A randomised clinical trial of mycophenolate mofetil versus cyclophosphamide for remission induction in ANCA associated vasculitis

Submission date	Recruitment status No longer recruiting	Prospectively registered		
28/05/2010		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
28/05/2010	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
09/09/2019	Circulatory System			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Clinical Trials Information System (CTIS)

2006-001663-33

ClinicalTrials.gov (NCT)

NCT00414128

Protocol serial number

4509

Study information

Scientific Title

A randomised clinical trial of mycophenolate mofetil versus cyclophosphamide for remission induction in ANCA associated vasculitis

Acronym

MYCYC

Study objectives

There is a clear need for improved therapy in antineutrophil cytoplasmic antibody (ANCA) associated vasculitis where current treatments are toxic and contribute to poor outcomes. Conventional therapy combines cyclophosphamide with prednisolone but is associated with severe adverse events in 35%, early mortality, malignancy and infertility. Mycophenolate mofetil (MMF) is a newer immunosuppressive drug which has superior efficacy to azathioprine in solid organ transplantation. MMF is an effective alternative to cyclophosphamide in lupus nephritis. Open label studies and retrospective surveys point to the efficacy and low toxicity of MMF in vasculitis.

Ethics approval required

Old ethics approval format

Ethics approval(s)

20/05/2008, ref: 07/H0606/136

Study design

Multicentre randomised interventional treatment trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Topic: Medicines for Children Research Network; Subtopic: All Diagnoses; Disease: All Diseases

Interventions

140 new patients will be randomised to MMF 2g/day or a European consensus intravenous cyclophosphamide regimen, with the same prednisolone dosing. Following a 6-month induction course all patients will receive consensus remission maintenance treatment with azathioprine and prednisolone.

Intervention Type

Drug

Phase

Phase III

Drug/device/biological/vaccine name(s)

Mycophenolate mofetil, cyclophosphamide, azathioprine, prednisolone

Primary outcome(s)

Remission rate by 6 months

Key secondary outcome(s))

- 1. Relapse rate at 18 months
- 2. Safety

Completion date

01/01/2010

Eligibility

Key inclusion criteria

- 1. New diagnosis of ANCA-associated systemic vasculitis (AASV) (Wegener's granulomatosis [WG] or microscopic polyangiitis [MPA]) (within the previous six months)
- 2. Active disease (defined by at least one major or three minor BVAS 2003 items)
- 3. ANCA positivity (c-ANCA and PR3-ANCA or p-ANCA and MPO-ANCA) or histology confirming active vasculitis from any organ
- 4. Written informed consent
- 5. Aged 5 years or older, either sex

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

Αll

Total final enrolment

140

Kev exclusion criteria

- 1. Previous treatment with:
- 1.1. MMF: more than two weeks ever
- 1.2. Cyclophosphamide: more than two weeks daily oral or more than 1 pulse of intravenous (IV) CYC (15 mg/kg)
- 1.3. Rituximab or high dose intravenous immunoglobulin within the last twelve months
- 2. Active infection (including hepatitis B, C, human immunodeficiency virus [HIV] and tuberculosis)
- 3. Known hypersensitivity to MMF, azathioprine (AZA) or CYC
- 4. Cancer or an individual history of cancer (other than resected basal cell skin carcinoma)
- 5. Females who are pregnant, breast feeding, or at risk of pregnancy and not using a medically

acceptable form of contraception

- 6. Any condition judged by the investigator that would cause the study to be detrimental to the patient
- 7. Any other multi-system autoimmune disease including Churg Strauss angiitis, systemic lupus erythematosus (SLE), anti-glomerular basement membrane (anti-GBM) disease and cryoglobulinaemia
- 8. Active serious digestive system disease (e.g., inflammatory bowel disease)
- 9. Patients with imminently life threatening vasculitis (diffuse alveolar haemorrhage, intestinal perforation or major haemorrhage, cerebral vasculitis and cardiac vasculitis)
- 10. Patients with rapidly progressive glomerulonephritis and declining renal function. Defined as estimated glomerular filtration rate (GFR) fall greater than 20% in previous two weeks.
- 11. GFR less than 15 ml/min at entry or on dialysis

Date of first enrolment

12/03/2007

Date of final enrolment

01/01/2010

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Addenbrookes Hospital Cambridge

Cambridge United Kingdom CB2 0QQ

Sponsor information

Organisation

Cambridge University Hospitals NHS Foundation Trust

ROR

https://ror.org/04v54gj93

Funder(s)

Funder type

Industry

Funder Name

Aspreva (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2019	09/09/2019	Yes	No
Basic results			16/05/2019	No	No