

# Interventional study against Tunga penetrans

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<b>Registration date</b> 07/01/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 07/01/2010	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
Intermittent application of a natural repellent against Tunga penetrans to reduce intensity of infestation and associated morbidity in an endemic area: a randomised controlled trial

**Study objectives**  
1. Compare the efficacy of different schemes of prophylactic application of a natural repellent based on coconut oil to reduce infestation intensity and associated morbidity in a high

transmission area

2. Reduce the pathology of tungiasis
3. Identify the frequency of application to effectively reduce tungiasis
4. Open new pathways for cost-effective control of tungiasis

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Ethical Committee of the Federal University of Ceará, Brazil, approved in January 2005

### **Study design**

Randomised (permuted block design) controlled single centre trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Tungiasis

### **Interventions**

After the admission examination the participants were randomised into three cohorts (A, B and C). In the first phase of the study individuals received a twice-daily application of Zanzarin® for a period of four weeks. It was anticipated that this reduced the number of embedded sand fleas to almost zero. Thereafter participants were examined again and the degree of the tungiasis-associated morbidity was assessed. These data provided the baseline for the subsequent study phase.

During a period of five months members of Cohort A applied the repellent every second week twice daily for one week and members of Cohort B every fourth week for one week. Cohort C served as control group and did not receive any protection.

During the intervention periods Zanzarin® was applied onto the feet by trained community health workers as described previously. The average volume applied was 3 ml per person and day. Prophylaxis was performed in the morning between 6 and 8 a.m. and in the evening between 6 and 8 p.m. The exact time of application was recorded for each study participant. The application of the repellent was regularly checked by random visits to the households of the study participants by one of the investigators.

In addition, at each examination the participants were asked whether the repellent had been applied regularly. This ensured that the repellent was applied exactly as defined in the study protocol, not spilled, given away for money or stolen. The participants were asked not to wash their feet for at least two hours after application of the repellent. However, they were allowed to take a shower whenever they wanted.

### **Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Zanzarin®

**Primary outcome(s)**

The whole body surface was examined for the presence of immature, egg-producing or dead fleas and manipulated lesions. Tungiasis lesions were classified according to the Fortaleza Classification. The following findings were considered diagnostic for tungiasis:

1. Flea in statu penetrandi (stage I)
2. A dark and itching spot in the epidermis with a diameter of 1 to 2 mm, with or without local pain and itching (early lesion, stage II)
3. Lesions presenting as a white halo with a diameter of 3 to 10 mm with a central black dot (mature egg producing flea, stage III)
4. A brownish-black circular crust with or without surrounding necrosis of the epidermis (dead parasite, stage IV)

During monitoring the number of viable (stage I to III) and dead (stage IV) sand fleas and the total number of sand flea lesions were determined. Clinical pathology was documented every four weeks. Lesions manipulated by the patient (such as partially or totally eliminated fleas leaving a characteristic crater-like sore in the skin) and suppurative lesions caused by the use of non-sterile perforating instruments such as needles and thorns, were documented as well. The exact topographic localisation of each lesion, its stage, and appearance were documented on a visual record sheet.

**Key secondary outcome(s)**

Clinical pathology was assessed in a semi-quantitative manner using a previously elaborated severity score for acute tungiasis (SSAT) and a severity score for chronic tungiasis (SSCT). The SSAT score comprises the following signs and symptoms: erythema, oedema, pain upon pressure or spontaneously, itching, sleep disturbance due to itching, difficulty walking as indicated by an altered gait; abscess and suppuration as indicators of superinfection; fissures and ulcers as characteristic chronic skin defects. The score can take a value from 0 to 24 points. The SSCT ranges from 0 to 33 points and comprises the presence of nail deformation, nail loss, brilliant skin (an indicator of chronic oedema), deformation of toes; hypertrophic nail rim and perilesional desquamation; the latter two characteristics are indicators of repeated tungiasis experienced in the past.

**Completion date**

18/12/2005

**Eligibility****Key inclusion criteria**

1. Individuals with tungiasis identified with the assistance of community health workers
2. Aged 1 - 66 years, either sex
3. At least 5 embedded sand fleas in stage 1 to 4 of the Fortaleza Classification or a similar number of sand flea lesions manipulated with a perforating instrument

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Other

**Sex**

All

**Key exclusion criteria**

1. Intended to change their place of residence during the next six months
2. Ulcerated lesions necessitating antibiotic treatment
3. Children aged less than one year

**Date of first enrolment**

01/06/2005

**Date of final enrolment**

18/12/2005

**Locations****Countries of recruitment**

Brazil

Germany

**Study participating centre**

Charite- Campus Benjamin Franklin

Berlin

Germany

12203

**Sponsor information****Organisation**

Charité - University Medicine Berlin (Charité - Universitätsmedizin Berlin) (Germany)

**ROR**

<https://ror.org/001w7jn25>

**Funder(s)**

**Funder type**  
Government

**Funder Name**  
DAAD-CAPES PROBRAL program (Germany) (ref: 152/02)

**Funder Name**  
Engelhard Arzneimittel, Niederdorfelden (Germany) - provided the repellent (Zanzarin®) free of charge

## Results and Publications

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2007		Yes	No