

# Evaluation of relaxation techniques to reduce anxiety in patients undergoing MRI investigations

**Submission date**  
30/09/2005

**Recruitment status**  
No longer recruiting

Prospectively registered

Protocol

**Registration date**  
30/09/2005

**Overall study status**  
Completed

Statistical analysis plan

Results

**Last Edited**  
05/07/2016

**Condition category**  
Mental and Behavioural Disorders

Individual participant data

Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N0176148645; Protocol Dated 2003

## Study information

Scientific Title

Evaluation of relaxation techniques to reduce anxiety in patients undergoing MRI investigations

**Study objectives**

This study is to test how effective relaxation techniques are for reducing anxiety in patients undergoing MRI (magnetic resonance imaging) investigations, and thus enable the patients to better tolerate the procedure.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Anxiety disorders

**Interventions**

Randomised controlled trial with questionnaire component

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Writing up of study following data collection and analysis from 30 recruited patients for completion of course in May 04.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/12/2004

**Eligibility**

**Key inclusion criteria**

20 patients, 10 control patients

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

16/03/2004

**Date of final enrolment**

31/12/2004

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

Radcliffe Infirmary

Oxford

United Kingdom

OX2 6HE

## Sponsor information

**Organisation**

Department of Health

## Funder(s)

**Funder type**

Government

**Funder Name**

Oxford Radcliffe Hospitals NHS Trust (UK)

**Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration