# Collaborative Care: Depression Initiative in Primary care

Submission date	Recruitment status	[X] Prospectively registered		
01/12/2006	No longer recruiting	☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
01/12/2006	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
27/08/2013	Mental and Behavioural Disorders			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Ms Marjoliek Ijff

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

### Scientific Title

### Acronym

CC:DIP

### **Study objectives**

The aim of the current Randomised Clinical Trial (RCT) is a cost-effectiveness analyses of a collaborative care approach compared to Care As Usual (CAU). The collaborative care approach is expected to be more effective and cost-effective than CAU.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Study approved by the Medical Ethical Board of the Free University Medical Centre, Amsterdam, the Netherlands (reference number: protocol 06.158). Full approval of study design received on the 11th December 2006.

# Study design

Randomised controlled parallel armed trial

### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

# Study type(s)

Treatment

# Participant information sheet

# Health condition(s) or problem(s) studied

Depressive disorders

#### Interventions

The collaborative care approach includes care management, contracting, adherence improving strategies, manual guided self help and lifestyle interventions, Problem Solving Treatment (PST), and an antidepressant treatment algorithm; the treatment plan is set based on patient preferences.

### Intervention Type

Other

### **Phase**

**Not Specified** 

### Primary outcome measure

The primary outcome measure is response.

### Secondary outcome measures

- 1. Remission as measured by the Patient Health Questionnaire (PHQ-9) and Inventory of Depressive Symptomatology (Self-Reported) (IDS-SR).
- 2. Effect of chronic physical illness as an effect modifier.
- 3. Cost-effectiveness as measured with the Trimbos/iMTA questionnaire for Costs associated with Psychiatric illness (TiC-P), EuroQoL (EQ-5D) questionnaire and the Short Form health survey (SF-36).

### Overall study start date

01/12/2006

### Completion date

01/12/2010

# **Eligibility**

### Key inclusion criteria

The aim is to include patients who are diagnosed with major depressive disorder and who dysfunction due to the depressive disorder (i.e. loss of role in daily life).

### Participant type(s)

Patient

# Age group

Adult

#### Sex

**Not Specified** 

# Target number of participants

240

### Key exclusion criteria

- 1. Suicidal, psychotic or suffering from dementia
- 2. Have insufficient knowledge of Dutch to fill in the questionnaires
- 3. Are addicted to drugs or alcohol
- 4. Already receive psychiatric treatment
- 5. Less than 18 years old

### Date of first enrolment

01/12/2006

#### Date of final enrolment

01/12/2010

# Locations

# Countries of recruitment

Netherlands

# Study participating centre

Trimbos-instituut/Netherlands institute of Mental Health and Addiction

Utrecht Netherlands 3500 AS

# Sponsor information

### Organisation

Trimbos-institute/Netherlands Institute of Mental Health and Addiction (The Netherlands)

### Sponsor details

P.O. Box 725 Utrecht Netherlands 3500 AS +31 (0)30 2971100 info@trimbos.nl

### Sponsor type

Hospital/treatment centre

#### Website

http://www.trimbos.nl/default37.html

### **ROR**

https://ror.org/02amggm23

# Funder(s)

# Funder type

Research organisation

### **Funder Name**

Foundation Reserves Voormalige Vrijwillige Ziekenfondsverzekering (RVVZ) (The Netherlands)

# **Results and Publications**

**Publication and dissemination plan**Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Other publications	secondary data analysis	01/03/2013		Yes	No
Results article	results	25/04/2013		Yes	No