Pulmonary rehabilitation in the elderly; its impact on quality of life and health service utilisation

Submission date	Recruitment status	Prospectively registered
12/09/2003	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
12/09/2003	Completed	Results
Last Edited	Condition category	Individual participant data
03/01/2020	Respiratory	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number N0065101829

Study information

Scientific Title

Pulmonary rehabilitation in the elderly; its impact on quality of life and health service utilisation

Study objectives

The aim of this study is to determine whether participation in a pulmonary rehabilitation programme is associated in a long term impact on health related quality of life as well as effective utilisation of health service provisions in older chronic obstructive pulmonary disease (COPD) patients.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Chronic obstructive pulmonary disease (COPD)

Interventions

A randomised prospective trial, each subject having a 50-50 chance of being allocated to the treatment or control arms of the study. 200 Patients will be recruited, 100 into each arm.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

- 1. Quality of life
- 2. Health service utilisation

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/11/2003

Eligibility

Key inclusion criteria

- 1. Patients with moderate to severe stable COPD
- 2. Aged >70 years

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/11/2001

Date of final enrolment

01/11/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

COTE

Sunderland United Kingdom SR4 7TP

Sponsor information

Organisation

Department of Health (UK)

Funder(s)

Funder type

Charity

Funder Name

City Hospitals Sunderland NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Yes

Participant information sheet Participant information sheet 11/11/2025 No