# Standard versus rapid initiation of antihypertensive therapy

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
12/09/2003	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
12/09/2003	Completed	Results
Last Edited	Condition category	Individual participant data
16/09/2014	Circulatory System	[] Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

### Contact name

Dr Shirley Hulme

#### Contact details

Diabetes Centre Whiston Hospital Prescot United Kingdom L35 5DR +44 (0)151 426 1600

## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** N0237101856

## Study information

### Scientific Title

### Study objectives

The aim of the study is to evaluate the impact on blood pressure control, patient satisfaction and well being and adherence to medication of conventional gradual titration of antihypertensive treatment versus rapid introduction and dose escalation of four anti-hypertensive agents in subjects with diabetic nephropathy.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial, open design

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

## Health condition(s) or problem(s) studied

Cardiovascular: Hypertension

### **Interventions**

Standard versus rapid initiation of anti-hypertensive therapy

### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

- 1. Patient adherence to treatment
- 2. Blood pressure
- 3. Proteinuria
- 4. Adverse events
- 5. Treatment satisfaction

### Secondary outcome measures

Not provided at time of registration

### Overall study start date

01/11/2001

### Completion date

01/04/2004

## **Eligibility**

### Key inclusion criteria

24 subjects recruited from new patients entering the nephropathy clinic

### Participant type(s)

**Patient** 

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

### Target number of participants

24

### Key exclusion criteria

Not provided at time of registration

### Date of first enrolment

01/11/2001

### Date of final enrolment

01/04/2004

## **Locations**

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre Diabetes Centre

Prescot United Kingdom L35 5DR

## Sponsor information

### Organisation

Department of Health (UK)

### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

### Sponsor type

Government

### Website

http://www.doh.gov.uk

## Funder(s)

### Funder type

Government

### **Funder Name**

St Helens and Knowsley Hospitals NHS Trust (UK)

## **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration