

# Torque in root canal preparations

<b>Submission date</b> 13/04/2018	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 09/05/2018	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 11/09/2020	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Current plain English summary as of 16/07/2018:

Background and study aims

Root canal treatment (endodontic treatment) is given to patients that have infection or inflammation on the pulp (nerve) inside a tooth, or in the bone surrounding the root area (lower area of the tooth).

Preparing a tooth for root canal treatment using rotary instruments generates torque. Torque generated during root canal preparation depends on the anatomy of the tooth, the type of instruments being used, and how the dentist prepares the canal. Torque can be measured in order to analyse how safe instruments are to use for root canal treatment. This study aims to describe a new method for measuring torque generated during root canal preparation in order to assess safety of different instruments and techniques.

Who can participate?

Adults requiring root canal treatment

What does the study involve?

Participants receive routine root canal treatment under anaesthetic in a single session. The canals are prepared using two types of rotary files and torque values (rotational force) are measured throughout this preparation or both instruments. Participants receive follow up for one year, but this is not part of the study.

What are the possible benefits and risks of participating?

Being an observational study using standard root canal procedures, it does not offer any additional benefits or risks to the participants.

Where is the study run from?

Sapienza University of Rome (Italy)

When is the study starting and how long is it expected to run for?

October 2016 to March 2018

Who is funding the study?

Sapienza University of Rome (Italy)

Who is the main contact?  
Dr Gianluca Gambarini (Scientific)

Previous plain English summary:

Background and study aims

Root canal treatment (endodontic treatment) is indicated for patients that present infection or inflammation in the pulp (nerve) inside of a tooth or in the bone surrounding the root area. This study aims to describe a new method for analyzing operative torque (rotational force) by measuring the torque provided by a motor during the clinical use of nickel-titanium rotary instruments.

Who can participate?  
Adults requiring root canal treatment

What does the study involve?

Participants receive routine root canal treatment under anaesthetic in a single session. The canals are prepared using two types of rotary files and torque values (rotational force) are measured throughout this preparation on both instruments. Participants receive follow up for one year, but this is not part of the study.

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Dr Gianluca Gambarini (Scientific)

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Gianluca Gambarini

**Contact details**  
University of Rome  
Via Caserta 6  
Rome  
Italy  
00187

# Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers  
0001

## Study information

### Scientific Title

Measurement of operative torque generated during the preparation of root canals in vivo

### Study objectives

The hypothesis is that different endodontics instruments create different torque values during intracanal instrumentation.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Sapienza University of Rome, 10/04/2017, ref: 528/17

### Study design

Pilot single-center observational study

### Primary study design

Observational

### Secondary study design

Case series

### Study setting(s)

Hospital

### Study type(s)

Not Specified

### Participant information sheet

No participant information sheet available

### Health condition(s) or problem(s) studied

Root canal treatments

### Interventions

This study aims to describe a new method for analyzing operative torque in vivo by measuring the torque provided by an endodontic motor during the clinical use of nickel-titanium rotary

instruments.

Participants are recruited in the dental clinic of the university. All have a prior indication for root canal treatment, and are being evaluated and supervised by the faculty of the institution. Participants are subjected to the regular endodontic treatment under anesthesia and rubber dam in a single session. Access is created with round burs and a manual glide-path is performed up to the apical limit. Then, the canals are prepared using rotary files ProTaper Next X 1 and EdgeEndo X7 (EdgeEndo). The observational study is limited to about 15 minutes during the root canal preparation. Torque values during the progression of the instruments into the canals are recorded every 0.1s. After the preparation, the teeth receive conventional obturation and restoration.

Data regarding torque is analyzed statistically with significance set at  $P < 0.05$ .

Participants are subjected to the regular 1 year follow up in the clinic, which is not related to the aim and scope of the present study.

### **Intervention Type**

Procedure/Surgery

### **Primary outcome measure**

Torque values were measured using a prototype device connected to a regular endodontic motor every 0.1 seconds during the procedure

### **Secondary outcome measures**

The occurrence of mishaps such as torsional lock or breakage of files were recorded during the procedure

### **Overall study start date**

07/10/2016

### **Completion date**

15/12/2018

## **Eligibility**

### **Key inclusion criteria**

1. No significant medical history
2. Need root canal treatment in the maxillary premolar tooth

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Sex**

Both

### **Target number of participants**

10

### **Total final enrolment**

**Key exclusion criteria**

1. Present any medical systemic condition
2. Teeth presenting root fracture, open apex, root resorption or previous root canal treatment.

**Date of first enrolment**

01/01/2018

**Date of final enrolment**

01/03/2018

**Locations****Countries of recruitment**

Italy

**Study participating centre**

**Sapienza Università di Roma - Clinica odontoiatrica**

Viale Regina Elena, 287

Rome

Italy

00161

**Sponsor information****Organisation**

Sapienza University of Rome

**Sponsor details**

Via Caserta 6

Rome

Italy

001611

**Sponsor type**

University/education

**ROR**

<https://ror.org/02be6w209>

**Funder(s)**

**Funder type**

University/education

**Funder Name**

Sapienza Università di Roma

**Alternative Name(s)**

Sapienza University of Rome, Università degli Studi di Roma "La Sapienza", Sapienza-Università di Roma, Sapienza, Uniroma1

**Funding Body Type**

Government organisation

**Funding Body Subtype**

Universities (academic only)

**Location**

Italy

## Results and Publications

**Publication and dissemination plan**

Submitted for publication in a high-impact peer-reviewed scientific journal in May 2018.

**Intention to publish date**

30/06/2019

**Individual participant data (IPD) sharing plan**

Data of the present study is stored in the DIPARTIMENTO DI SCIENZE ODONTOSTOMATOLOGICHE E MAXILLO FACCIALI of the La Sapienza University. Access to the data should be requested to the principal investigator Dr. Gianluca Gambarini. Participants of this study signed a consent form. Their personal information was stored only on the dental clinic's charts, under the privacy policy of the university. Their information was linked only to the chart number and a new code was addressed for each participant to ensure that stored data is non-identified.

**IPD sharing plan summary**

Stored in repository

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/10/2019	11/09/2020	Yes	No