

Evaluation of a preventative intervention for postnatal depression and associated difficulties in the mother-infant relationship, a controlled trial.

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 19/09/2012	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

MCH 01-44

Study information

Scientific Title

Study objectives

To produce a treatment manual for the prevention of postnatal depression. To evaluate the impact of this treatment on maternal mood, the mother-infant relationship and infant development outcome. To determine whether this treatment can be delivered effectively by trained NHS Health Visitors.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Prevention

Participant information sheet

Health condition(s) or problem(s) studied

Postpartum depression

Interventions

Not provided at time of registration

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Report in medical, health visitor and psychiatric journals. The treatment will be revised in the light of the study findings and made available in the form of a manual to Health Visitor services.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/10/1996

Completion date

01/10/2000

Eligibility

Key inclusion criteria

240 women at risk from postpartum depression

Participant type(s)

Patient

Age group

Adult

Sex

Female

Target number of participants

240

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/10/1996

Date of final enrolment

01/10/2000

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

University of Reading

Reading

United Kingdom
RG6 6AL

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

NHS Mother and Child Health National Research and Development Programme (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2006		Yes	No