

# Klimaktoplant H in patients with acute menopausal complaints

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 09/05/2017	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 12/07/2017	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

The menopause is when a woman stops having periods and is no longer able to get pregnant naturally. This is a natural part of the aging process that usually happens when a woman is around 50 years old. At this time, a woman's oestrogen (female hormone) levels decline, leading to a range of symptoms, including hot flushes, sleep disturbances, and mood swings. There is a lot of evidence showing that the decline in oestrogen can be linked with an increased risk of heart disease and osteoporosis (brittle bones). One way of preventing this is by taking medication to replace the depleted oestrogen (hormone replacement), however this is unpopular. Klimaktoplant H is a medication used to treat menopausal symptoms without use of hormones. The aim of this study is to find out if taking Klimaktoplant H is an effective way of reducing menopausal symptoms.

### Who can participate?

Women aged 40-55 years who are going through the menopause.

### What does the study involve?

Participants are randomly allocated to one of two groups. Those in the first group take two tablets containing Klimaktoplant H three times a day for 12 weeks. Those in the second group take two tablets containing a placebo (dummy drug) three times a day for 12 weeks. Over the 12 weeks of the study, participants in both groups are regularly assessed in order to find out whether the Klimaktoplant H has had any effect on menopause symptoms.

### What are the possible benefits and risks of participating?

Participants who are treated with Klimaktoplant H may benefit from a reduction in their menopausal symptoms. There is a risk for those taking Klimaktoplant H of side effects, such as allergic reactions, nosebleeds, and restarting menstrual bleeding.

### Where is the study run from?

Six medical practices in Kiev (Ukraine)

### When is the study starting and how long is it expected to run for?

December 2000 to January 2004

Who is funding the study?  
Deutsche Homöopathie-Union (DHU)-Arzneimittel GmbH & Co. KG (Germany)

Who is the main contact?  
Ms Julia Burkart

## Contact information

**Type(s)**  
Public

**Contact name**  
Ms Julia Burkart

**Contact details**  
Deutsche Homöopathie-Union (DHU)-Arzneimittel GmbH & Co. KG  
Ottostraße 24  
Karlsruhe  
Germany  
76227

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
KP 004

## Study information

**Scientific Title**  
Efficacy of Klimaktoplant H in patients with acute menopausal complaints

**Study objectives**  
The aim of this study is to evaluate the efficacy and safety of Klimaktoplant H compared to placebo in patients with acute menopausal complaints.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
The Ethics Committee of the State Pharmacological Center of the Ministry of Health of Ukraine, 13/03/2001, ref: 5.12-91/KE

**Study design**

Multi-centre prospective randomized double-blind placebo controlled phase III trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Hospital

### **Study type(s)**

Treatment

### **Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

### **Health condition(s) or problem(s) studied**

Acute menopausal complaints

### **Interventions**

All patients meeting the entry criteria at baseline (day 0) are assigned to one of the two treatment sequences using a predetermined randomisation scheme.

Intervention group: Klimaktoplant H (Cimicifuga D2, Sepia D2, Sanguinaria D2, Ignatia D3) treatment starts immediately after the baseline visit (day 0) and continues for 12 weeks. Two tablets are taken orally three times a day. There is no run-in period, where patients are monitored before they receive Klimaktoplant H.

Control group: Placebo treatment started immediately after the baseline visit (day 0) and continued for 12 weeks. Two tablets are taken orally three times a day. There is no run-in period, where patients are monitored before they receive Placebo.

All patients were followed for 12 weeks in total.

### **Intervention Type**

Drug

### **Phase**

Phase III

### **Drug/device/biological/vaccine name(s)**

Klimaktoplant H

### **Primary outcome measure**

The efficacy of Klimaktoplant H compared to placebo, assessed as change of the total score of the Menopause Rating Scale, is measured using the Menopause Rating Scale at baseline (day 0) and 12 weeks (day 84).

### **Secondary outcome measures**

1. Treatment outcome is measured using the Integrative Medicine Outcomes Scale (IMOS) at day 28, day 58 and day 84 rated by investigator and patients
2. Onset of the effect of investigational medication is measured by the entries in patient's diary that is used during the treatment period
3. Health status of the patients is measured using the SF-12 Health Survey and EQ-5D questionnaire at baseline (day 0), day 28, day 58 and day 84
4. Satisfaction with treatment is measured using the Integrative Medicine Patient Satisfaction Scale (IMPSS) at day 84

**Overall study start date**

20/12/2000

**Completion date**

30/01/2004

## Eligibility

**Key inclusion criteria**

1. Age 40–55 years
2. Acute menopausal complaints in the pre-, peri- and early postmenopausal period
3. Total score of the Menopause Rating Scale  $\geq 20$  points and at least severe complaints concerning the symptom "hot flushes, sweating"
4. Female

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

350

**Key exclusion criteria**

1. Menopause is longer than 3 years ago
2. Forced indication for hormonal replacement therapy (e.g. surgical menopause, manifest osteoporosis)
3. Hormonal replacement therapy in the last 6 months before enrolment into the trial and/or treatment with herbal or homeopathic medication in the last 3 months before enrolment into the trial
4. Concomitant medications, that might impair the trial result (e.g. hormones, centrally effective antihypertensive agents, other therapies of menopausal complaints)
5. Known or supposed hypersensitivity against trial medication
6. Severe concomitant diseases, e.g. heart and liver diseases, and/or immune suppression or multimorbidity
7. Known alcohol or drug abuse
8. Have taken part in another clinical trial during the last 6 months

9. Irresponsible patients or patients unable to understand nature, meaning and consequences of the trial

**Date of first enrolment**

24/04/2001

**Date of final enrolment**

26/11/2002

## **Locations**

**Countries of recruitment**

Ukraine

**Study participating centre**

**Faculty No 1 of Obstetrics and Gynecology of the National Medical University A.A. Bogomolets**

Shavchenko Avenue 17

Kiev

Ukraine

01004

**Study participating centre**

**Pregnant consultation hour No 1 of the medical district area of Radianskiy region**

Zoologicheskaya Street 3

Kiev

Ukraine

01004

**Study participating centre**

**Pregnant consultation hour No 3 of the medical district area of Radianskiy region**

Bogdana Khmel'nitskogo Street 37

Kiev

Ukraine

01000

**Study participating centre**

**Pregnant consultation hour No 1 of the medical district area of Leningradskiy region**

Kuchera Street 7

Kiev

Ukraine

01000

**Study participating centre**

**Pregnant consultation hour No 3 of the 1st adult polyclinic of the medical district area of Dneprovskiy region**

Petra Zaporozhtsa 17

Kiev

Ukraine

01000

**Study participating centre**

**Pregnant consultation hour for obstetrics No 4 of the medical district of Minskiy region**

Geroev Stalingrada 16

Kiev

Ukraine

01210

## **Sponsor information**

**Organisation**

Deutsche Homöopathie-Union (DHU)-Arzneimittel GmbH & Co. KG

**Sponsor details**

Ottostraße 24

Karlsruhe

Germany

76227

**Sponsor type**

Industry

**ROR**

<https://ror.org/0451ek747>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Deutsche Homöopathie-Union (DHU)-Arzneimittel GmbH & Co. KG

# Results and Publications

## Publication and dissemination plan

There are no plans for publication.

## Intention to publish date

01/01/1900

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study is not expected to be made available due to ethical reasons, participant confidentiality and in terms of other data protection law.

## IPD sharing plan summary

Not expected to be made available