

# Enhancing the quality of Life for people with severe mental health problems through supported employment

**Submission date**  
20/12/2005

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
20/12/2005

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
04/07/2019

**Condition category**  
Mental and Behavioural Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr J.T. van Busschbach

### Contact details

University Medical Centre Groningen

Rob Giel Research Centre

P.O. Box 30001

Groningen

Netherlands

9700 RB

+31 (0)50 361 2069

[j.t.van.busschbach@med.umcg.nl](mailto:j.t.van.busschbach@med.umcg.nl)

## Additional identifiers

### Protocol serial number

NTR295

## Study information

Scientific Title

A randomised controlled trial of the cost-effectiveness of individual placement and support in six European countries

**Acronym**

EQOLISE

**Study objectives**

Individual placement and supported (IPS) will be cost-effective in achieving regular (open, paid) employment. Differences between countries in the effectiveness of IPS can be explained by socio-economic variables like the employment rate and for instance the existence of a 'benefit trap'.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Received from the local medical ethics committee

**Study design**

Multicentre, randomised, active controlled, parallel group trial

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Psychiatric, mental disorders/illness

**Interventions**

Individual placement and support (EXP) will be compared to standard vocational rehabilitation (CC).

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

1. Achievement of open, paid employment
2. Hours of open employment
3. Time in open employment

**Key secondary outcome(s))**

1. Clinical improvement
2. Hospital admissions
3. Unmet needs for care
4. Quality of life

**Completion date**

01/01/2006

## Eligibility

**Key inclusion criteria**

1. Diagnosis of a serious mental illness: schizophrenia, schizophrenia-like disorders, bipolar disorder with psychotic features
2. Age 18 - 65 years
3. Living in the community at baseline
4. Not employed for more than a month in the year before the start of the study
5. In mental health care for more than two years
6. Interest in competitive employment
7. Willing to give informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Total final enrolment**

312

**Key exclusion criteria**

Use of the EXP or CC service in the preceding year

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

01/01/2006

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

**University Medical Centre Groningen**  
Groningen  
Netherlands  
9700 RB

## Sponsor information

### Organisation

University Medical Centre Groningen (UMCG) (The Netherlands)

### ROR

<https://ror.org/03cv38k47>

## Funder(s)

### Funder type

Government

### Funder Name

European Community

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2009	04/07/2019	Yes	No