

# Pulmonary rehabilitation in the elderly; its impact on quality of life and health service utilisation

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 03/01/2020	<b>Condition category</b> Respiratory	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

## Study information

### Scientific Title

Pulmonary rehabilitation in the elderly; its impact on quality of life and health service utilisation

### Study objectives

The aim of this study is to determine whether participation in a pulmonary rehabilitation programme is associated in a long term impact on health related quality of life as well as effective utilisation of health service provisions in older chronic obstructive pulmonary disease (COPD) patients.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Quality of life

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Chronic obstructive pulmonary disease (COPD)

### Interventions

A randomised prospective trial, each subject having a 50-50 chance of being allocated to the treatment or control arms of the study. 200 Patients will be recruited, 100 into each arm.

### Intervention Type

Other

### Phase

Not Specified

**Primary outcome measure**

1. Quality of life
2. Health service utilisation

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/11/2001

**Completion date**

01/11/2003

## Eligibility

**Key inclusion criteria**

1. Patients with moderate to severe stable COPD
2. Aged >70 years

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

200

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/11/2001

**Date of final enrolment**

01/11/2003

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**COTE**  
Sunderland  
United Kingdom  
SR4 7TP

## **Sponsor information**

### **Organisation**

Department of Health (UK)

### **Sponsor details**

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Charity

### **Funder Name**

City Hospitals Sunderland NHS Trust (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration