Analysis of operating time and safety of laparoscopic pyeloplasty with or without TriSect rapide® in adult patients with ureteropelvic junction obstruction

Submission date 07/08/2025	Recruitment status No longer recruiting	Prospectively registered
		☐ Protocol
Registration date 11/08/2025	Overall study status Completed	Statistical analysis plan
		☐ Results
Last Edited 11/08/2025	Condition category Urological and Genital Diseases	Individual participant data
		[X] Record updated in last year

Plain English summary of protocol

Background and study aims

Laparoscopic pyeloplasty is a minimally invasive kidney surgery, an operation used to treat a blockage at the junction between the kidney and the ureter (the tube that drains urine from the kidney to the bladder). This study looks at whether using a special surgical instrument called TriSect rapide®, a multifunctional device that can cut and seal tissue, can make laparoscopic pyeloplasty faster and as safe as the standard method. The goal is to relieve this blockage and improve kidney function.

Who can participate?

Adult patients (≥18 years) diagnosed with ureteropelvic junction obstruction (UPJO) who are scheduled for elective laparoscopic pyeloplasty at the participating institution.

What does the study involve?

Participants were randomly assigned to one of two groups. One group had the surgery done with the TriSect rapide®. The other group had the surgery done with standard surgical instruments.

What are the possible benefits and risks of participating? Possible Benefits:

Participants may experience shorter operative times and reduced anesthesia exposure due to the use of a multifunctional surgical instrument. The findings may help improve surgical efficiency and patient care for future patients with ureteropelvic junction obstruction.

Possible Risks:

Standard surgical risks such as bleeding, infection, or injury to surrounding structures. Device-specific risks may include technical failure or unintended tissue effects, though these are not

expected to exceed the standard risk profile for laparoscopic pyeloplasty. Typical Anesthesia-related risks for procedures under general anesthesia. There is no anticipated increased risk due to participation in the study beyond what is expected for standard surgical treatment.

Where is the study run from?

The study was conducted with internal institutional resources. No external or commercial funding was received. The study is conducted at the Department of Urology, Hermann-Josef Hospital, Erkelenz, Germany.

When is the study starting and how long is it expected to run for? June 2023 to July 2025

Who is funding the study? Hermann-Josef Hospital Erkelenz, Germany Essen University Hospital, Germany

Who is the main contact?

Dr. Christian Niedworok, Department of Urology, christian.niedworok@uni-due.de

Contact information

Type(s)

Public, Scientific, Principal Investigator

Contact name

Prof Christian Niedworok

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Contact details

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Additional identifiers

EudraCT/CTIS number

Nil known

IRAS number

ClinicalTrials.gov number Nil known

Secondary identifying numbers

Study information

Scientific Title

Prospective randomized analysis of operating time and safety of laparoscopic pyeloplasty with or without TriSect rapide® in adult patients with ureteropelvic junction obstruction

Study objectives

This trial evaluated whether the TriSect rapide® could enhance surgical performance by reducing operative time without adversely affecting patient outcomes, quality of life, or the rate of perioperative complications, compared to standard laparoscopic instruments.

Ethics approval required

Ethics approval required

Ethics approval(s)

Approved 31/07/2024, North Rhine Medical Association (Ärztekammer Nordrhein) (Tersteegenstr. 9, Dusseldorf, 40401, Germany; +4922143020; aerztekammer@aekno.de), ref: 2024105

Study design

Prospective randomized clinical trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital, Medical and other records

Study type(s)

Quality of life, Treatment, Safety, Efficacy

Participant information sheet

See study outputs table

Health condition(s) or problem(s) studied

Ureteropelvic junction obstruction (UPJO) in adult patients undergoing laparoscopic pyeloplasty

Interventions

This was a prospective, randomized clinical trial conducted to evaluate the operative time and safety of laparoscopic pyeloplasty with or without the use of the TriSect rapide® device in adult patients with ureteropelvic junction obstruction. Patients were randomly assigned to either the intervention group (TriSect rapide®) or the control group (standard instruments). Randomisation was performed 1:1 using a computer-generated randomisation list with a block size of 4. Group allocation was conducted by an independent individual using sequentially numbered, opaque, sealed envelopes. Preoperative and postoperative parameters, surgical

duration, complications, and quality of life outcomes were assessed and compared between the two groups.

Experimental group:

Laparoscopic pyeloplasty using the multifunctional energy device TriSect rapide® for dissection and hemostasis.

Control group:

Laparoscopic pyeloplasty using standard bipolar and monopolar instruments for dissection and hemostasis.

Intervention Type

Device

Pharmaceutical study type(s)

Not Applicable

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

TriSect rapide® (Olympus Surgical Technologies Europe)

Primary outcome measure

Total operative time (minutes) measured using data collected from the surgical record during the operation (single surgical session) from initial incision to final skin closure

Secondary outcome measures

- 1. Preparation time (minutes) measured using data collected from the surgical record during the operation, the time from initial trocar insertion to the beginning of the anastomosis
- 2. Anesthesia duration (minutes) measured using data collected from the surgical record, from induction of anesthesia to extubation
- 3. Intra- and perioperative complications measured using data collected from case report forms intraoperatively and during hospital stay, graded using the Clavien-Dindo classification
- 4. Health-related quality of life (HRQoL) measured using the RAND 36-Item Short Form Survey Instrument (SF-36) or other validated PROM preoperatively and 6 weeks postoperatively

Overall study start date

01/06/2023

Completion date

31/07/2025

Eligibility

Key inclusion criteria

- 1. Confirmed UPJ obstruction
- 2. Aged between 18 and 80 years
- 3. ASA-performance status 1-3
- 4. Eligibility for surgical intervention

- 5. Life expectancy > 12 months
- 6. Ability to provide written informed consent and willingness to comply with scheduled followup visits

Participant type(s)

Patient

Age group

Mixed

Lower age limit

18 Years

Upper age limit

80 Years

Sex

Both

Target number of participants

22

Total final enrolment

22

Key exclusion criteria

- 1. Unable or unwilling to provide informed consent
- 2. Pregnant patients
- 3. Patients under the age of 18 or over 80
- 4. Unfit or unwilling to undergo surgery
- 5. Surgery involving the retroperitoneum, ureter or kidney
- 6. Anticipated noncompliance with follow-up requirements
- 7. Chronic substance abuse
- 8. Insurmountable language barriers
- 9. Concurrent participation in another clinical study

Date of first enrolment

01/09/2024

Date of final enrolment

31/05/2025

Locations

Countries of recruitment

Germany

Study participating centre

University Hospital Essen

Hufelandstr. 55 Essen Germany 45147

Study participating centre Hermann-Josef Hospital Erkelenz

Tenholter Str. 43 Erkelenz Germany 41812

Sponsor information

Organisation

University of Duisburg-Essen

Sponsor details

Hufelandstr. 55 Essen Germany 45147

Sponsor type

University/education

Website

https://www.uni-due.de

ROR

https://ror.org/04mz5ra38

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Hermann-Josef Hospital

Funder Name

Essen University Hospital

Results and Publications

Publication and dissemination plan

The results of this study will be submitted for publication in a peer-reviewed scientific journal, regardless of whether they are positive, negative, or inconclusive. The findings will also be presented at relevant national and international urology conferences. Summaries of the results may be made available to participants upon request. In line with open science principles, anonymized data may be shared with other researchers upon reasonable request and following appropriate data protection procedures.

Intention to publish date

31/12/2025

Individual participant data (IPD) sharing plan

The aggregated anonymized datasets generated during and/or analysed during the current study are/will be available upon request from Dr. Christian Niedworok, christian.niedworok@unidue.de, to qualified researchers upon reasonable request, subject to ethical approval and institutional agreements.

Due to data protection regulations and the absence of explicit participant consent for public data sharing, individual participant data will not be made publicly available.

IPD sharing plan summary

Available on request