

# Effect of epidural anesthesia on the quality of short-term rehabilitation in hospital after surgery for cancer

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<b>Registration date</b> 26/10/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 26/10/2021	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Patients with cancer are often accompanied by a variety of diseases and internal milieu disturbance, surgical resection is still confronted by many issues. Thoracic epidural anesthesia (TEA) (an injection in your back to stop you feeling pain in part of your body) and postoperative analgesia (pain medication) are often used in surgery to remove cancer. However, there are also some problems with the practical application of TEA, especially the difficulty of puncture and catheter detachment and displacement, which constitute the main factors affecting epidural analgesia that greatly compromise the patient's satisfaction.

The aim of this study is to perform a retrospective study on the postoperative short-term rehabilitation quality of patients with cancer undergoing minimally invasive radical resection based on the TEA combined with general anesthesia in comparison with general anesthesia alone.

### Who can participate?

Patients aged 18 to 80 years undergoing minimally invasive surgery for cancer under general anesthesia.

### What does the study involve?

Patients undergoing minimally invasive surgery with cancer under general anesthesia were selected sequentially from our database. According to whether TEA was used in anesthesia, the patients were divided into two groups, namely the TEA group and the control group (general anesthesia alone). The general anesthesia regimen was identical for both groups. In the TEA group, ropivacaine was given before general anesthesia, and the same dose of medicament was supplied at an intraoperative interval of 2h to maintain the block level. The epidural catheter was removed after surgery. Both groups were subjected to patient-controlled intravenous analgesia (PCIA). We will analyze the patient's conditions during and after surgery.

### What are the possible benefits and risks of participating?

The application of TEA in minimally invasive radical resection of cancer can significantly reduce

the dosages of intraoperative anesthetic drugs and postoperative opioid drugs, which is beneficial to the postoperative recovery of patients.

Where is the study run from?

General Hospital of Southern Theatre Command of PLA (China)

When is the study starting and how long is it expected to run for?

February 2021 to December 2021

Who is funding the study?

Natural Science Foundation of Guangdong Province (China)

Who is the main contact?

Zhaoju Li, hellenanna@126.com

## Contact information

### Type(s)

Public

### Contact name

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### Contact details

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### ClinicalTrials.gov (NCT)

Nil known

### Protocol serial number

Nil known

## Study information

### Scientific Title

A retrospective study on the postoperative short-term rehabilitation quality of patients with cancer undergoing minimally invasive radical resection based on thoracic epidural anesthesia (TEA) combined with general anesthesia in comparison with general anesthesia alone

### **Study objectives**

The application of TEA in minimally invasive radical resection of cancer can significantly reduce the dosages of intraoperative anesthetic drugs and postoperative opioid drugs, lower analgesia-related adverse reactions, which is beneficial to rehabilitation of patients after surgery.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Single-center retrospective cohort study

### **Primary study design**

Observational

### **Study type(s)**

Quality of life

### **Health condition(s) or problem(s) studied**

Effect of intraoperative thoracic epidural anesthesia on the quality of hospital short-term rehabilitation after minimally invasive radical resection of cancer

### **Interventions**

Patients undergoing minimally invasive surgery with cancer under general anesthesia according to whether TEA was used in anesthesia, the patients were divided into two groups, namely the TEA group and the control group (general anesthesia alone). The general anesthesia regimen was identical for both groups. In the TEA group, 0.15% ropivacaine (0.05 mL/kg) was given before general anesthesia, and the same dose of medicament was supplied at an intraoperative interval of 2 h to maintain the block level. The epidural catheter was removed after surgery. Both groups were subjected to patient-controlled intravenous analgesia (PCIA) using sufentanil (3 µg/kg), dexmedetomidine (2.5 µg/kg), and 2.5 mg of haloperidol in 150 mL of normal saline 30 min before the end of the surgery. The continuous basal dose was 1mL/h, and the single-dose was 2.5 mL.

### **Intervention Type**

Drug

### **Phase**

Not Applicable

### **Drug/device/biological/vaccine name(s)**

Ropivacaine, sufentanil, dexmedetomidine, haloperidol

### **Primary outcome(s)**

Measured using patient records:

1. Dosage of anesthesia and vasoactive drugs used throughout the procedure
2. Postoperative analgesic information, including the time of the first pressing (i.e., the time when the surgery is over), the consumption of analgesic drugs, and the resting and motorial analgesic scores (R-VAS and M-VAS) at 24, 48 and 72 h postoperatively

### **Key secondary outcome(s)**

Measured using patient records:

1. Demographic information: sex, age, height and weight, smoking and drinking history, preoperative complication of cardiovascular disease, diabetes mellitus, before the operation
2. Duration of the operation (min)

### **Completion date**

01/12/2021

## **Eligibility**

### **Key inclusion criteria**

Patients aged 18 - 80 years undergoing minimally invasive surgery with cancer under general anesthesia

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Total final enrolment**

100

### **Key exclusion criteria**

1. Patients with abnormal blood coagulation indices through the laboratory examination 48 h before operation
2. Patients with the operation time exceeding 12 h
3. Patients with operative method changed to thoracotomy or laparotomy
4. Patients with exploratory thoracotomy or laparotomy within 48 h after the operation

### **Date of first enrolment**

01/01/2018

### **Date of final enrolment**

01/01/2021

## Locations

### Countries of recruitment

China

### Study participating centre

**The Southern Theater General Hospital of the Chinese People's Liberation Army**

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## Sponsor information

### Organisation

General Hospital of Southern Theatre Command of PLA

## Funder(s)

### Funder type

Government

### Funder Name

Natural Science Foundation of Guangdong Province

### Alternative Name(s)

Guangdong Provincial Natural Science Foundation, Natural Science Foundation of Guangdong, Guangdong Natural Science Foundation, Natural Science Fund of Guangdong Province,

### Funding Body Type

Government organisation

### Funding Body Subtype

Local government

### Location

China

# Results and Publications

## Individual participant data (IPD) sharing plan

All data generated or analysed during this study will be included in the subsequent results publication.

## IPD sharing plan summary

Other

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes