# Optical Tissue Stylet - study into vascular access in humans

Submission date 13/02/2015	Recruitment status No longer recruiting	Prospectively registered		
13/02/2013		[X] Protocol		
<b>Registration date</b> 25/02/2015	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
08/03/2023	Other			

#### Plain English summary of protocol

Background and study aims

Sometimes during an injection a blood vessel is accidently punctured. This unintended puncture may lead to serious complications. Spectral Tissue Sensing (STS) is a technique based on light, which can provide information about the tissue that is in front of the tip of the needle. Along with the image provided by ultrasound, this information might help to place the needle in the right position. To confirm this we would like to investigate this by placing a needle in the arm of healthy volunteers, in a vein or in fatty tissue.

Who can participate?

Healthy adult volunteers aged 18 or older.

# What does the study involve?

You will be randomly allocated into one of two groups. The doctor will place a needle superficially into your arm. In one group the needle will be inserted into a vein and in the other group the needle will be inserted into fatty tissue. The doctor will use an ultrasound probe to guide the puncture. During the puncture optical data is collected. This takes about 20 seconds. During these 20 seconds, you will be asked to move as little as possible. The procedure of inserting the needle and collecting the data will take about 5 minutes.

What are the possible benefits and risks of participating?

There is no direct benefit for the group of subjects; however, the results of this study may in future assist the improvement of regional anesthesia and interventional pain procedures. We do not foresee any major risks in participating in this study. You may experience some discomfort, similar to or less than the discomfort that you would experience during normal blood sample collection. You will receive a small but reasonable compensation for the potential discomfort.

Where is the study run from? University Medical Centre Nijmegen (Netherlands).

When is the study starting and how long is it expected to run for? From June to July 2011.

Who is funding the study? Philips Healthcare (Netherlands).

Who is the main contact?
Dr Geert-Jan van Geffen
University Medical Centre Radboud, Nijmegen

# **Contact information**

## Type(s)

Scientific

#### Contact name

Dr Geert-Jan van Geffen

#### Contact details

Geert Grooteplein-Zuid 10 Nijmegen Netherlands 6525 GA

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

PhN-11035

# Study information

#### Scientific Title

Optical Tissue Stylet - randomized controlled trial into vascular access in humans

# **Study objectives**

The primary objective of the trial is to investigate if the optical tissue stylet technology can reliably discriminate intra-vascular (venous) from non-vascular punctures. Diffuse reflectance spectra will be acquired for these two situations, with custom-made needle stylets that contain optical fibers.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

CMO regio Nijmegen-Arnhem (Committee on Research involving human subjects, area Nijmegen-Arnhem), registration number: 2011/198, NL number: NL365280.091.11

#### Study design

Single-center single-blind randomized controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

#### Study type(s)

Other

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Regional anesthesia

#### **Interventions**

Volunteers will be recruited via flyers and posters. The study will encompass one visit per subject. Subjects will be randomly divided into two groups. Per group, a different needle endpoint has been defined: for one group the needle endpoint will be in the subcutaneous fat of the anterior forearm, for the other group, the needle endpoint will be inside a vein in the anterior forearm. During the visit, a needle containing an optical stylet will be inserted towards the needle endpoint, where data will be collected with the optical tissue stylet system. The position of the needle tip at the endpoint will be confirmed by ultrasound imaging and aspiration. After the measurements, the needle and optical stylet will be withdrawn and disposed of. Off-line prediction of the needle endpoints based on the diffuse reflectance spectra will be done by a blinded observer.

#### Intervention Type

Device

#### Primary outcome measure

The primary objective of the trial is to investigate if the optical tissue stylet technology can reliably discriminate intra-vascular (venous) from non-vascular punctures. Diffuse reflectance spectra will be acquired for these two situations, with custom-made needle stylets that contain optical fibers.

#### Secondary outcome measures

- 1. Successfully acquired diffuse reflectance spectra obtained in subcutaneous fat surrounding the veins in the anterior forearm, and spectra obtained with the needle tip inside veins in the anterior forearm
- 2. Recordings of positive/negative aspiration results for the locations where the diffuse reflectance spectra have been taken
- 3. Confirmation images by ultrasound, at the locations where the diffuse reflectance spectra have been collected
- 4. Estimates of the diameters of the punctured veins, based on information from ultrasound imaging

5. Percentages correctly identified positive and negative vessel punctures, where the identification is provided by an observer who only has access to the diffuse reflectance spectra, and is blinded to all other aspects of the procedures

#### Overall study start date

01/01/2011

#### Completion date

05/07/2011

# **Eligibility**

#### Key inclusion criteria

- 1. More than 18 years old
- 2. Healthy (category 1 of the ASA physical status classification system)

#### Participant type(s)

Healthy volunteer

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

20

## Total final enrolment

20

#### Key exclusion criteria

- 1. Pregnancy
- 2. Photodynamic therapy
- 3. Inability to give informed consent
- 4. Category 2 and higher of the ASA physical status classification system

#### Date of first enrolment

30/06/2011

#### Date of final enrolment

05/07/2011

# Locations

#### Countries of recruitment

Netherlands

## Study participating centre

Anesthesiology Department, University Medical Centre Nijmegen (UMC St. Radboud)

Geert Grooteplein 10 Nijmegen Netherlands 6525 GA

# Sponsor information

#### Organisation

Philips Healthcare

#### Sponsor details

Veenpluis 4-6 Best Netherlands 5684PC

#### Sponsor type

Industry

#### **ROR**

https://ror.org/02p2bgp27

# Funder(s)

## Funder type

Industry

#### **Funder Name**

**Philips** 

## Alternative Name(s)

Royal Philips, Royal Philips N.V., Philips & Co, Philips International B.V., Firma Philips & Co, Philips Electronics N.V., Philips Company, Koninklijke Philips N.V., N.V. Philips' Gloeilampenfabrieken, Koninklijke Philips Electronics N.V.

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

For-profit companies (industry)

#### Location

Netherlands

# **Results and Publications**

# Publication and dissemination plan

Publication is planned for Q2 of 2015

# Intention to publish date

30/03/2015

# Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request

# IPD sharing plan summary

Available on request

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol (other)		09/03/2017	08/03/2023	No	No
Results article		09/03/2017	08/03/2023	Yes	No