across at least 6 sites in 5 countries. The study is enrolling (i) hospitalised children with severe malaria (cases): 300 per site and (ii) time-matched hospitalised children with non-severe malaria (controls): 100 per site. Both cases and controls will be followed over 6 months from admission. In addition, basic observation and in-hospital outcome data (but without follow up) will be collected from all other children admitted with non-severe malaria ('background').

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# Intervention Type

Other

# Primary outcome(s)

Current primary outcome measure as of 17/10/2025: Data collected from patient records were used to measure: In the SMAART study:

- 1. Mortality: in-hospital or subsequently through 6 months post-discharge (all-cause) and
- 2. Readmission to hospital within 6 months of enrolment, all-causes, and with a positive malaria rapid diagnostic test (RDT)

In the SMAART CHARISMA substudy:

1. Length of hospital stay (hours/days)

Previous primary outcome measure:

Measured using patient records:

- 1. Mortality: in-hospital or subsequently through 6 months post-discharge (all-cause) and
- 2. Readmission to hospital within 6 months of enrolment, all-causes, and with a positive malaria rapid diagnostic test (RDT)

## Key secondary outcome(s))

Current secondary outcome measure as of 17/10/2025:

- 1. New episodes of potential malaria, defined by self-reported anti-malarial use, self-reported positive malaria rapid diagnostic test (RDT), and self-reported febrile illnesses at follow-up (both SMAART and SMAART CHARISMA)
- 2. In the Soroti and Kalongo sites, the prevalence of Kelch Mutations will be measured along with lactate clearance and parasite clearance of ring stage parasites
- 3. Transfusion requirement (SMAART CHARISMA)

In the SMAART CHARISMA substudy, the following safety outcomes are measured from patient records:

- 1. Mortality: in-hospital or subsequently through 6 months post-discharge (all-cause)
- 2. Readmission to hospital within 6 months of enrolment all causes, and with a positive malaria rapid diagnostic test (RDT)

Previous secondary outcome measure:

1. New episodes of potential malaria, defined by self-reported anti-malarial use, self-reported positive malaria rapid diagnostic test (RDT), and self-reported febrile illnesses at follow-up 2. In the Soroti and Kalongo sites, the prevalence of Kelch Mutations will be measured along with lactate clearance and parasite clearance of ring stage parasites

# Completion date

31/12/2025

# **Eligibility**

# Key inclusion criteria

- 1. Children aged 3 months to 15 years
- 2. Admitted to hospital with P. falciparum malaria defined by a positive ParacheckTM rapid diagnostic test
- 3. History of fever by self-report or documented abnormal temperature at screening (fever or hypothermia, axillary temperature >37.5°C or <36°C)
- 4. Caregiver provides written informed consent, including for 6-month follow-up for severe malaria cases and non-severe malaria controls
- 5. Cases are defined as having either one or more of World Health Organization (WHO) Group 1 or 2 severity features or Teule Criteria
- 5.1. WHO clinical severity features include
- 5.1.1. Impaired consciousness: prostration (also Teule criteria) or coma

- 5.1.2. 2 or more convulsions within the last 24 hours
- 5.1.3. Respiratory distress (also Teule criteria)
- 5.1.4. Compensated or decompensated shock
- 5.1.4.1. Compensated shock is defined as capillary refill  $\geq 3$  s or temperature gradient on leg (mid to proximal limb), but no hypotension
- 5.1.4.2. Decompensated shock (hypotension) is defined as systolic blood pressure <70 mm Hg in children
- 5.1.5. Jaundice
- 5.1.6. Dark or cola coloured urine (blackwater fever)
- 5.2. WHO laboratory severity criteria, consisting of
- 5.2.1. Haemoglobin <5g/dl (also Teule criteria) (if routinely done)
- 5.3. Teule criteria consist of one or more of
- 5.3.1. HIV (standard test for all hospitalised children)
- 5.3.2. Impaired consciousness: prostration or coma (also WHO clinical criteria)
- 5.3.3. Respiratory distress (also WHO clinical criteria)
- 5.3.4. Haemoglobin <5g/dl (if routinely done) (also WHO clinical criteria)

For practicality, and to reduce potential bias, recruitment of controls (children admitted with malaria without the above features) will occur on Mondays and Thursdays only

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Child

#### Lower age limit

3 months

#### Upper age limit

15 years

#### Sex

All

#### Total final enrolment

1985

#### Key exclusion criteria

- 1. Already enrolled into a clinical trial
- 2. Previously enrolled in this observational study

#### Date of first enrolment

28/08/2021

#### Date of final enrolment

30/06/2024

# **Locations**

#### Countries of recruitment

Ghana

Kenya

Mozambique

Uganda

Zambia

# Study participating centre St Pauls Hospital

Luapula Province Nchelenge Zambia P.O. Box 71769

# Study participating centre Soroti Regional Hospital

Hospital Road Soroti Uganda P.O. Box 289

# Study participating centre Dr Ambroseli Hospital

Hospital Road Kalongo Uganda P.O. Box 47

# Study participating centre Kilifi County Hospital

KEMRI Wellcome Trust Research Programme, Hospital Road Kilifi Kenya P.O. Box 230

# Study participating centre Manhica Health Research Centre (CISM)

Av.Julius Nyerere, Estrada regional numero 470, Bairro Namuinho Manhica Mozambique P.O. Box 1929

# Study participating centre

## Komfo Anokye Teaching Hospital (KATH)

Department of Child Health, Kwame Nkrumah University of Science and Technology, Bantama High Street Kumasi

Ghana

P.O. Box 1934

# Sponsor information

#### Organisation

Imperial College London

#### **ROR**

https://ror.org/041kmwe10

# Funder(s)

# Funder type

Charity

#### **Funder Name**

Wellcome

# Alternative Name(s)

#### **Funding Body Type**

Private sector organisation

### Funding Body Subtype

International organizations

#### Location

United Kingdom

# **Results and Publications**

# Individual participant data (IPD) sharing plan

We have a data sharing plan for investigator and external requests. Data from the SMAART study will be shared according to a controlled access approach (outlined above) in accordance with Wellcome (the funders) policy based on the following principles:

No data should be released that would compromise an ongoing study.

There must be a strong scientific or other legitimate rationale for the data to be used for the requested purpose.

Investigators who have invested time and effort into developing a trial or study should have a period of exclusivity in which to pursue their aims with the data before key trial data are made available to other researchers.

The sources required to process requests should not be under-estimated, particularly successful requests which lead to preparing data for release. Therefore, adequate resources must be available to comply promptly or at all, and the scientific aims of the study must justify the use of such resources. Data exchange complies with Information Governance and Data Security Policies in all of the relevant countries.

# IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Protocol file	version 2.1	10/10/2022	31/10/2024	No	No
Protocol file	version 1.0	28/07/2023	18/08/2025	No	No
Statistical Analysis Plan	version 1.0	20/10/2024	31/10/2024	No	No