# Evaluation of the use of the local anaesthetic drug lidocaine to decrease pain and opioid doses in burned patient when given as intravenous infusion

| Submission date<br>19/11/2017       | Recruitment status  No longer recruiting | Prospectively registered    |
|-------------------------------------|--|-----------------------------|
|                                     |  | ☐ Protocol                  |
| <b>Registration date</b> 08/01/2018 | Overall study status Completed           | Statistical analysis plan   |
|                                     |  | Results                     |
| Last Edited                         | Condition category                       | Individual participant data |
| 08/01/2018                          | Injury, Occupational Diseases, Poisoning | Record updated in last year |

## Plain English summary of protocol

Background and study aims

Treating of background pain in burned patients is difficult and requires high doses of opioids (pain relief medications) which often results in unfavorable symptoms and sometimes a life threatening complications such as respiratory depression. Intravenous administration (inserting liquids directly into a vein) of lidocaine (a type of opioid) showed a good effect in treating pain in burns. It has a peripheral and central effect on pain receptors with a significant decrease in release of prostaglandin E for burns in vivo, which is considered one of the most important mediators for peripheral pain. The aim of this study is to compare the opioids sparing effect among patients who received lidocaine IV infusion with that of those who received a placebo (normal saline).

#### Who can participate?

Adults aged 18 to 70 with burns that are more than 10 percent of their total body surface area.

#### What does the study involve?

Participants are randomly allocated to one of two groups. Those in the first group receive the interventional drug of lidocaine intravenously through a vein, this is continued for seven days. Those in the second group receive normal saline for seven days.

#### What are the possible benefits and risks of participating?

The patients who were given lidocaine can benefit from the decreased pain killer doses. Adverse effects were meticulously monitored and dealt with immediately. Participants are followed up to measure their opioid consumption and pain levels at baseline, days 1-3 and days 4-6.

Where is the study run from? Linkoping Burn Center (Sweden) When is the study starting and how long is it expected to run for? Jan 2003 to April 2017

Who is funding the study? Linkoping University (Sweden)

Who is the main contact? Professor Folke Sjoberg folke.sjoberg@liu.se

# Contact information

# Type(s)

Public

#### Contact name

Prof Folke Sjoberg

#### **ORCID ID**

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# Additional identifiers

#### Protocol serial number

Xylocard 001

# Study information

#### Scientific Title

Effect of intravenous infusion of Xylocard on morphine consumption among patients with burns > 10% TBSA

## Study objectives

Intravenous infusion of lidocain will results in decreased opioid consumption in burned patients.

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

The Linköping Ethical Review Board, 2003/03/11, ref. (03-073)

## Study design

Single-centre double-blinded three block randomised controlled trial

## Primary study design

Interventional

# Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Pain in burned patients

#### **Interventions**

Participants are randomly allocated to one of two groups: the intervention group or the control group.

Interventional drug: intravenous infusion of lidocaine starting with bolus dose 1 mg/kg, followed by lidocaine infusion 60 ml/hour for four hours 4mg/ml, then continuous infusion 45 ml/hour 4mg/ml for seven days.

Control Group: Equivalent volume of 0.9% Sodium Chloride starting with bolus dose, followed by lidocaine infusion 60 ml/hour for four hours, then continuous infusion 45 ml/hour for seven days.

Participants are followed up to measure their opioid consumption and pain levels at baseline, days 1-3 and days 4-6.

## Intervention Type

Drug

#### Phase

Phase IV

# Drug/device/biological/vaccine name(s)

Xylocard: lidocaine, AstraZeneca

# Primary outcome(s)

Opioid consumption (intravenous and oral in milligram/day) is measured using the recordings from both infusion pump and nurses' written doses administered at baseline day 0, days 1-3 and days 4-6.

# Key secondary outcome(s))

Pain is measured using the visual analogue scale (measured six times per day) at baseline day 0, days 1-3 and days 4-6.

# Completion date

04/10/2017

# **Eligibility**

# Key inclusion criteria

- 1. Burns more than 10 Total body surface area (tbsa)
- 2. Aged between 18 and 70 years
- 3. Adminstration of patient controlled anaglesia (morphine)

# Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

Adult

# Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Untreated AV-block type II or III
- 2. Known heart failure
- 3. Known allergy to local anaesthesia
- 4. Liver cirrhosis and severe renal dysfunction

#### Date of first enrolment

11/07/2005

## Date of final enrolment

10/09/2014

# Locations

#### Countries of recruitment

Sweden

# Study participating centre

**Linkoping Burn Center** 

Linkoping University Hospital Linkoping Sweden 58185

# Sponsor information

#### Organisation

Linkoping University

#### **ROR**

https://ror.org/05ynxx418

# Funder(s)

## Funder type

University/education

#### **Funder Name**

Linköpings Universitet

#### Alternative Name(s)

Linköping University, Linköping University, LiU

#### **Funding Body Type**

Government organisation

## **Funding Body Subtype**

Local government

#### Location

Sweden

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The participant level data consists of anonymous numbers in a data sheet, which is stored within the data security system of the hospital where the researchers are working. There is no web link available as the security system does not allow external visitors. The process for requesting access can be initiated by the use of the contact details below.

Consent from participants was obtained for publication of the analysed results of the study. No consent was obtained for distributing individual data to external interests.

# IPD sharing plan summary

Stored in repository

# Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information

Participant information sheet 11/11/2025 11/11/2025 No