Effect of 8 weeks oral pentaerithrityltetranitrate on endothelial dysfunction in patients with coronary artery disease: a prospective, randomized, doubleblind, placebo-controlled, monocentric clinical trial of phase IV

Submission date	Recruitment status	Prospectively registered
29/05/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
07/06/2007	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
07/01/2020	Circulatory System	

Plain English summary of protocolNot provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Ascan Warnholtz

Contact details

Langenbeckstr. 1 Mainz Germany 55131

Additional identifiers

EudraCT/CTIS number 2006-004533-15

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Effect of 8 weeks oral pentaerithrityltetranitrate on endothelial dysfunction in patients with coronary artery disease: a prospective, randomized, double-blind, placebo-controlled, monocentric clinical trial of phase IV

Acronym

PENTA

Study objectives

Eight weeks of oral pentaerithrithyltetranitrate therapy in addition to standard long-term Coronary Artery Disease (CAD) medication improves flow dependent vasodilation (FMD) in patients suffering from CAD.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics committee of the physicians chamber of Rhineland-Palatinate (Ethik-Kommission der Landesärztekammer Rheinland-Pfalz), approved on 21.03.2007.

Study design

A prospective, placebo-controlled, double-blind, randomized, parallel group, single center, two-armed, clinical trial of phase IV

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Coronary artery disease

Interventions

Eight weeks of pentaerithrityltetranitrate, 80 mg, 3×10^{-2} x orally per day.

Intervention Type

Drug

Phase

Phase IV

Drug/device/biological/vaccine name(s)

pentaerithrithyl tetranitrate

Primary outcome measure

FMD at baseline and after 8 weeks of treatment, measured by high-resolution ultrasound of the right brachial artery diameter percentage change upon reactive hyperemia after 5 minutes suprasystolic occlusion of the upper arm.

Secondary outcome measures

The following will also be assessed at baseline and after 8 weeks of treatment:

- 1. Cardiovascular biomarkers (high-sensitivity C-Reactive Protein [hs-CRP], lipid profile, ferritin, bilirubin, uric acid)
- 2. Endothelium-independent nitrogylcerin-induced vasodilation (NMD)
- 3. Endo-PAT2000 (device for assessing endothelial function) reactive hyperemia index

Overall study start date

01/06/2007

Completion date

31/05/2008

Eligibility

Key inclusion criteria

- 1. Men or women > 35 and < 80 years of age
- 2. Documented clinically stable CAD with stable angina pectoris
- 3. Ability of subject to understand the character and individual consequences of the clinical trial
- 4. Written informed consent must be available before enrollment in the trial
- 5. For women with childbearing potential, adequate contraception (oral contraceptives or intrauterine devices) is required

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

80 subjects, 40 per treatment group

Total final enrolment

Key exclusion criteria

- 1. Clinical signs of congestive heart failure or left ventricular ejection fraction <30% (as demonstrated within the last 1 year by echocardiography, Left Ventricular [LV] angiography, Magnetic Resonance Imaging [MRI] or radionuclide ventriculography, respectively)
- 2. Uncontrolled hypertension (blood pressure >180/110mmHg) or hypotension (systolic blood pressure <110 mmHg)
- 3. Initiation of any of the following medications within the last 8 weeks: aspirin, statins, calcium antagonists, Angiotensin Converting Enzyme (ACE)-inhibitors or AT1 receptor blockers, hormone replacement therapy. Individuals who take any of these drugs longer than 8 weeks can be included in this trial.
- 4. Use of Phosphodiesterase-5-inhibitors (Viagra®, Revatio®, Cialis®, Levitra®), dihydroergotamine and nitrates i.e. isosorbidemononitrate, isosorbidedinitrate, nitroglycerin, pentaerithrityltetranitrate or molsidomin within the last two weeks.
- 5. Hemodynamically significant aortic or mitral stenosis or hypertrophic obstructive cardiomyopathy (as demonstrated within the last year by echocardiography, invasive right/left heart catherterization or MRI, respectively)
- 6. Renal dysfunction (plasma creatinine [men: > 2.0 mg/dl, women: > 1.8 mg/dl])
- 7. Known hepatic disease or elevation of serum transaminases or $gGT > 3 \times Upper Limit of Normal range (ULN)$
- 8. White Blood Cells (WBC) >16.000 or platelet count >500.000/ μ l or <75.000/ μ l
- 9. Clinically overt hyperthyreodism
- 10. Pregnancy and lactation
- 11. Known intolerance to organic nitrates
- 12. Known lactose intolerance
- 13. History of hypersensitivity to the investigational medicinal product or to any drug with similar chemical structure or to any excipient present in the pharmaceutical form of the investigational medicinal product
- 14. Other significant laboratory abnormalities that the investigator feels may compromise the patient's safety by participation in the study
- 15. In other clinical trials and observation period of competing trials, respectively

Date of first enrolment 01/06/2007

Date of final enrolment 31/05/2008

Locations

Countries of recruitmentGermany

Study participating centre Langenbeckstr. 1 Mainz Germany 55131

Sponsor information

Organisation

Johannes Gutenberg University of Mainz (Germany)

Sponsor details

Langenbeckstr. 1 Mainz Germany 55131

Sponsor type

University/education

Website

http://www.uni-mainz.de/eng/

ROR

https://ror.org/023b0x485

Funder(s)

Funder type

Industry

Funder Name

Actavis Germany GmbH & Co KG (Germany)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results articleresults01/02/201007/01/2020YesNo