

# A comparison of two psychological treatments for severe eating disorders

<b>Submission date</b> 22/07/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 22/07/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 12/06/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
046386

# Study information

## Scientific Title

A comparison of two psychological treatments for severe eating disorders

## Study objectives

1. To test theories regarding what processes cause clinical eating disorders to persist.
2. To evaluate the relative effectiveness of two different psychological treatments for severe eating disorders.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Eating disorders

## Interventions

Randomised controlled trial with embedded psychological tests.

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome measure

1. Standardised measures of eating disorder features
2. General psychiatric symptoms
3. Psychosocial impairment

**Secondary outcome measures**

No secondary outcome measures

**Overall study start date**

01/10/2001

**Completion date**

30/09/2007

## Eligibility

**Key inclusion criteria**

1. Patients with any type of severe eating disorder
2. 18 to 60 years
3. Living in central Oxfordshire or Leicestershire
4. Available for treatment

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

1. Patients who have been previously exposed to either of the two treatments
2. Pregnancy

**Date of first enrolment**

01/10/2001

**Date of final enrolment**

30/09/2005

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
University of Oxford  
Oxford  
United Kingdom  
OX33 1JT

## **Sponsor information**

### **Organisation**

University of Oxford (UK)

### **Sponsor details**

University Offices  
Wellington Square  
Oxford  
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United Kingdom  
OX1 2JD  
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research.services@admin.ox.ac.uk

### **Sponsor type**

University/education

### **Website**

<http://www.ox.ac.uk>

### **ROR**

<https://ror.org/052gg0110>

## **Funder(s)**

### **Funder type**

Charity

### **Funder Name**

Wellcome Trust (UK) (grant ref: 046386)

### **Alternative Name(s)**

### **Funding Body Type**

Private sector organisation

**Funding Body Subtype**

International organizations

**Location**

United Kingdom

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2009		Yes	No
<a href="#">Results article</a>	results	01/07/2015		Yes	No