# A randomised, multicentre trial of primary treatment chemotherapy/immunotherapy and radiotherapy for patients with non-small cell lung cancer

| Submission date   | <b>Recruitment status</b><br>Recruiting | <ul><li>Prospectively registered</li></ul> |  |  |
|-------------------|---|--|--|--|
| 19/08/2024        |   | ☐ Protocol                                 |  |  |
| Registration date | Overall study status                    | Statistical analysis plan                  |  |  |
| 21/08/2024        | Ongoing  Condition category             | ☐ Results                                  |  |  |
| Last Edited       |   | Individual participant data                |  |  |
| 07/04/2025        | Cancer                                  | [X] Record updated in last year            |  |  |

## Plain English summary of protocol

Background and study aims

Radiotherapy of the chest area is widely used in the treatment of lung cancer. Its use in stage IV non-small cell lung cancer (NSCLC) has evolved across the world based on local experience, as doctors attempt to ease symptoms, maintain/improve quality of life, and prolong survival while minimising side effects. The way radiotherapy is being used is based on older evidence, and there is a need for new research to figure out the best timing and dosing of radiotherapy when used alongside current systemic treatments.

The aims of this study are:

- 1. To work out the effect of early high-dose radiotherapy on the chest area on symptoms, disease progression, length, and quality of life
- 2. To assess the side effects of early high-dose radiotherapy on the chest area
- 3. To work out the cost-effectiveness of this type of radiotherapy
- 4. To identify potential barriers, evaluate and explain the treatment and outcomes and highlight issues from a patient, carer, and health care professional's point of view.

## Who can participate?

Patients aged 16 years and older with stage IV NSCLC who are fit for chemotherapy and/or immunotherapy and high-dose radiotherapy to the chest area, without symptoms requiring immediate radiotherapy.

## What does the study involve?

Following consent, patients will undergo screening tests to ensure they are eligible. Once screened eligible, patients are randomly allocated to one of the two treatment groups. The two treatment groups are:

Control group: chemotherapy and/or immunotherapy

Radiotherapy group: chemotherapy and/or immunotherapy AND radiotherapy that will start within 12 weeks of randomisation and between cycle 1 and 4 of the chemotherapy and/or immunotherapy

A patient is just as likely to receive either of the treatment groups. If allocated to the radiotherapy group, patients will have a radiotherapy planning session with a CT scan. Patients will attend usual clinic visits, at weeks 4, 6, 8, 10, 12, and 14, months 4, 6, 9, 12, 15, 18, and 21 for study assessments. The study assessments will vary depending on the visit but can include weight, asking about how the patient has been feeling and any health issues, asking about any changes to medication and level of self-care/daily activity/physical ability, and completing questionnaires. At months 4, 6, 9, 12, 15 and 21 a CT chest/abdomen/pelvis scan will be done. For the visits, if a patient is unable to attend the clinic, a member of the research team will contact them by telephone for assessments that can be done over the telephone.

What are the possible benefits and risks of participating?

There may or may not be a direct medical benefit from taking part in the trial. This trial will help to further our knowledge of how to treat stage IV NSCLC and this may benefit others with the same condition in the future.

There may be some unpleasant side effects. There could be risks to your child if you become pregnant, or are breastfeeding. As part of the trial, there is a brain CT scan during the screening process. There are also CT chest/abdomen/pelvis scans throughout the trial totalling up to about seven scans, throughout the screening, treatment, and follow-up phases. The number of scans in the trial is similar to standard of care. CT scans and radiotherapy use ionising radiation that may cause cancer many years or decades after exposure. The chance of cancer being caused by ionising radiation associated with imaging or radiotherapy is very small in these patients.

Where is the study run from? The Christie NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for? April 2023 to December 2027

Who is funding the study? NIHR Evaluation, Trials and Studies Co-ordinating Centre (NETSCC) (UK)

Who is the main contact? tourist-prince@soton.ac.uk

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-when-to-give-radiotherapy-for-advanced-lung-cancer-prince

## Contact information

## Type(s)

Public, Scientific

#### Contact name

Mrs Izabela Eberhart

### Contact details

Southampton Clinical Trials Unit, MP131 Southampton General Hospital Tremona Road Southampton United Kingdom SO16 6YD +44 (0)23 8120 5154 tourist-prince@soton.ac.uk

## Additional identifiers

## Clinical Trials Information System (CTIS)

Nil known

## Integrated Research Application System (IRAS)

334993

## ClinicalTrials.gov (NCT)

Nil known

## Protocol serial number

NIHR133518, CPMS 61676, IRAS 334993

## Study information

## Scientific Title

PRINCE: Prospective, randomised, multicentre trial of first line systemic treatment and radiotherapy in stage IV non-small cell lung cancer

## Acronym

PRINCE (TOURIST Platform)

## **Study objectives**

The PRINCE trial will test the hypothesis that early high-dose palliative thoracic radiotherapy is clinically effective in health utility for patients with stage IV non-small cell lung cancer.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved 07/05/2024; South Central - Oxford C Research Ethics Committee (2 Redman Place, Stratford, London, E20 1JQ, United Kingdom; +44 (0)207 1048144, oxfordc.rec@hra.nhs.uk), ref: 24/SC/0133

## Study design

Randomized parallel-group controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Stage IV non-small cell lung cancer

#### Interventions

PRINCE is a randomised control trial in the TOURIST Platform. Patients may be identified at any point after the diagnosis of stage IV NSCLC by their usual care team. To permit timely randomisation and minimise treatment delays potentially eligible patients should be identified at the thoracic multidisciplinary team meeting prior to their first oncology appointment.

PRINCE includes the addition of early high-dose palliative thoracic radiotherapy in patients receiving standard of care (SoC) first-line systemic treatment (chemotherapy, immunotherapy, or a combination of both) to assess if improvement in local disease control results in improved quality of life (QoL)/survival for patients. Once written informed consent has been gained, all screening and baseline procedures have been completed and the patient is confirmed eligible, they will be randomised (1:1) at the start of their systemic treatment to one of two study arms: Control Arm - SoC systemic therapy, Radiotherapy Arm - SoC systemic therapy and radiotherapy. Patients will have equal chances of receiving one of the two arms. There will be either 12 or 13 visits for radiotherapy, depending on clinician decision. Radiotherapy will begin anytime within 84 days after randomisation and between cycles 1 and 4 of systemic therapy.

Patients will be followed up to Month 21, follow-up assessments include:

- 1. Adverse event, toxicity and medication assessment
- 2. Quality of life questionnaires
- 3. Smoking habit questions
- 4. Weight
- 5. CT with contrast chest/abdo/pelvis
- 6. Eastern Cooperative Oncology Group (ECOG) performance status

When all patients have completed all of their study visits, survival and disease progression data will be collected directly from the hospital sites.

An economic evaluation to measure the quality-adjusted life years at 21 months will be performed. A process evaluation using interviews (over the phone or using an online meeting system e.g. Zoom), diaries and a PPI questionnaire to identify issues for implementation from patients, patient carers and Health Care Professionals.

15 patients - individual interview and a diary to complete

All patients - PPI QoL questionnaire completion

15 patient-carers - individual interview

10 health care professionals (across two trials in the TOURIST Platform) – individual interview

## Intervention Type

Procedure/Surgery

## Primary outcome(s)

Health utility measured using EORTC QLU-C10D Area Under the Curve (AUC; using trapezoidal rule) to derive a health utility score per year. Questionnaires completed: Screening/Baseline, week 4, week 6, week 8, week 12, week 14, month 4, month 6, month 9, month 12, month 15, month 18, month 21.

## Key secondary outcome(s))

- 1. Overall survival (OS), defined as time from randomisation to death from any cause. Censored at the last follow-up if event-free
- 2. Progression-free survival (PFS), defined as time from randomisation to disease progression

(RECIST v1.1) or death from any cause. Censored at last follow-up if event-free

- 3. Quality of life using EORTC QLQ-C30 and EQ-5D-5L. Questionnaires completed: Screening /Baseline, month 4, month 6, month 9, month 12, month 15, month 21
- 4. Lung cancer symptoms using EORTC QLQ-LC13. Questionnaire completed: Screening /Baseline, month 4, month 6, month 9, month 12, month 15, month 21
- 5. Acute and late toxicity as assessed using NCI CTCAE v5.0. From informed consent to end of study

## Completion date

31/12/2027

## **Eligibility**

## Key inclusion criteria

- 1. >=16 years of age
- 2. Stage IV non-small cell lung cancer (NSCLC) (radiological diagnosis confirmed at multidisciplinary team [MDT] as a minimum) (additionally see #6 trial-specific requirement below)
- 3. Thoracic disease amenable to radiotherapy
- 4. Provision of written informed consent
- 5. For women of childbearing potential: a negative urine or serum pregnancy test within 7 days of trial entry into the main trial
- 6. Histologically or cytologically confirmed NSCLC
- 7. At least T2 and/or N1 disease
- 8. ECOG Performance Status (0-2)
- 9. The patient is deemed fit to receive a minimum of four cycles of systemic anti-cancer treatment according to local guidelines and assessment
- 10. Fit to receive high-dose palliative radiotherapy with acceptable pulmonary function according to local guidelines and assessment

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Mixed

## Lower age limit

16 years

#### Sex

All

## Key exclusion criteria

- 1. The need for palliative radiotherapy to the thorax prior to randomisation
- 2. Co-morbidities which are considered a contraindication to radiotherapy by the treating clinical team, including interstitial lung disease and active connective tissue disorders
- 3. History of prior malignant tumours likely to interfere with the protocol treatment or

### comparisons

- 4. Leptomeningeal disease
- 5. Women who are pregnant or breastfeeding
- 6. Women of child-bearing potential who are not able or unwilling to use a highly effective method of contraception
- 7. Patients who, in the judgment of the investigator, will be unlikely or unable to comply with the requirements of the protocol
- 8. Primary targeted systemic therapy for NSCLC with a driver mutation (EGFR, ALK, ROS-1, BRAF)
- 9. Prior treatments for this NSCLC\*
- 10. Patients participating in a clinical trial of an investigational medicinal product
- \*Cycle 1 of standard-of-care systemic therapy for this NSCLC may be delivered prior to randomisation

## Date of first enrolment

30/07/2024

## Date of final enrolment

30/03/2026

## Locations

## Countries of recruitment

United Kingdom

England

# Study participating centre Weston Park Hospital

Witham Road Sheffield United Kingdom S10 2SJ

## Study participating centre Addenbrookes Hospital

Hills Road Cambridge United Kingdom CB2 0QQ

Study participating centre Kings Mill Hospital Mansfield Road Sutton-in-Ashfield United Kingdom NG17 4JL

## Study participating centre Nottingham City Hospital

Hucknall Road Nottingham United Kingdom NG5 1PB

## Study participating centre The Christie Hospital

550 Wilmslow Road Withington Manchester United Kingdom M20 4BX

## Study participating centre Leighton Hospital

Leighton Crewe United Kingdom CW1 4QJ

## Study participating centre Queen's Hospital

Barking, Havering and Redbridge University Hospitals NHS Trust, Rom Valley Way Romford, Essex United Kingdom RM7 0AG

## Study participating centre Royal Devon and Exeter Hospital

Barrack Road Exeter United Kingdom EX2 5DW

## Study participating centre Clatterbridge Cancer Centre

The Clatterbridge Cancer Centre NHS Foundation Trust 65 Pembroke Place Liverpool United Kingdom L7 8YA

# Study participating centre Colchester Hospital

Turner Road Colchester United Kingdom CO4 5JL

## Study participating centre Royal Surrey County Hospital

Egerton Road Guildford United Kingdom GU2 7XX

## Study participating centre University College London Hospital

250 Euston Road London United Kingdom NW1 2PG

## Study participating centre Guy's and St Thomas' Hospital

Guy's and St Thomas' NHS Foundation Trust Westminster Bridge Road London United Kingdom SE1 7EH

## Study participating centre Southampton General Hospital

Tremona Road

Southampton United Kingdom SO16 6YD

Study participating centre
Bristol Haematology and Oncology Centre
Horfield Road
Bristol
United Kingdom
BS2 8ED

Study participating centre Churchill Hospital

Old Road Headington Oxford United Kingdom OX3 7LE

## **Sponsor information**

## Organisation

The Christie NHS Foundation Trust

#### ROR

https://ror.org/03v9efr22

## Funder(s)

## Funder type

Government

#### **Funder Name**

National Institute for Health and Care Research

## Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

## **Funding Body Type**

## Government organisation

## **Funding Body Subtype**

National government

## Location

**United Kingdom** 

## **Results and Publications**

## Individual participant data (IPD) sharing plan

The current data-sharing plans for this study are unknown and will be available at a later date.

## IPD sharing plan summary

Data sharing statement to be made available at a later date

## **Study outputs**

| Output type                   | Details                       | Date created | Date added | Peer reviewed? | Patient-facing? |
|-------------------------------|-------------------------------|--------------|------------|----------------|-----------------|
| Participant information sheet | Participant information sheet | 11/11/2025   | 11/11/2025 | No             | Yes             |
| Study website                 | Study website                 | 11/11/2025   | 11/11/2025 | No             | Yes             |