# Testing radical prostatectomy in men with oligometastatic prostate cancer that has spread to the bone

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
20/01/2016		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
05/02/2016	Completed  Condition category	☐ Results		
Last Edited		Individual participant data		
11/01/2023	Cancer	<ul><li>Record updated in last year</li></ul>		

#### Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-surgery-for-men-with-prostate-cancer-that-has-spread-to

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Prasanna Sooriakumaran

#### Contact details

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#### Additional identifiers

Protocol serial number

N/A

# Study information

#### Scientific Title

Testing Radical prostatectomy in men with prostate cancer and oligoMetastases to the bone (TRoMbone): a randomised controlled feasibility trial

#### Acronym

TRoMbone

#### **Study objectives**

It is feasible to randomise men with oligometastatic prostate cancer between treatment-as-usual and treatment-as-usual plus radical prostatectomy.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Oxford Research Ethics Committee, 14/09/2016, ref: 16/SC/0376

#### Study design

Interventional multi-centre randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Newly diagnosed oligometastatic prostate cancer (1-3 skeletal lesions; no visceral lesions)

#### **Interventions**

Current interventions as of 11/05/2017:

- 1. Radical prostatectomy (including extended pelvic lymphadenectomy) plus standard care
- 2. Standard care

The total duration of follow-up is 3 months in both arms and then they revert to standard NHS follow-up care

#### Previous interventions:

- 1. Radical prostatectomy (including extended pelvic lymphadenectomy) plus treatment-as-usual (androgen deprivation therapy)
- 2. Treatment-as-usual (androgen deprivation therapy)

The total duration of follow-up is 6 months in both arms and then they revert to standard NHS follow-up care.

#### Intervention Type

Procedure/Surgery

#### Primary outcome(s)

Current secondary outcome measures as of 18/10/2017:

Feasibility to randomise, measured at 3 months

Previous primary outcome measures: Feasibility to randomise, measured at 6 months

#### Key secondary outcome(s))

Current primary outcome measures as of 18/10/2017:

- 1. Quality of life, measured by the EQ5D5L questionnaire at baseline and 3 months
- 2. Time to castrate resistance, assessed by PSA measurements at 3 months and then ongoing as routine NHS follow-up care schedules

Previous secondary outcome measures:

- 1. Quality of life, measured by the EQ5D5L questionnaire at baseline, 6 weeks, 3 months and 6 months
- 2. Time to castrate resistance, assessed by PSA measurements at 6 weeks, 3 months, 6 months, and then ongoing as routine NHS follow-up care schedules

#### Completion date

03/08/2018

# **Eligibility**

#### Key inclusion criteria

Men under 75 years old with locally resectable, oligometastatic prostate cancer, and fit for radical prostatectomy

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Mixed

#### Sex

Male

#### Key exclusion criteria

Current exclusion criteria as of 18/10/2017:

- 1. Contraindications to radical prostatectomy
- 2. Visceral metastases
- 3. Prior radiotherapy to the abdomen/pelvis or to skeletal metastases
- 4. Any systemic therapy of prostate cancer (including standard care) for 12 or more months
- 5. Participation in another prostate cancer clinical trial

#### Previous exclusion criteria:

- 1. Contraindications to radical prostatectomy
- 2. Visceral metastases
- 3. Prior radiotherapy to the abdomen/pelvis or to skeletal metastases
- 4. Any systemic therapy of prostate cancer (including treatment-as-usual) for 3 or more months
- 5. Participation in another prostate cancer clinical trial

# Date of first enrolment 19/05/2017

Date of final enrolment 18/04/2018

#### Locations

**Countries of recruitment** United Kingdom

England

Study participating centre Oxford University Hospitals United Kingdom OX3 7LE

Study participating centre
University College London Hospitals
United Kingdom
W1G 8PH

Study participating centre Royal Surrey County Hospital United Kingdom GU2 7XX

# Sponsor information

#### Organisation

University of Oxford (UK)

#### **ROR**

https://ror.org/052gg0110

# Funder(s)

#### Funder type

Charity

#### Funder Name

**Prostate Cancer Foundation** 

#### Alternative Name(s)

CaP CURE, PCF

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

United States of America

### **Results and Publications**

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be stored in a repository and not made available as they will form the basis for a further large randomized controlled trial.

#### IPD sharing plan summary

Not expected to be made available

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
HRA research summary			28/06/2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Protocol file	version V3.0	30/10/2017	30/11/2017	No	No