

# Evaluation of a preventative intervention for postnatal depression and associated difficulties in the mother-infant relationship, a controlled trial.

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 19/09/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
MCH 01-44

## Study information

## Scientific Title

### Study objectives

To produce a treatment manual for the prevention of postnatal depression. To evaluate the impact of this treatment on maternal mood, the mother-infant relationship and infant development outcome. To determine whether this treatment can be delivered effectively by trained NHS Health Visitors.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Prevention

### Health condition(s) or problem(s) studied

Postpartum depression

### Interventions

Not provided at time of registration

### Intervention Type

Other

### Phase

Not Applicable

### Primary outcome(s)

Report in medical, health visitor and psychiatric journals. The treatment will be revised in the light of the study findings and made available in the form of a manual to Health Visitor services.

### Key secondary outcome(s)

Not provided at time of registration

### Completion date

01/10/2000

## Eligibility

### Key inclusion criteria

240 women at risk from postpartum depression

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/10/1996

**Date of final enrolment**

01/10/2000

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

University of Reading

Reading

United Kingdom

RG6 6AL

**Sponsor information****Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

**Funder(s)**

Funder type

Government

### Funder Name

NHS Mother and Child Health National Research and Development Programme (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2006		Yes	No