

# Does telephone peer support and/or a midwife home visit in the early postnatal period increase breastfeeding duration?

<b>Submission date</b> 17/02/2004	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 22/03/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 13/06/2014	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**

**Study objectives**

Not provided at time of registration

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Other

**Health condition(s) or problem(s) studied**

Although breastfeeding initiation is high in our community, less than 50% are still breastfeeding at 6 months. We aim to increase this proportion.

**Interventions**

1. Proactive peer telephone support in the postnatal period, with a focus on encouragement with breastfeeding, social support, and referral as necessary
2. A single midwife home visit at day 7-10 postpartum, focusing on breastfeeding matters
3. This group will receive both interventions
4. The control group will receive neither intervention

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/12/2005

**Eligibility****Key inclusion criteria**

Primiparous, English-speaking women from two tertiary women's hospitals in metropolitan Melbourne, Australia

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/07/2004

**Date of final enrolment**

31/12/2005

**Locations****Countries of recruitment**

Australia

**Study participating centre**

251 Faraday St

Carlton

Australia

3053

**Sponsor information****Organisation**

Centre for the Study of Mothers' and Children's Health, La Trobe University (Australia)

**ROR**

<https://ror.org/01rxfrp27>

**Funder(s)****Funder type**

Not defined

**Funder Name**

Not provided at time of registration

**Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration