# A randomised controlled trial of the effect of a practice-based genetic screening facilitator.

Prospectively registered Submission date Recruitment status 23/01/2004 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 23/01/2004 Completed [X] Results Individual participant data **Last Edited** Condition category 04/12/2009 Circulatory System

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

#### Type(s)

Scientific

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## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

PSI03-26

# Study information

#### Scientific Title

#### **Study objectives**

To investigate the feasibility of improving screening for carriers of the recessively inherited haemoglobin disorders (thalassaemia and sickle cell disorders) in general practice, by using a nurse facilitator to work with primary care teams and the relevant haematology laboratories. To identify problems in communication between all those involved in delivering the service, and to implement solutions.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

GP practice

## Study type(s)

Screening

#### Participant information sheet

## Health condition(s) or problem(s) studied

Genetic screening for haemoglobin disorders

#### **Interventions**

The 13 intervention practices were given: posters, and leaflets to explain to the members of the relevant ethnic groups why carrier testing is advisable and how it can be obtained, an aidememoire card for GPs; consulting rooms listing groups to whom screening should be offered, and a practice reference manual containing background information. Intervention practices were offered three formal practice-based 30-60 minute training sessions from the nurse facilitator during the intervention year. Screening requests from study, control and non-participating practices were recorded using computerised hospital haematology laboratory records.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

The main outcome measure was the change in the number of requests for screening tests for haemoglobin disorders made by control and intervention practices in the baseline and intervention years. We also recorded the numbers of requests from the non-participating practices. For the 2 year follow-up trial the main outcome measure was the number of requests for screening tests from each intervention practice in 1997 and 1998.

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/04/1995

#### Completion date

01/04/1997

# **Eligibility**

#### Key inclusion criteria

It took place in an area of North London where 29% of residents and 43% of births are in the ethnic groups at risk for haemoglobin disorders (mainly Camden, Islington, Haringey and Enfield). Twenty six of the 93 practices using the services of the Whittington haematology laboratory agreed to take part, and were divided into 13 control and 13 intervention practices.

#### Participant type(s)

Patient

#### Age group

Other

#### Sex

Both

#### Target number of participants

Randomised at practise level, 13 intervention practices, 13 control practices

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

01/04/1995

#### Date of final enrolment

01/04/1997

## Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
Primary Care & Population Sciences
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N19 3UA

# Sponsor information

#### Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

#### Funder type

Government

#### **Funder Name**

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

| Output type     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 19/09/1998   |            | Yes            | No              |