

# UK lung volume reduction trial

<b>Submission date</b> 08/11/2016	<b>Recruitment status</b> Recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 09/01/2017	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 12/10/2022	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Chronic obstructive pulmonary disease (COPD) is the name for a group of lung conditions that cause breathing difficulties. In some patients with emphysema (damage to the air sacs in the lungs), an operation called lung volume reduction surgery is effective at removing the worst affected area of the lung. New techniques have been developed where emphysema can be treated using a fibre-optic camera called a bronchoscope. Studies have shown that using a bronchoscope to place implantable medical devices called endobronchial valves into the airways can be very effective in carefully selected patients and the technique is now being adopted in hospitals across the UK. The aim of this study is to collect data from people undergoing these procedures at hospitals across the UK to find out how well they work in practice and what factors influence response.

### Who can participate?

Patients aged over 18 with emphysema undergoing a lung volume reduction procedure

### What does the study involve?

The study involves collecting routine data about lung volume reduction procedures onto a central database. Results from across the UK can then be used to improve understanding of the procedures. Participants are not required to do anything in addition. Data is collected at the start of the study and at 3-month and 12-month follow up, including lung function data, measures of exercise capacity (maximum amount of exercise that a patient can sustain), questionnaires about health status and CT scan results.

### What are the possible benefits and risks of participating?

This study will make it easier to assess lung volume reduction procedures and bring new treatments into play more quickly. There are no risks to participants.

### Where is the study run from?

1. Royal Brompton Hospital (UK)
2. Glenfield Hospital (UK)
3. Addenbrooke's Hospital (UK)
4. Oxford Health NHS Foundation Trust (UK)
5. University Hospitals Bristol NHS Foundation Trust (UK)
6. Liverpool Heart and Chest NHS Foundation Trust (UK)

7. University Hospital of Wales (UK)
8. University Hospital of South Manchester NHS Foundation Trust (UK)
9. Sheffield Teaching Hospitals NHS Foundation Trust (UK)
10. Leeds Teaching Hospitals NHS Trust (UK)
11. The Newcastle on Tyne Hospitals NHS Foundation Trust (UK)
12. The Royal Wolverhampton Hospitals NHS Trust (UK)
13. Heart of England NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for?  
April 2015 to December 2026

Who is funding the study?  
British Lung Foundation (UK)

Who is the main contact?  
Ms Sara Buttery  
s.buttery@rbht.nhs.uk

## Contact information

**Type(s)**  
Public

**Contact name**  
Ms Sara Buttery

**Contact details**  
Muscle Lab  
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s.buttery@rbht.nhs.uk

## Additional identifiers

**Integrated Research Application System (IRAS)**  
190196

**Protocol serial number**  
IRAS Project ID: 190196

## Study information

**Scientific Title**  
UK Lung Volume Reduction: a multicentre observational study

**Acronym**  
UKLVR

**Study objectives**

COPD is poorly responsive to medical therapy, but new bronchoscopic treatments for emphysema offer the prospect of significant benefits for patients, improving lung function, exercise capacity and possibly survival. It is important to ensure that benefits seen in clinical trials are in fact reflected in clinical practice. The study will collect data on procedures being performed across the UK to establish whether the clinical effects are similar to those seen in trials and which factors predict the best outcomes.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

London – Camberwell St Giles Research Ethics Committee, 21/07/2016, ref: 16/LO/1107

**Study design**

Multicentre longitudinal observational study

**Primary study design**

Observational

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Emphysema

**Interventions**

Lung volume reduction procedures for emphysema include lung volume reduction surgery, endobronchial valve placement, lung volume reduction coils. This study collects data from people undergoing these procedures at hospitals across the UK to evaluate how well they work in practice and what factors at baseline influence response. Baseline, 3-month and 12-month follow-up data are collected. This includes lung function data, measures of exercise capacity, questionnaires about health status and CT scan results.

**Intervention Type**

Procedure/Surgery

**Primary outcome(s)**

Forced expiratory volume in one second, measured by spirometry at baseline and 3 months post procedure

**Key secondary outcome(s)**

1. Walking distance, measured by 6 minute walk test or incremental shuttle walk test, at baseline, 3 and 12 months
2. Health status, measured by COPD assessment test (CAT) score or SGRQ at baseline, 3 and 12 months
3. Residual volume, measured by body plethysmography at baseline, 3 and 12 months

**Completion date**

01/12/2026

# Eligibility

## Key inclusion criteria

Patients aged over 18 with emphysema undergoing a lung volume reduction procedure

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

18 years

## Sex

All

## Key exclusion criteria

Not meeting the inclusion criteria

## Date of first enrolment

01/12/2016

## Date of final enrolment

31/03/2026

# Locations

## Countries of recruitment

United Kingdom

England

Wales

## Study participating centre

Royal Brompton Hospital

Fulham Rd

London

United Kingdom

SW3 6NP

**Study participating centre**  
**Glenfield Hospital**  
Groby Rd  
Leicester  
United Kingdom  
LE5 4QF

**Study participating centre**  
**Addenbrooke's Hospital**  
Hills Rd  
Cambridge  
United Kingdom  
CB2 0QQ

**Study participating centre**  
**Oxford Health NHS Foundation Trust**  
John Smith Dr  
Oxford  
United Kingdom  
OX4 2GX

**Study participating centre**  
**University Hospitals Bristol NHS Foundation Trust**  
Marlborough Street  
Bristol  
United Kingdom  
BS1 3NU

**Study participating centre**  
**Liverpool Heart and Chest NHS Foundation Trust**  
Thomas Dr  
Liverpool  
United Kingdom  
L14 3PE

**Study participating centre**  
**University Hospital of Wales**  
Heath Park  
Cardiff  
United Kingdom  
CF14 4XW

**Study participating centre**

**University Hospital of South Manchester NHS Foundation Trust**

Southmoor Rd  
Manchester  
United Kingdom  
M23 9LT

**Study participating centre**

**Sheffield Teaching Hospitals NHS Foundation Trust**

Herries Rd  
United Kingdom  
S5 7AU

**Study participating centre**

**Leeds Teaching Hospitals NHS Trust**

Beckett Street  
Leeds  
United Kingdom  
LS9 7TF

**Study participating centre**

**The Newcastle on Tyne Hospitals NHS Foundation Trust**

Freeman Road  
Newcastle on Tyne  
United Kingdom  
NE7 7DN

**Study participating centre**

**The Royal Wolverhampton Hospitals NHS Trust**

Wolverhampton Rd  
Wolverhampton  
United Kingdom  
WV10 0QP

**Study participating centre**

**Heart of England NHS Foundation Trust**

Bordesley Green East  
Birmingham

United Kingdom  
B9 5ST

## Sponsor information

### Organisation

Imperial College London

### ROR

<https://ror.org/041kmwe10>

## Funder(s)

### Funder type

Charity

### Funder Name

British Lung Foundation

### Alternative Name(s)

BLF

### Funding Body Type

Private sector organisation

### Funding Body Subtype

Trusts, charities, foundations (both public and private)

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

Participant data is held in a secure database. This includes procedures performed, lung function exercise capacity and health status measures. Researchers can apply to the trial steering committee if they have research questions that they wish to address.

### IPD sharing plan summary

Stored in repository

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes