

A randomised controlled trial assessing the effectiveness of brief cognitive behavioural therapy in improving self-esteem in in-patients with major depression

Submission date 12/09/2003	Recruitment status Stopped	<input type="checkbox"/> Prospectively registered
Registration date 12/09/2003	Overall study status Stopped	<input type="checkbox"/> Protocol
Last Edited 30/08/2012	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Anja Wittkowski

Contact details

Department of Clinical Psychology
Manchester Mental Health & Social Care NHS Trust
Wythenshawe Hospital
Southmoor Road
Manchester
United Kingdom
M23 9LT
+44 (0)161 291 5881

Additional identifiers

Protocol serial number

N0570111778

Study information

Scientific Title

Study objectives

To investigate whether and to what extent brief cognitive-behavioural therapy for low self-esteem will lead to improvements in self-esteem, mood and quality of life in in-patients with major depression.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Depression

Interventions

Group comparison: cognitive-behavioural therapy plus routine in-patient management versus routine in-patient management only

30/08/2012: Please note this trial was stopped in 2004 due to a lack of participants

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

The Robson self-concept questionnaire.

Key secondary outcome(s))

Not provided at time of registration

Completion date

24/04/2003

Reason abandoned (if study stopped)

Participant recruitment issue

Eligibility

Key inclusion criteria

30 Adult in-patients at the Bronte Ward in Laureate House who have a diagnosis of major depression with considerable residual symptoms.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

24/04/2002

Date of final enrolment

24/04/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Department of Clinical Psychology

Manchester

United Kingdom

M23 9LT

Sponsor information

Organisation

Department of Health (UK)

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Manchester Mental Health and Social Care Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration