# A video game increasing cancer risk perception and information seeking behavior among youngadult college students

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
06/06/2015		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
11/06/2015	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
01/08/2016	Cancer			

# Plain English summary of protocol

Background and study aims

Some lifestyle behaviours, such as smoking, drinking alcohol and unhealthy eating are learned during adolescence and increase drastically as the child develops into a young adult. By encouraging them to seek information about the disease, young adults may become more aware of cancer risks and what preventative measures they can take. Video games for health have advanced, becoming successful innovative tools used for health promotion and disease prevention. Here, we want to look at the impact of a video game called "Re-Mission" on young adult college students' tendency to perceive the severity of cancer, feel susceptible to cancer, and seek cancer-related information.

Who can participate?

Adults aged 18-40, attending college and happy to play video games.

What does the study involve?

Participants are randomly allocated into one of three groups. Those in group 1 play at game at the high challenge level. Those in group 2 play the same game at the low challenge level. Those in group 3 are given illustrated pictures of the game, which involves no challenge. Participants are asked to report on their information-seeking behaviour at the start of the study and then 10 days later. They are also asked about their perception of cancer and how susceptible they feel to cancer.

What are the possible benefits and risks of participating? Not provided at time of registration

Where is the study run from?
University at Buffalo, the State University of New York (USA)

When is the study starting and how long is it expected to run for? August 2011 to July 2013 Who is funding the study? Investigator initiated and funded (USA)

Who is the main contact? Dr Georges Khalil

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Georges Khalil

#### **ORCID ID**

https://orcid.org/0000-0003-2870-2365

#### Contact details

1155 Pressler St. Unit CPB3.3248 Houston United States of America 77030

# Additional identifiers

Protocol serial number SBSIRB4555

# Study information

#### Scientific Title

A video game promoting cancer risk perception and information seeking behavior among young-adult college students: a phase II randomized controlled trial

#### Acronym

The Re-Mission Trial II

# **Study objectives**

Young adults playing Re-Mission at high challenge are more likely to perceive cancer risk and seek cancer-related information than young adults playing at low or no challenge. Cancer risk perception mediates the relationship between the intervention and information seeking behavior.

# Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Social and Behavioral Science Institutional Review Board of the University at Buffalo, the State University of New York, ref: SBSIRB 4555

# Study design

Three-arm randomized controlled (Time × Condition) factorial design

# Primary study design

Interventional

# Study type(s)

Prevention

# Health condition(s) or problem(s) studied

Cancer prevention

#### **Interventions**

The intervention being studied is a video game called "Re-Mission"TM (HopeLab, Redwood City, CA). The study involved 3 conditions:

- 1. An intervention group playing Re-Mission at high challenge (n=85)
- 2. An intervention group playing Re-Mission at low challenge (n=81)
- 3. A control group of no challenge (n=50), presented with illustrated pictures of Re-Mission As opposed to low challenge, high challenge was conceptualized as a condition that arises from a set of obstacles that prevent the players from attaining their goals in the game.

# **Intervention Type**

Behavioural

# Primary outcome(s)

Information-seeking behavior. It was measured through self-report using a validated scale at baseline and at 10-day follow up.

# Key secondary outcome(s))

Perceived severity of cancer and perceived susceptibility to cancer. They were measured through self-report using validated scales at baseline and immediate post-test.

# Completion date

26/07/2013

# **Eligibility**

# Key inclusion criteria

- 1. Aged 18–40 years
- 2. Attending college
- 3. Consenting to play video games

# Participant type(s)

Healthy volunteer

# Healthy volunteers allowed

No

#### Age group

Adult

# Lower age limit

18 years

#### Sex

All

# Key exclusion criteria

Having a medical or mental condition that hindered the ability to play games or complete questionnaires

### Date of first enrolment

01/09/2011

#### Date of final enrolment

20/12/2012

# Locations

#### Countries of recruitment

United States of America

# Study participating centre University at Buffalo, the State University of New York Buffalo United States of America

\_

# Sponsor information

# Organisation

University at Buffalo, the State University of New York (USA)

#### **ROR**

https://ror.org/01y64my43

# Funder(s)

# Funder type

Other

#### **Funder Name**

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Available on request

# **Study outputs**

Output type	Details	Date created Date added Peer reviewed? Patient-facing?		
Results article	results	28/07/2016	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	5 No	Yes