

# Enhancing the quality of Life for people with severe mental health problems through supported employment

**Submission date**  
20/12/2005

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
20/12/2005

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
04/07/2019

**Condition category**  
Mental and Behavioural Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

### Scientific Title

A randomised controlled trial of the cost-effectiveness of individual placement and support in six European countries

### Acronym

EQOLISE

### Study objectives

Individual placement and supported (IPS) will be cost-effective in achieving regular (open, paid) employment. Differences between countries in the effectiveness of IPS can be explained by socio-economic variables like the employment rate and for instance the existence of a 'benefit trap'.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Received from the local medical ethics committee

### Study design

Multicentre, randomised, active controlled, parallel group trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Quality of life

### Participant information sheet

### Health condition(s) or problem(s) studied

Psychiatric, mental disorders/illness

### Interventions

Individual placement and support (EXP) will be compared to standard vocational rehabilitation (CC).

### Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Achievement of open, paid employment
2. Hours of open employment
3. Time in open employment

**Secondary outcome measures**

1. Clinical improvement
2. Hospital admissions
3. Unmet needs for care
4. Quality of life

**Overall study start date**

01/01/2003

**Completion date**

01/01/2006

**Eligibility****Key inclusion criteria**

1. Diagnosis of a serious mental illness: schizophrenia, schizophrenia-like disorders, bipolar disorder with psychotic features
2. Age 18 - 65 years
3. Living in the community at baseline
4. Not employed for more than a month in the year before the start of the study
5. In mental health care for more than two years
6. Interest in competitive employment
7. Willing to give informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

300

**Total final enrolment**

312

**Key exclusion criteria**

Use of the EXP or CC service in the preceding year

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

01/01/2006

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

**University Medical Centre Groningen**

Groningen

Netherlands

9700 RB

**Sponsor information****Organisation**

University Medical Centre Groningen (UMCG) (The Netherlands)

**Sponsor details**

Department of General Practice

Hanzeplein 1

Groningen

Netherlands

9713 GZ

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.umcg.nl/azg/nl/>

**ROR**

<https://ror.org/03cv38k47>

**Funder(s)**

**Funder type**

Government

**Funder Name**

European Community

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/09/2009   | 04/07/2019 | Yes            | No              |