# Is a more comfortable cast available for diabetic foot wounds? A follow-up cohort study

Submission date 05/12/2021	<b>Recruitment status</b> No longer recruiting	Prospectively registered
		Protocol
Registration date 08/12/2021	Overall study status Completed	Statistical analysis plan
		[X] Results
<b>Last Edited</b> 12/08/2022	Condition category Skin and Connective Tissue Diseases	[] Individual participant data

#### Plain English summary of protocol

Background and study aims

A diabetic foot ulcer (DFU) is often cured and prevented by a cast with off-loading (minimizing or removing weight placed on the foot to help prevent and heal ulcers).

Unfortunately, a cast is a nuisance for a patient, because of its irremovable properties. Because of its' stiffness, patients are not able to walk comfortably.

The newer, non-removable total contact softcast (TCS) is easy in its application and comfortable to walk upon.

Healing in patients given the TCS are compared to a cohort of patients treated with a non-removable total contact cast (TCC).

#### Who can participate?

Data from patients who received treatment for a DFU using one of the two types of cast between 2010 and 2017 were included.

#### What does the study involve?

Patients treated with a TCC are compared to patients treated with a TCS. Wounds are evaluated weekly at the hospital.

What are the possible benefits and risks of participating? None

#### Where is the study run from?

The study is run from the Wilhelmina Ziekenhuis Assen and supported by the University Medical Centre of Groningen (Netherlands)

When is the study starting and how long is it expected to run for? May 2015 to June 2021

Who is funding the study? Investigator initiated and funded

# **Contact information**

#### Type(s)

Scientific

#### Contact name

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### Additional identifiers

#### **EudraCT/CTIS** number

Nil known

IRAS number

#### ClinicalTrials.gov number

Nil known

#### Secondary identifying numbers

M19.230293, NTR6142

# Study information

#### Scientific Title

Non-removable total contact cast vs non-removable total contact softcast in diabetic foot ulcers

## Study objectives

A total contact softcast (TCS) heals as many diabetic foot ulcers (DFU) when compared to a classic total contact cast (TCC).

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 29/05/2018, University Medical Ethical Committee of the University Medical Center of Groningen (P.O.Box 30 001, 9700RB Groningen, Netherlands; +31 503614204; metc@umcg.nl), ref: M19.230293

#### Study design

Observational cohort study

#### Primary study design

Observational

#### Secondary study design

Cohort study

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

No participant information sheet available (retrospective study)

#### Health condition(s) or problem(s) studied

Diabetic foot ulcer

#### Interventions

Patients with a plantar DFU were treated with a TCC or a TCS and followed for 6 months to evaluate the healing of the DFU.

#### Intervention Type

Device

#### Phase

Not Applicable

#### Primary outcome measure

Percentage of patients with complete ulcer healing within 6 months after the start of treatment with a cast measured using patient records

#### Secondary outcome measures

Time to healing (days) measured using patient records

#### Overall study start date

01/05/2015

#### Completion date

01/06/2021

# Eligibility

#### Key inclusion criteria

- 1. Diabetic patient
- 2. Open diabetic foot ulcer
- 3. Ulcer at the plantar part of the foot
- 4. Neuropathic ulcer

#### Participant type(s)

**Patient** 

#### Age group

Senior

#### Sex

Both

#### Target number of participants

60

#### Total final enrolment

61

#### Key exclusion criteria

- 1. Diabetic without an ulcer
- 2. Ischemic ulcer
- 3. Compliance issues

#### Date of first enrolment

01/01/2010

#### Date of final enrolment

01/01/2018

#### Locations

#### Countries of recruitment

Netherlands

# Study participating centre Wilhelmina Ziekenhuis Assen

Europaweg-Zuid 1 Assen Netherlands 9401RK

# Sponsor information

#### Organisation

University Medical Center Groningen

#### Sponsor details

Hanzeplein 1 Groningen Netherlands 9700RB +31 (0)503616161 M.dam@treant.nl

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.umcg.nl/EN

#### **ROR**

https://ror.org/03cv38k47

# Funder(s)

#### Funder type

Hospital/treatment centre

#### **Funder Name**

ChiCoN BV, chirurgen coöperatie Noord-Nederland

# **Results and Publications**

#### Publication and dissemination plan

The results are offered for publication to an international journal

#### Intention to publish date

01/03/2022

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available upon request from BP Vierhout (bas.vierhout@wza.nl). Data will be available during 2022 to research teams with obvious interest for the techniques used in the publication. Data will remain anonymised.

#### IPD sharing plan summary

Available on request

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results article10/08/202212/08/2022YesNo