

# A randomised controlled trial assessing the effectiveness of brief cognitive behavioural therapy in improving self-esteem in in-patients with major depression

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/08/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Anja Wittkowski

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0570111778

# Study information

## Scientific Title

### Study objectives

To investigate whether and to what extent brief cognitive-behavioural therapy for low self-esteem will lead to improvements in self-esteem, mood and quality of life in in-patients with major depression.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Depression

### Interventions

Group comparison: cognitive-behavioural therapy plus routine in-patient management versus routine in-patient management only

30/08/2012: Please note this trial was stopped in 2004 due to a lack of participants

### Intervention Type

Other

### Phase

Not Specified

**Primary outcome measure**

The Robson self-concept questionnaire.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

24/04/2002

**Completion date**

24/04/2003

**Reason abandoned (if study stopped)**

Participant recruitment issue

## Eligibility

**Key inclusion criteria**

30 Adult in-patients at the Bronte Ward in Laureate House who have a diagnosis of major depression with considerable residual symptoms.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

30

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

24/04/2002

**Date of final enrolment**

24/04/2003

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Department of Clinical Psychology**  
Manchester  
United Kingdom  
M23 9LT

## **Sponsor information**

**Organisation**  
Department of Health (UK)

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.doh.gov.uk>

## **Funder(s)**

**Funder type**  
Hospital/treatment centre

**Funder Name**  
Manchester Mental Health and Social Care Trust (UK)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration