# Covered transjugular intrahepatic portosystemic stent shunt versus optimised medical treatment for the secondary prevention of variceal bleeding in cirrhosis

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
26/01/2006		☐ Protocol		
Registration date 22/03/2006	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 15/06/2017	Condition category Digestive System	[] Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Tilman Sauerbruch

#### Contact details

Sigmund-Freud-Str. 25 Bonn Germany 53105 +49 (0)228 287 5216 sauerbruch@uni-bonn.de

# Additional identifiers

EudraCT/CTIS number

2005-003557-27

IRAS number

ClinicalTrials.gov number

### Secondary identifying numbers

SA-388-4-1

# Study information

#### Scientific Title

Covered transjugular intrahepatic portosystemic stent shunt versus optimised medical treatment for the secondary prevention of variceal bleeding in cirrhosis

#### **Study objectives**

The objective of this trial is to show that an intrahepatic shunt by insertion of a small-diameter polytetrafluoroethylene (PTFE) covered stent (cTIPS) is the superior method for secondary prevention of variceal bleeding in cirrhosis when compared to an optimised standard treatment that includes hemodynamically monitored drug treatment (propranolol and isosorbide-5-mononitrate [ISMn]) or endoscopic banding ligation in haemodynamic non-responders.

### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics Committee of the University of Bonn, 23/01/2006, ref: 110/05

#### Study design

Randomised controlled open multicentre trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

# Health condition(s) or problem(s) studied

Liver cirrhosis

#### **Interventions**

PTFE-coated TIPS versus optimized medical treatment including drug treatment with propanolol and isosorbide-5-mononitrate with or without ligation

#### Intervention Type

Drug

#### Phase

Not Applicable

### Drug/device/biological/vaccine name(s)

Propanolol, isosorbide-5-mononitrate

#### Primary outcome measure

Re-bleeding incidence

#### Secondary outcome measures

- 1. Overall survival
- 2. Safety
- 3. Quality of life
- 4. Direct and indirect costs

#### Overall study start date

01/03/2006

#### Completion date

01/09/2010

# Eligibility

#### Key inclusion criteria

- 1. Liver cirrhosis (histological or clinical diagnosis)
- 2. Child-Pugh score less than 12
- 3. Serum bilirubin less than 3 mg/dl
- 4. Significant variceal bleeding greater than 5 days prior to randomisation
- 5. Clinical indication for re-bleeding prophylaxis (i.e. presence of esophageal varices greater than or equal to grade 2)
- 6. Age 18 to 75
- 7. Written informed consent signed and dated by patient and investigator

### Participant type(s)

**Patient** 

# Age group

Adult

### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

186 (93 per group)

#### Key exclusion criteria

- 1. Overt hepatic encephalopathy independent from bleeding
- 2. Pre-hepatic portal hypertension
- 3. Type II gastric varices as exclusive bleeding site
- 4. Established chronic drug treatment with beta-blockers and/or nitrates against portal hypertension
- 5. Listing for liver transplantation on T2 status
- 6. Existing porto-systemic shunt (TIPS or surgical shunt)
- 7. Heart failure according to the New York Heart Association (NYHA) classification greater than 2 or ejection fraction less than 40%
- 8. Contraindication against propanolol or nitrates
- 9. Platelet count less than 30 g/l, prothrombin index less than 30%, disseminated intravascular coagulation
- 10. Advanced malignancy or severe infection
- 11. Females of child bearing potential not using a safe contraceptive measure during the study or females with a positive pregnancy test prior to study or nursing women

#### Date of first enrolment

01/03/2006

#### Date of final enrolment

01/09/2010

# Locations

#### Countries of recruitment

Germany

Study participating centre Sigmund-Freud-Str. 25 Bonn

Germany 53105

# Sponsor information

#### Organisation

Individual sponsor (Germany)

#### Sponsor details

Prof Dr Büttner
Dean of the Medical Faculty
University of Bonn
Sigmund-Freud-Str. 25
Bonn
Germany
53127

+49 (0)228 287 9200 med-deka@ukb.uni-bonn.de

#### Sponsor type

Research organisation

# Funder(s)

#### Funder type

Research council

#### **Funder Name**

Deutsche Forschungsgemeinschaft (ref: DFG-AZ 60665-02-2/401/04)

#### Alternative Name(s)

German Research Association, German Research Foundation, DFG

#### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

National government

#### Location

Germany

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2015		Yes	No