

# Prevention of psychological problems in older widowed persons by means of a visiting service: A randomized trial

<b>Submission date</b> 12/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 07/01/2021	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
ZON-MW 63-224

# Study information

## Scientific Title

Prevention of psychological problems in older widowed persons by means of a visiting service: A randomized trial

## Study objectives

Contact with fellow-sufferers, as offered by visiting services to widowed persons with little social support, would show superior effects in improving mental health, quality of life and reducing financial costs to society, compared by a control condition

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

International

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Psychological problems

## Interventions

Experimental: visiting service. In the visiting service, recently widowed persons are offered to hold supportive one-to-one talks with trained fellow-sufferers. The objective is to provide social support. The volunteers make maximally 10 home visits, spread out over a one-year period. Control condition: respondents in the control condition are offered a brochure about the prevention of depression. These respondents are free to seek help elsewhere on their own initiative.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

1. Mental health
2. Cost-effectiveness

**Secondary outcome measures**

1. Quality of life
2. Grief process
3. Mastery of condition
4. Loneliness

**Overall study start date**

01/11/2002

**Completion date**

01/05/2007

**Eligibility****Key inclusion criteria**

1. Widow/widower
2. Aged 55 years or older
3. Has lost his/her partner through death 6-12 months earlier
4. Feels lonely according to the 'Loneliness Scale'
5. No mental disorder according to the MINI

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

350

**Total final enrolment**

216

**Key exclusion criteria**

When not met the five inclusion criteria mentioned above, people are excluded.

**Date of first enrolment**

01/11/2002

**Date of final enrolment**

01/05/2007

# Locations

## Countries of recruitment

Netherlands

## Study participating centre

Trimbos Institute/Netherlands Institute of Mental Health and Addiction

Utrecht

Netherlands

3500 AS

# Sponsor information

## Organisation

Trimbos Institute (The Netherlands)

## Sponsor details

Da Costakade 45 Postbus 725

Utrecht

Netherlands

3500 AS

## Sponsor type

Charity

## ROR

<https://ror.org/02amggm23>

# Funder(s)

## Funder type

Research organisation

## Funder Name

ZON-MW, The Netherlands Organization for Health Research and Development

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	12/06/2008	07/01/2021	Yes	No