# Evaluation of a responsive feeding and stimulation intervention

Submission date Recruitment status Prospectively registered 24/07/2008 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 05/09/2008 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 17/05/2019 Nutritional, Metabolic, Endocrine

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

**Prof Frances Aboud** 

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

ICDDR,B #2008-010

# Study information

Scientific Title

Evaluation of a responsive feeding and stimulation intervention

#### Acronym

CRF II

## Study objectives

- 1. Mothers in the responsive program will show more verbal and nonverbal responsive behaviours in social and feeding interactions with their child, compared to mothers in the regular program. They will also provide more opportunities for stimulation as measured by the Home Observation for Measurement of the Environment (HOME) inventory.
- 2. Children in the responsive program will show more self-feeding behaviours, more gained weight and length, and better language development compared to the regular program children
- 3. Children in the responsive program plus iron supplementation will show more development and growth than those in the responsive program without iron

This trial is similar to a previously registered trial (see http://www.controlled-trials.com/ISRCTN15000469), but involves a different dataset, an extra arm to the trial and an extra outcome. Therefore this has been assigned to a different ISRCTN.

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the ethics committee of the International Centre for Diarrhoeal Diseases Research Bangladesh (ICDDR,B) in April 2008.

# Study design

Cluster randomised, three-armed, single-blinded field trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Malnutrition

#### **Interventions**

This is a cluster randomised field trial, with villages clusters randomly assigned to one of two interventions or a regular-program control. Mothers are not blinded; data collectors are blinded.

The Mothers in the Responsive Feeding intervention consisted of five weekly group sessions and a booster session given by trained village peer educators to mothers and their children using a Manual for Responsive Feeding and Play. Mothers observe a demonstration and then practice the behaviour with their child. Group discussions on how to handle feeding problems such as refusals without forceful feeding.

The Mothers in the Responsive Feeding and Iron Supplement intervention group also received seven sachets of Sprinkles per week and were shown how to add this to the child's food. Iron supplements continued for 6 months.

The Control mothers received the usual behaviour change communication (BCC) knowledge-transfer sessions from a Manual.

All mothers receive a laminated picture to remind them of the messages they learned. The interventions and controls last for six weeks; follow-up data collections occur five months later.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

- 1. Mother: responsive feeding and responsive talking
- 2. Child:
- 2.1. Length and weight
- 2.2. Self-feeding
- 2.3. Mouthfuls eaten
- 2.4. Language development

Outcomes are measured at baseline, two weeks after the end of the intervention and five months after the end of the intervention.

#### Secondary outcome measures

- 1. Foods fed and messages recalled
- 2. Other maternal feeding behaviours such as forceful feeding and non-responsive encouragement

Outcomes are measured at baseline, two weeks after the end of the intervention and five months after the end of the intervention.

# Overall study start date

01/04/2008

# Completion date

30/12/2008

# **Eligibility**

Key inclusion criteria

- 1. Living in four unions in Khansama, in the north of Bangladesh
- 2. Mothers and their children 8 to 20 months of age
- 3. Must have started complementary food

# Participant type(s)

**Patient** 

## Age group

Other

#### Sex

Both

# Target number of participants

300

#### Total final enrolment

302

#### Key exclusion criteria

Children too ill or disabled to feed themselves.

#### Date of first enrolment

01/04/2008

#### Date of final enrolment

30/12/2008

# Locations

#### Countries of recruitment

Bangladesh

Canada

# Study participating centre Department of Psychology

Montreal Canada H3A 1B1

# Sponsor information

#### Organisation

International Centre for Diarrhoeal Diseases Research (Bangladesh)

# Sponsor details

Mohakhali (or GPO 128) Dhaka Bangladesh 1212

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ACravioto@icddrb.org

## Sponsor type

Research organisation

#### Website

http://www.icddrb.org/

#### **ROR**

https://ror.org/04vsvr128

# Funder(s)

## Funder type

Government

#### **Funder Name**

Social Science & Humanities Research Council (SSHRC) (Canada) (grant ref: 861-2006-0033)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2011	17/05/2019	Yes	No