# Medical versus surgical termination of pregnancy at 13 - 20 weeks

| Submission date   | <b>Recruitment status</b> No longer recruiting | <ul><li>Prospectively registered</li><li>Protocol</li></ul> |  |  |
|-------------------|--|---|--|--|
| 23/02/2010        |  |   |  |  |
| Registration date | Overall study status                           | Statistical analysis plan                                   |  |  |
| 06/04/2010        | Completed                                      | [X] Results   |  |  |
| Last Edited       | Condition category                             | [] Individual participant data                              |  |  |
| 01/08/2012        | Pregnancy and Childbirth                       |   |  |  |

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Additional identifiers

Protocol serial number SCR2000/1

## Study information

#### Scientific Title

A randomised controlled trial comparing medical versus surgical termination of pregnancy at 13 - 20 weeks

#### **Study objectives**

Compared to surgical termination of pregnancy (STOP), medical termination of pregnancy (MTOP) would be associated with greater psychological distress at 2 weeks after the procedure, as measured by the Impact of Events Scale (IES) at 13 - 20 weeks gestation.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Joint Ethics Committee of the Newcastle and North Tyneside Health Authority approved on the 26th April 2000 (ref: 2000/63)

#### Study design

Single centre randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Termination of unwanted pregnancy

#### **Interventions**

Women randomised to STOP:

All nulliparous women and multiparous women greater than 17 weeks' gestation were primed with Gemeprost 1 mg vaginally 3 and 6 hours prior to the anticipated time of STOP. Multiparous women between 13+0 and 16+6 weeks were primed with Gemeprost 1 mg vaginally 3 hours prior to the anticipated time of STOP. All STOPs were performed under general anaesthesia by one experienced surgeon. Cases between 13+0 and 14+6 vacuum aspiration was performed Cases greater than or equal to 15+0 weeks dilatation and evacuation was performed.

#### Women randomised to MTOP:

Women were given mifepristone 200 mg orally. 36 - 48 hours later misoprostol 800 µg was administered vaginally followed by 400 µg vaginally or orally (depending on amount of vaginal bleeding) every 3 hours up to a maximum of 4 doses. If abortion had not occurred by midnight a further dose of mifepristone 200 mg orally was administered followed by gemeprost 1 mg vaginally 3 hourly from 0800 hours up to a maximum of 5 doses. If abortion had still not occurred by 0800 hours the following morning the MTOP was deemed to have failed and STOP arranged.

All women received periabortion antibiotic prophylaxis with doxycycline 100 mg orally twice daily, commencing on the day prior to abortion. Women having STOP also received metronidazole 1 g rectally at the time of abortion. All women were invited back for follow up at two weeks post-procedure.

#### Intervention Type

Drug

#### Phase

Phase IV

#### Drug/device/biological/vaccine name(s)

Mifepristone, misoprotol

#### Primary outcome(s)

Impact of Event Scale (IES) at two weeks after the procedure. This 15 item scale has 7 intrusion and 8 avoidance items.

#### Key secondary outcome(s))

- 1. Clinical effectiveness of procedure, measured at two weeks post-procedure
- 2. Complications, measured at two weeks post-procedure
- 3. Procedure specific symptoms, measured at two weeks post-procedure
- 4. Acceptability, measured at two weeks post-procedure
- 5. General health Questionnaire-12 item (GHQ-12), measured at baseline and two weeks post-procedure
- 6. Hospital Anxiety and Depression Scale (HADS), measured at baseline and two weeks post-procedure
- 7. Satisfaction with care received before during and after procedure (excellent/very good/good/fair/poor), measured at two weeks post-procedure

#### Completion date

31/01/2004

### Eligibility

#### Key inclusion criteria

- 1. Women accepted for termination of pregnancy (TOP) under clause C of the Human Fertilisation and Embryology Act (1990) amendment of the Abortion Act (1967)
- 2. Pregnancies between 13+0 and 19+6 weeks' gestation at the time of abortion
- 3. Aged over 16 years; women under 16 years of age were eligible for inclusion if deemed Fraser competent by the clinical practitioner and where a parent or guardian was present and also willing to give written consent

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

Female

#### Key exclusion criteria

- 1. Foetal congenital abnormality
- 2. Medical disease precluding MTOP
- 3. Unable to speak English (less than 5% of women presenting for TOP)

#### Date of first enrolment

01/05/2000

#### Date of final enrolment

31/01/2004

#### Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre Institute of Cellular Medicine

Newcastle upon Tyne United Kingdom NE2 4LP

# Sponsor information

#### Organisation

Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

#### **ROR**

https://ror.org/05p40t847

# Funder(s)

#### Funder type

University/education

#### **Funder Name**

Newcastle University (UK)

Alternative Name(s)

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Universities (academic only)

#### Location

United Kingdom

# **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

| Output type                   | Details                       | Date created Date adde | d Peer reviewed | ? Patient-facing? |
|-------------------------------|-------------------------------|------------------------|-----------------|-------------------|
| Results article               | results                       | 01/11/2010             | Yes             | No                |
| Participant information sheet | Participant information sheet | 11/11/2025 11/11/202   | 5 No            | Yes               |