

# The effects of oral administration of bulleyaconitine A in postherpetic neuralgia

<b>Submission date</b> 09/11/2018	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 21/11/2018	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 21/11/2018	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Postherpetic neuralgia is lasting neuropathic pain in an area previously affected by shingles. It seriously affects the patient's sleep, mood and quality of life. After treatment there are still some patients who suffer from neuropathic pain and it is still a difficult clinical problem. Bulleyaconitine A is an analgesic drug isolated from Aconitum plants. It was found that bulleyaconitine A could block pain-related sodium channels, producing strong analgesic and anti-inflammatory effects. The aim of this study is to assess the effects of bulleyaconitine A on postherpetic neuralgia, anxiety, depression and quality of life, and its safety and side effects.

### Who can participate?

Patients aged 18 to 80 with postherpetic neuralgia

### What does the study involve?

Participants are randomly allocated to two groups. Those in group 1 are given bulleyaconitine A to take orally three times a day for 28 days. Those in group 2 are given a placebo (dummy drug). The basic treatment is oral Gabapentin three times a day. The pain experienced after treatment is assessed for each patient every day for the next 3 months.

### What are the possible benefits and risks of participating?

The possible benefit is that the participants could get pain relief and bulleyaconitine A for free. The possible risks are side effects of bulleyaconitine A such as dizziness and palpitation.

### Where is the study run from?

1. Pain Management Department, Xinhua Hospital affiliated to Shanghai Jiaotong University, School of Medicine Shanghai (China)
2. Pain Management Department, Qinghai Provincial People's Hospital (China)
3. Pain Management Department, Yueyang Hospital affiliated to Shanghai University of Traditional Chinese Medicine (China)
4. Pain Management Department, the Second Affiliated Hospital of Kunming Medical University (China)

When is the study starting and how long is it expected to run for?

June 2018 to April 2020

Who is funding the study?

Xinhua Hospital (affiliated with Shanghai Jiaotong University School of Medicine) (China)

Who is the main contact?

Prof. Ke Ma

## Contact information

### Type(s)

Scientific

### Contact name

Prof Ke Ma

### Contact details

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Yangpu District  
Shanghai  
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## Additional identifiers

### Protocol serial number

XINHUA2018-03

## Study information

### Scientific Title

Clinical study of effects of oral administration of bulleyaconitine A in postherpetic neuralgia

### Study objectives

1. Oral administration of bulleyaconitine A is effective and safe when administered for postherpetic neuralgia patients.
2. Treatment of oral administration of bulleyaconitine A can improve the quality of life of postherpetic neuralgia patients.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Xinhua Hospital Ethics Committee Affiliated to Shanghai Jiaotong University School of Medicine, 19/09/2018, ref: XHEC-C-2018-011-3

### Study design

Multi-center double-blinded randomized controlled clinical study

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Neuralgia

## Interventions

120 participants are randomly allocated to two groups using a random number table for randomization. Those in group 1 (n=60) are given bulleyaconitine A 0.4 mg t.i.d. orally for 28 days. Those in group 2 (n=60) are given placebo. The basic treatment is oral administration of Gabapentin 0.3 g t.i.d. The pain experienced after treatment is assessed for each patient every day for the next 3 months.

## Intervention Type

Drug

## Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Bulleyaconitine A

## Primary outcome(s)

1. Pain, measured using the visual analogue score (VAS) during the treatment and at 7 days, 14 days, 21 days, 28 days, 2 months and 3 months post-treatment.
2. The frequency and intensity of the pain outbreak measured using the visual analogue score (VAS) during the treatment and at 7 days, 14 days, 21 days, 28 days, 2 months and 3 months post-treatment
3. The dosage of Gabapentin per day during the treatment

## Key secondary outcome(s)

1. Intensity of anxiety, measured using the PHQ-9 evaluation scale during the treatment and at 7 days, 14 days, 21 days, 28 days, 2 months and 3 months after treatment
2. Intensity of depression, measured by the GAD-7 anxiety screening scale during the treatment and at 7 days, 14 days, 21 days, 28 days, 2 months and 3 months after treatment
3. Quality of life, measured by the quality of life score (QOL) during the treatment and at 7 days, 14 days, 21 days, 28 days, 2 months and 3 months after treatment

## Completion date

01/04/2020

## Eligibility

### Key inclusion criteria

1. Subjects voluntarily signed the informed consent
2. Patients suffering from postherpetic neuralgia aged from 18 to 80 regardless of gender
3. Moderate to severe pain, VAS > 4 points or more, or burst pain > 3 times/day
4. Patients can follow the drug dose and follow-up plan
5. Patients can describe the symptoms, no serious infection, respiratory insufficiency and has the ability to cooperate
6. Non-allergic persons
7. No drug abuse or drug addiction
8. Non-lactating, non-pregnant women, subjects who did not have a pregnancy plan within 1 month after the test
9. Patients did not participate in a drug test within 3 months before this test (including the test drug)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Researchers think that there is any reason participant should be excluded
2. In poor situation, severe systemic infection or respiratory dysfunction and uncooperative
3. Suffering from severe respiratory system, cardiovascular system diseases, liver and kidney dysfunction, cancer
4. Patients who are allergic to bulleyaconitine A
5. Patient who has or a history of drug abuse
6. Breastfeeding, gestational women or subjects who do not have a pregnancy plan within 1 month after the test
7. Patients who participated in a drug trial within 3 months before this trial
8. Patients does not meet the inclusion criteria

**Date of first enrolment**

01/10/2018

**Date of final enrolment**

01/10/2018

**Locations****Countries of recruitment**

China

**Study participating centre**

**Pain Management Department, Xinhua Hospital affiliated to Shanghai Jiaotong University,  
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**Study participating centre**

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**Study participating centre**

**Pain Management Department, the Second Affiliated Hospital of Kunming Medical University**

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## **Sponsor information**

**Organisation**

Xinhua Hospital affiliated with Shanghai Jiaotong University School of Medicine

**ROR**

<https://ror.org/04dzvks42>

# Funder(s)

## Funder type

Hospital/treatment centre

## Funder Name

Xinhua Hospital (affiliated with Shanghai Jiaotong University School of Medicine)

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study during this study will be included in the subsequent results publication.

## IPD sharing plan summary

Other