# The efficacy of GnRH antagonists in cycles with mild ovarian hyperstimulation with recFSH in an intrauterine insemination program. A randomised placebo-controlled double-blinded investigator initiated study.

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
09/01/2006	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
09/01/2006	Completed	Results
Last Edited	Condition category	Individual participant data
25/08/2009	Urological and Genital Diseases	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

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# Additional identifiers

EudraCT/CTIS number

## **IRAS** number

## ClinicalTrials.gov number

# Secondary identifying numbers

**NTR497** 

# Study information

## Scientific Title

## Acronym

IUI study IMP 26162

## **Study objectives**

We hypothesize that the use of a GnRH-antagonist in cycles with Mild Ovarian Hyperstimulation (MOH) combined with Intrauterine insemination (IUI) programs significantly improves live birth rates compared with MOH and a placebo.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Received from local medical ethics committee

## Study design

Multicentre randomised double blind placebo controlled parallel group trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Intrauterine Insemination (IUI), Infertility, Subfertility

## **Interventions**

The research group of patients will consist of two arms:

One group will receive ovarian stimulation with recFSH combined with placebo (the recFSH group).

One group will receive recFSH combined with a GnRH-antagonist (the recFSH-anta group). Both ovarian stimulation protocols will be followed by intrauterine insemination.

## Intervention Type

Other

## **Phase**

**Not Specified** 

## Primary outcome measure

Live birth rate per couple

## Secondary outcome measures

- 1. Total costs and cost-effectiveness
- 2. Ongoing (>12 weeks amenorrhoea) pregnancy rate per cycle commenced
- 3. Miscarriages (Preclinical miscarriage: spontaneous cessation of a biochemical pregnancy. Early miscarriage: any spontaneous abortion occurring after confirmation of clinical pregnancy and before completed 12 weeks of gestation. Late miscarriage: any spontaneous abortion occurring between completed 12 weeks of gestation and 16 completed weeks of gestation.) and ectopic pregnancies
- 4. Cumulative ongoing pregnancy rates per couple
- 5. Multiple births including the chorionicity
- 6. The occurrence of an LH surge or premature luteinization
- 7. Response of the ovaries to stimulation (number of follicles on day of Ovitrelle administration, speed of development, length of stimulation, quantities of medication used, etc.)

# Overall study start date

15/11/2005

## Completion date

14/11/2007

# Eligibility

## Key inclusion criteria

Primary and secondary subfertile patients between 18 and 35 years of age with a diagnosis of unexplained or mild male infertility will be included.

Definition of unexplained subfertility:

- 1. Normozoospermia using the guidelines of the WHO
- 2. Patent Fallopian tubes (both ovaries should be in situ)
- 3. Cycles varying between 24 and 35 days with an indication of ovulation
- 4. No abnormalities at laparoscopy and/or hysterosalpingography Information from the post-coital test when performed will only be used for a prognostic model and not as an exclusion criterion.

# Participant type(s)

Patient

## Age group

Adult

## Lower age limit

18 Years

## Upper age limit

35 Years

#### Sex

**Female** 

## Target number of participants

520

## Key exclusion criteria

- 1. Age of the woman <18 or >35 years
- 2. Duration of subfertility below 2 years
- 3. Manifest pathology of the Fallopian tubes
- 4. Severe forms of endometriosis (when laparoscopy has been performed: >AFS II)
- 5. An average total number of motile spermatozoa during semen analysis (performed twice in case of abnormal findings) below 10 million
- 6. Cycle disturbances (where otherwise ovulation induction would be used)
- 7. Previous IUI or IVF/ICSI treatment
- 8. If an initial ultrasound shows an image of a cyst that is larger than 25 mm treatment will be postponed for 1 month. Persistence of a cyst is a reason for exclusion.
- 9. Contraindications for recFSH (Gonal-F), rec-hCG (Ovitrelle) and Cetrotide

## Date of first enrolment

15/11/2005

## Date of final enrolment

14/11/2007

# Locations

## Countries of recruitment

Netherlands

Study participating centre Isala Clinics Zwolle, location Sophia Zwolle Netherlands 8000 GK

# Sponsor information

## Organisation

Isala Clinics, Sophia (Isala Klinieken Locatie Sophia) (Netherlands)

## Sponsor details

P.O. Box 10400 Zwolle Netherlands 8000 GK

## Sponsor type

Hospital/treatment centre

## **ROR**

https://ror.org/046a2wj10

# Funder(s)

## Funder type

Research council

## Funder Name

Reproductive Medicine Research and Education Foundation (Stichting Onderzoek en Onderwijs Voortplantingsgeneeskunde Zwolle [SOOVZ]) (Netherlands)

## **Funder Name**

Serono Benelux B.V. (Netherlands)

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration