

# Immune effects of acidic and neutral oligosaccharides in the nutrition of preterm infants: CARROT study

<b>Submission date</b> 08/02/2007	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 08/02/2007	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 06/05/2014	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NTR884

## Study information

**Scientific Title**

**Acronym**

CARROT study

**Study objectives**

Acidic and neutral oligosaccharides supplemented enteral nutrition has a positive effect on infectious morbidity, modulation of the immune response, postnatal adaptation of the gut, feeding tolerance and short-term outcome in Very Low Birth Weight (VLBW) infants.

2006 literature review on <http://www.ncbi.nlm.nih.gov/pubmed/16677741>.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Medical Ethics Committee VU Medical Centre, 15/02/2007

**Study design**

Randomised placebo-controlled factorial double-blinded trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Prebiotics, gastrointestinal tract, preterm infants, immune effects

**Interventions**

Enteral supplementation of acidic and neutral oligosaccharides (20%/80% mixture) in a maximum dose of 1.5 g/kg/day during the first month of life.

**Intervention Type**

Supplement

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Enteral supplementation of acidic and neutral oligosaccharides

**Primary outcome(s)**

1. The effect of acidic and neutral oligosaccharides supplemented enteral feeding on infectious morbidity
2. The incidence of serious infections, using the previously described criteria for serious infections in preterm infants at high risk for serious infections, are prospectively documented from birth until discharge home

**Key secondary outcome(s))**

The effect of acidic and neutral oligosaccharides supplemented enteral nutrition on feeding tolerance, short-term outcome, postnatal adaptation of the gut and modulation of the immune response

**Completion date**

01/04/2010

## **Eligibility**

**Key inclusion criteria**

Infants born with a gestational age of less than 32 weeks and/or a birthweight of less than 1500g

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Neonate

**Sex**

Not Specified

**Key exclusion criteria**

1. Severe congenital disorders, like cardiac disorders, syndromal disorders, immunodeficiency disorders
2. Congenital disorders of the gastrointestinal tract

**Date of first enrolment**

01/04/2007

**Date of final enrolment**

01/04/2010

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**

VU University Medical Centre

Amsterdam

Netherlands

1007 MB

# Sponsor information

## Organisation

VU University Medical Centre (VUMC) (Netherlands)

## ROR

<https://ror.org/00q6h8f30>

# Funder(s)

## Funder type

Industry

## Funder Name

Numico Research B.V. (Netherlands)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2010		Yes	No
<a href="#">Results article</a>	external supplementation results	01/01/2011		Yes	No
<a href="#">Results article</a>	results	08/08/2013		Yes	No
<a href="#">Protocol article</a>	protocol	23/10/2008		Yes	No