

# A comparison of two psychological treatments for severe eating disorders

<b>Submission date</b> 22/07/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 22/07/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 12/06/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
046386

## Study information

**Scientific Title**  
A comparison of two psychological treatments for severe eating disorders

**Study objectives**

1. To test theories regarding what processes cause clinical eating disorders to persist.
2. To evaluate the relative effectiveness of two different psychological treatments for severe eating disorders.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Eating disorders

**Interventions**

Randomised controlled trial with embedded psychological tests.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

1. Standardised measures of eating disorder features
2. General psychiatric symptoms
3. Psychosocial impairment

**Key secondary outcome(s)**

No secondary outcome measures

**Completion date**

30/09/2007

**Eligibility****Key inclusion criteria**

1. Patients with any type of severe eating disorder
2. 18 to 60 years
3. Living in central Oxfordshire or Leicestershire
4. Available for treatment

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Patients who have been previously exposed to either of the two treatments
2. Pregnancy

**Date of first enrolment**

01/10/2001

**Date of final enrolment**

30/09/2005

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

University of Oxford

Oxford

United Kingdom

OX33 1JT

**Sponsor information****Organisation**

University of Oxford (UK)

**ROR**

<https://ror.org/052gg0110>

# Funder(s)

## Funder type

Charity

## Funder Name

Wellcome Trust (UK) (grant ref: 046386)

## Alternative Name(s)

## Funding Body Type

Private sector organisation

## Funding Body Subtype

International organizations

## Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2009		Yes	No
<a href="#">Results article</a>	results	01/07/2015		Yes	No