# Comparison of epidural catheters and wound catheters for pain control after liver surgery

Submission date 03/02/2015	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 13/04/2015	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 18/12/2018	Condition category Surgery	Individual participant data

#### Plain English summary of protocol

Background and study aims

At St James's University Hospital, the standard practice for analgesia (pain relief) after abdominal surgery is to use epidural catheters, which involves injecting anaesthetic through a catheter (tube) into a space inside the spine. The aim of this study is to compare this well known technique with wound catheters plus patient-controlled analgesia (PCA), where the patient administers their own pain relief.

Who can participate? Adults scheduled to have liver surgery

What does the study involve?

Patients are randomly allocated to one of two treatments: wound catheters for continuous infusion of local anaesthetic and PCA with opioids, or epidural catheters (standard of care). The care received after surgery is exactly the same with the exception of pain control in the initial 72 hours after surgery. Length of stay is measured from surgery to becoming medically fit for discharge.

What are the possible benefits and risks of participating? A potential benefit is shorter recovery. Risks are related to the insertion of the wound catheters only.

Where is the study run from? St James's University Hospital (UK)

When is the study starting and how long is it expected to run for? April 2015 to December 2017

Who is funding the study? Investigator initiated and funded (UK) Who is the main contact? Mr Ernest Hidalgo ernest.hidalgo@nhs.net

## **Contact information**

**Type(s)** Public

**Contact name** Mr Ernest Hidalgo

**ORCID ID** http://orcid.org/0000-0002-4680-9580

#### **Contact details**

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers RL14/11048

# Study information

#### Scientific Title

Comparison of epidural analgesia and patient-controlled continuous local anaesthetic infusion via a wound catheter for pain control after open liver resection: an open-label randomised controlled trial

#### Study objectives

1. Pain relieve with continuous preoperative infusion of local anaesthetic via wound catheters will minimise the use of patient-controlled analgesia (PCA) with intravenous opioids and will be

similar to epidural analgesia.

2. Without epidural analgesia, recovery following surgery will be optimised with a shorter postoperative stay.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** National Research Ethics Service Committee Yorkshire and Humber - Bradford Leeds, 05/12 /2014, ref: 14/YH/1267

**Study design** Open-label randomised control trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

#### Health condition(s) or problem(s) studied

Postoperative pain control and recovery after surgery

#### Interventions

Wound catheters for continuous infusion of local anaesthesia, along with intravenous PCA with morphine
 Epidural catheters (standard of care)

Intervention Type

Procedure/Surgery

#### Primary outcome measure

Length of stay from surgery to becoming medically fit for discharge, measured in days

#### Secondary outcome measures

1. Time in theatre:

1.1. Anaesthetic time (anaesthetic room to incision)

1.2. Surgical time (incision to completion of closure, including the insertion of wound catheters) 2. Pain scores, estimated with Painmatcher® in addition to visual analogue scale everyday until discharge

3. Length of stay in high dependency unit (days)

- 4. Peak flow measurements at baseline and day 1 to day 5
- 5. Total volume (mL) of intravenous fluid required in theatre and every 24 hours
- 6. Total need for vasopressors

7. Total daily opioid analgesia (conversion to morphine mg equivalent) required everyday until discharge

- 8. Time to first bowel movement (days)
- 9. Nausea, on a scale of 1–3 on days 1, 2 and 3
- 10. Sedation, on a scale of 1–3 on days 1, 2 and 3
- 11. Mobility: time to first sitting in chair (hours)
- 12. Incidence of complications (related to surgery and analgesia), up to discharge
- 13. Patient satisfaction (EQ-5D questionnaire)

Overall study start date

01/04/2015

Completion date 01/12/2017

# Eligibility

#### Key inclusion criteria

Age >18 years old
 Scheduled to undergo an open liver resection

**Participant type(s)** Patient

Age group

Adult

#### Lower age limit

18 Years

Sex

Both

**Target number of participants** 80 (powered to 80% with p<0.05): 40 per arm

#### Key exclusion criteria

- 1. Contraindications to epidural
- 2. Inability to consent
- 3. Age < 18 years old
- 4. Liver resection combined with a second procedure
- 5. Pregnancy
- 6. Lactation
- 7. History of chronic pain
- 8. Body-mass index <18 kg/m2 or >40 kg/m2

#### Date of first enrolment

15/03/2015

Date of final enrolment 01/10/2017

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre St James's University Hospital** Bexley Wing 3rd Floor Leeds United Kingdom LS9 7TF

## Sponsor information

**Organisation** Leeds Teaching Hospitals NHS Trust

**Sponsor details** 34 Hyde Terrace Leeds England United Kingdom LS2 9LN

**Sponsor type** Hospital/treatment centre

ROR https://ror.org/00v4dac24

## Funder(s)

**Funder type** Other

## **Results and Publications**

#### Publication and dissemination plan

1. The study will be audited at 6 months and 12 months after it starts; a data reviewing committee will be established to oversee the results

2. Following termination of recruitment and data analysis, the aim is to produce a manuscript for publication as well as in-house and appropriate conference presentations

#### Intention to publish date

01/12/2017

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Mr Ernest Hidalgo (ernest.hidalgo@nhs.net).

#### IPD sharing plan summary

Available on request

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results		18/12/2018	18/12/2018	No	No
<u>HRA research summary</u>			28/06/2023	No	No