

# Acute effects of electronic cigarette on myocardial function

<b>Submission date</b> 30/07/2013	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 14/08/2013	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 10/07/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Cigarette smoking has well-established severe side effects on the functioning of the heart, specifically left ventricular myocardial function. Electronic cigarettes have been recently marketed as an alternative to smoking. However, no studies have evaluated the clinical effects of electronic cigarette use. Therefore, the purpose of this study was to find out the effects of electronic cigarette use on left ventricular myocardial function and to compare them with the effects of cigarette smoke.

### Who can participate?

Volunteers, healthy smokers and healthy electronic cigarette users can participate in this study.

### What does the study involve?

Smokers and electronic cigarette users are the two groups evaluated. An initial heart test (echocardiogram) will be performed in smokers after at least 8 hours of refraining from smoking, alcohol, food and caffeine intake. Then, they will smoke 1 cigarette in 5 minutes and a second echocardiogram will be performed. In electronic cigarette users, an echocardiogram will be performed after at least 8 hours of refraining from electronic cigarette use, alcohol, food and caffeine intake. Subsequently, they will be asked to use an electronic cigarette for 7 minutes. A new echocardiogram will be performed. The two echocardiograms will be compared in both of the groups.

### What are the possible benefits and risks of participating?

By taking part in this study there are no risks of physical injury or harm. Increase in anxiety may be experienced due to not smoking and not using electronic cigarettes for 8 hours. Nicotine craving symptoms may be expected, but will be relieved after the initial echocardiogram.

### Where is the study run from?

Onassis Cardiac Surgery Center, Greece.

### When is the study starting and how long is it expected to run for?

The study started in December 2011 and recruitment was completed in May 2012.

Who is funding the study?  
Investigator initiated and funded.

Who is the main contact?  
Dr Konstantinos Farsalinos  
kfarsalinos@gmail.com

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Konstantinos Farsalinos

**Contact details**  
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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
Acute effects of using an electronic nicotine-delivery device (electronic cigarette) on myocardial function: comparison with the effects of regular cigarettes

**Study objectives**  
The purpose of this study was to examine the immediate effects of electronic cigarette use on left ventricular function and compare them with the effects of cigarette smoking.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
The study was approved by the Onassis Cardiac Surgery Center ethics committee, Greece

**Study design**  
Case-control study

**Primary study design**  
Interventional

**Study type(s)**

Diagnostic

**Health condition(s) or problem(s) studied**

Smoking

**Interventions**

We asked smokers to smoke 1 tobacco cigarette for 5 minutes and electronic cigarette users to use an electronic cigarette device for 7 minutes. Echocardiograms were performed, before and after this intervention, to evaluate the left ventricular systolic and diastolic function and examine the possibility of changes induced by the intervention.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Changes in left ventricular myocardial diastolic function after smoking and electronic cigarette use assessed by echocardiography, 5 minutes after the intervention

**Key secondary outcome(s)**

Hemodynamic changes

**Completion date**

25/08/2012

**Eligibility****Key inclusion criteria**

1. Clinically healthy individuals
2. No history of cardiovascular or other disease
3. Not taking medications
4. Not pregnant
5. No risk factors for cardiovascular disease (besides smoking)

**Participant type(s)**

Healthy volunteer

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Electrocardiographic abnormalities
2. Echocardiographic signs of myocardial systolic dysfunction
3. Low ejection fraction
4. More than mild valve regurgitation or any other valve disease

**Date of first enrolment**

10/02/2012

**Date of final enrolment**

01/05/2012

## Locations

**Countries of recruitment**

Greece

**Study participating centre**

ESLIN 12

LAMIA

Greece

35100

## Sponsor information

**Organisation**

Onassis Cardiac Surgery Center (Greece)

**ROR**

<https://ror.org/02gan0k07>

## Funder(s)

**Funder type**

Other

**Funder Name**

Investigator initiated and funded

## Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	23/06/2014		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes