# Imperial Bladder 1 - Fluorescence COnfocal Microscopy for raPid evaluation of detrusor muscle at primary transurethraL rsEctTion of bladdEr tumours (IB1-LaserCOMPLETE)

Submission date 04/07/2024	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 20/08/2024	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 22/10/2024	<b>Condition category</b> Cancer	<ul><li>[] Individual participant data</li><li>[X] Record updated in last year</li></ul>

## Plain English summary of protocol

#### Background and study aims

Bladder cancer is the seventh most commonly diagnosed cancer and it is 3 to 4 times more common in men than in women. Bladder cancer is first diagnosed by tissue obtained from a transurethral resection of bladder tumour (TURBT) operation. This involves passing a telescope into the bladder along the urethra (water pipe) and removing bladder tumours (growths) using diathermy (electrical current) or laser energy. In 7 in every 10 patients diagnosed with bladder cancer, the cancer is present in the "superficial" layer of the bladder and does not grow deeper into the bladder muscle layer. Treatments for this form of superficial cancer such as bladder installations of chemotherapy or immunotherapy have been effective in reducing the chance of the bladder cancer recurring or progressing over time. Therefore, a key determinant of the correct treatment allocation following this operation is whether muscle was obtained to allow a pathologist to report the correct depth of cancer invasion. Unfortunately, performing this operation can be challenging and in up to 30% of patients there will be no muscle present in the tissue obtained to make an accurate assessment. The knowledge of this will become available 1-2 weeks following the operation. In most patients, the treating urologist will ask for the operation to be repeated to obtain this muscle sample. This has a significant impact on patient's health, quality of life, and a large financial burden on our healthcare service. This study proposes the use of a novel scanner known as "fluorescence confocal microscopy" that could scan and report acquired bladder tissue in the operating theatre "live" to determine if a muscle is present, providing immediate feedback to the operating surgeon. This technology has been used in other urological cancers such as prostate cancer to determine if prostate cancer has spread beyond the gland at the time of prostate removal in real-time. However, it has never been used in this form of bladder cancer operation. If this study proves possible, a larger practice-changing study will be planned to compare this technology against traditional reporting.

#### Who can participate?

Adult patients undergoing initial or first TURBT for suspected bladder cancer

What does the study involve?

Bladder cancer specimens from subjects undergoing TURBT operation will be stained with a fluorescent dye (Histolog Dip) and scanned on a digital fluorescent confocal microscope (FCM) known as the Histolog Scanner. The specimens will then undergo conventional histopathological analysis. A pathologist will analyse the accuracy of FCM to evaluate detrusor status (presence or absence).

What are the possible benefits and risks of participating? Patients will derive no direct benefits from taking part. There have been no reported risks from scanning ex vivo tissue using the Histolog scanner.

Where is the study run from? When is the study starting and how long is it expected to run for? February 2024 to July 2025

Who is funding the study?

1. The Urology Foundation (TUF) and Chris Howell Urological Research Award from the Penguins Against Cancer Charity (Dr M Connor) are providing funding to Imperial College Healthcare NHS Trust to cover the delivery of the trial excluding the cost of the Histolog scanner and Histolog related consumables.

2. SamanTree Medical SA is providing the Histolog scanner and Histolog-related consumables without any charge.

Who is the main contact? Dr Martin Connor, m.connor@imperial.ac.uk Principal Investigator, IB1-LASERComplete

## **Contact information**

**Type(s)** Public, Scientific, Principal Investigator

**Contact name** Dr Martin Connor

ORCID ID http://orcid.org/0000-0003-4033-7508

**Contact details** Charing Cross Hospital, Imperial College Healthcare NHS Trust London United Kingdom W6 8RF +44 (0)20 3313 1000 m.connor@imperial.ac.uk

# Additional identifiers

**EudraCT/CTIS number** Nil known

#### **IRAS number**

**ClinicalTrials.gov number** Nil known

**Secondary identifying numbers** ICHTB HTA licence: 12275

# Study information

#### Scientific Title

A prospective feasibility study to assess ex vivo real-time analysis of detrusor muscle status at time of primary transurethral resection of bladder tumour (TURBT) using fluorescence confocal microscopy

Acronym

IB1-LaserCOMPLETE

#### **Study objectives**

This study aims to determine the feasibility of using fluorescence confocal microscopy to identify the presence of detrusor muscle in primary transurethral resection of bladder tumour (TURBT) specimens.

#### Ethics approval required

Ethics approval required

#### Ethics approval(s)

Approved 05/04/2024, Health Research Authority (HRA) - Wales Research Ethics Committee (REC) 3 (Castlebridge 4, 15-19 Cowbridge Road East, Cardiff, CF11 9AB, United Kingdom; +44 (0) 29 2078 5741; Wales.REC3@wales.nhs.uk), ref: 22/WA/0214

**Study design** Prospective, feasibility design (ex vivo) study

**Primary study design** Observational

**Secondary study design** Cohort study

**Study setting(s)** Hospital, University/medical school/dental school

**Study type(s)** Diagnostic, Efficacy

#### Participant information sheet

Not available in web format, please use the contact details to request a participant information sheet

### Health condition(s) or problem(s) studied

Bladder cancer

#### Interventions

Bladder cancer specimens from subjects undergoing transurethral resection of bladder tumour (TURBT) operation will be stained with a fluorescent dye (Histolog Dip) and then be scanned on a digital fluorescent confocal microscope (FCM) known as the Histolog Scanner. The specimens will then undergo conventional histopathological analysis. A pathologist will undertake an analysis to evaluate the accuracy of FCM for the evaluation of detrusor status (presence or absence).

Intervention Type

Device

Pharmaceutical study type(s)

Not Applicable

**Phase** Not Applicable

Drug/device/biological/vaccine name(s)

Histolog® Scanner

#### Primary outcome measure

The feasibility of using digital fluorescence confocal microscopy to identify the presence /absence of detrusor muscle in primary transurethral resection of bladder tumour (TURBT) specimens measured by a pathologist who will determine the accuracy at one timepoint

#### Secondary outcome measures

1. Establish a standard operating procedure for scanning fresh bladder tissue from primary TURBTs using the Histolog FCM machine at one timepoint

2. Agreement of digital FCM with the pathology report for detrusor presence on a specimen at a patient level. Sensitivity, specificity, positive and negative predictive value of digital FCM for detection of detrusor muscle with traditional H&E histopathology as the reference standard, on a per-patient basis at one timepoint

2. Agreement between readers measured by: a) two individual histopathologists; and, by b) a histopathologist versus an operating urological surgeon (Cohen's kappa coefficient) at one timepoint

Overall study start date 28/02/2024

Completion date 14/07/2025

# Eligibility

## Key inclusion criteria

Patients undergoing initial or first transurethral resection of bladder tumour (TURBT) for suspected bladder cancer.

## Participant type(s)

Patient

#### Age group

Adult

### Sex

Both

# **Target number of participants** 35

Total final enrolment

35

## Key exclusion criteria

1. Radiological or clinical suspicion of muscle-invasive bladder cancer (cT2-T4)

2. Prior diagnosis of NMIBC or MIBC on prior resection

3. Patients who do not consent for ex vivo tissue research through Imperial College Healthcare Tissue Bank (ICHTB)

4. Patients enrolled in concurrent clinical trials requiring ex vivo tissue for research

Date of first enrolment 15/07/2024

# Date of final enrolment 15/01/2025

## Locations

#### **Countries of recruitment** England

United Kingdom

## Study participating centre

**Charing Cross Hospital** Fulham Palace Road London United Kingdom W6 8RF

## Sponsor information

Organisation

Imperial College Healthcare NHS Trust

#### Sponsor details

Joint Research Office AHSC Directorate Office 1st Floor North Corridor Hammersmith Hospital London England United Kingdom W12 0HS +44 (0)20 3313 1000 donna.copeland@nhs.net

**Sponsor type** Hospital/treatment centre

Website https://www.imperial.nhs.uk/

ROR https://ror.org/056ffv270

## Funder(s)

**Funder type** University/education

Funder Name Imperial College London

#### Alternative Name(s)

Imperial College of Science, Technology and Medicine, Imperial College London, UK, Imperial College London, London, England, Imperial College London in United Kingdom, imperialcollege, ICL

**Funding Body Type** Government organisation

**Funding Body Subtype** Universities (academic only)

**Location** United Kingdom

# **Results and Publications**

#### Publication and dissemination plan

Peer-reviewed journals, national and international conferences

#### Intention to publish date

15/07/2025

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Mr M Connor (m.connor@imperial.ac.uk). Information on the type of data that will be shared will be provided later. The timing for availability is 1 year following completion and/or peer-review publication of the study, whichever is earlier.

#### IPD sharing plan summary

Available on request