

# A cohort study of pregnancy outcome in couples who miscarry

<b>Submission date</b> 28/02/2017	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 14/03/2017	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 03/12/2024	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Current plain English summary as of 18/09/2020:

### Background and study aims

Miscarriage is a term given to the loss of a baby during the first 23 weeks of pregnancy. Some women experience recurrent miscarriage, in which they experience three or more miscarriages in a row. Recurrent miscarriage is a distressing problem for which there is no effective preventative treatment currently. In order to develop new treatments, we need to identify couples at high risk of future pregnancy loss. There is little evidence that assesses the predictive power of current tests and risk factors, such as pregnancy loss history and body mass index (BMI). There have been very few long-term follow-up studies with accurate recording of future pregnancy outcomes. This study is using digital technology to collect and analyse information about the patient's history and investigation results and link these to pregnancy and neonatal outcome. The aim of this study is to undertake a large study of pregnancy outcome following miscarriage.

### Who can participate?

Couples who have suffered miscarriage.

### What does the study involve?

After agreeing to take part, women and their partners are asked to complete a questionnaire about their previous experiences with pregnancy loss and have their medical records reviewed to find out about their medical history. Every 6 months, couples are asked to fill in questionnaires about whether they have had any reproductive treatment and if that has led to a successful pregnancy and birth. Information collected in this study is then used to identify couples at risk of pregnancy loss and to predict pregnancy outcomes.

Participants will also be offered the opportunity to give their consent to take part in future Cohort Multiple Randomised Controlled Trials (cmRCT). Participants will agree to participate in the control (no treatment) arm of any future trials that will be conducted by the research team. If the participant is allocated to the intervention group of a future trial, they will be asked to provide their consent prior to taking the intervention.

### What are the possible benefits and risks of participating?

There are no direct benefits or risks involved with participating in this study.

Where is the study run from?

1. University Hospitals Coventry and Warwickshire NHS Trust (UK)
2. Birmingham Women's Hospital Foundation Trust (UK)
3. Imperial College Healthcare NHS Trust (UK)

When is the study starting and how long is it expected to run for?

April 2016 to April 2026

Who is funding the study?

Tommy's Baby Charity (UK)

Who is the main contact?

Professor Siobhan Quenby

s.quenby@warwick.ac.uk

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Previous plain English summary:

Background and study aims

Miscarriage is a term given to the loss of a baby during the first 23 weeks of pregnancy. Some women experience recurrent miscarriage, in which they experience three or more miscarriages in a row. Recurrent miscarriage is a debilitating disorder for which there is no effective medical intervention. In order to develop new interventions, we need to identify couples at high risk of future pregnancy loss. There is little published data that assesses the prognostic use of current tests and risk factors such as pregnancy loss history and BMI. There have been very few long-term follow-up studies with accurate recording of future pregnancy outcomes. This study is using digital technology to collect and analyse information about the patient's history, investigation results and link these to pregnancy and neonatal outcome. The aim of this study is to undertake a large cohort study of pregnancy outcome following miscarriage.

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Professor Siobhan Quenby  
s.quenby@warwick.ac.uk

## Contact information

**Type(s)**  
Public

**Contact name**  
Prof Siobhan Quenby

**ORCID ID**  
<http://orcid.org/0000-0003-3221-5471>

**Contact details**  
Clinical Sciences Research Laboratories  
University Hospitals Coventry and Warwickshire NHS Trust  
Coventry,  
United Kingdom  
CV2 2DR  
+44 2476 968592  
s.quenby@warwick.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**  
213740

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
IRAS 213740

## Study information

**Scientific Title**  
A cohort study in couples who have suffered miscarriage with assessment of future pregnancy outcome

**Acronym**  
Tommy's Net

**Study objectives**

Some women experience recurrent miscarriage, in which they experience three or more miscarriages in a row. Recurrent miscarriage is a debilitating disorder for which there is no effective medical intervention. In order to develop new interventions, we need to identify couples at high risk of future pregnancy loss. There is little published data that assesses the prognostic use of current tests and risk factors such as pregnancy loss history and BMI. There have been very few long-term follow-up studies with accurate recording of future pregnancy outcomes. This study is using digital technology to collect and analyse information about the patient's history, investigation results and link these to pregnancy and neonatal outcome. The aim of this study to undertake a large cohort study of pregnancy outcome following miscarriage.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

1. Approved 09/03/2017, West Midlands Research Ethics Committee (Health Research Authority, Ground Floor, Skipton House, 80 London Road, London SE1 6LH; +44 (0)207 104 8193; NRESCommittee.WestMidlands-Edgbaston@nhs.net), ref: 17/WM/0050
2. Amended 11/05/2020, West Midlands Research Ethics Committee (Health Research Authority, Ground Floor, Skipton House, 80 London Road, London SE1 6LH; +44 (0)207 104 8193; edgbaston.rec@hra.nhs.uk), ref: 17/WM/0050, amendment reference AM04

### **Study design**

Observational cohort study

### **Primary study design**

Observational

### **Secondary study design**

Cohort study

### **Study setting(s)**

Hospital

### **Study type(s)**

Diagnostic

### **Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

### **Health condition(s) or problem(s) studied**

Miscarriage

### **Interventions**

Couples will be asked to fill in clinical history sheets prior to clinic visits. When they arrive at the clinic a member of the research team will explain Tommy's Net and ask them to consent to the study. If they consent they will be asked permission to have their data entered into a bespoke server and database. This system will then also import results of investigations and reproductive outcomes. Couples will be contacted every 6 months for details of further reproductive treatment and pregnancy outcomes. The baby's NHS number will be requested through appropriate consent so that follow up of the baby's development could be facilitated.

Information regarding the babies developmental follow up will be requested from GP records using data linkage.

### **Intervention Type**

Other

### **Primary outcome measure**

Live birth rate is assessed by patient questionnaire and data linkage at 6-month intervals until family is complete and child is aged 5 years.

### **Secondary outcome measures**

1. Miscarriage rate is assessed by patient questionnaire and data linkage at 6-month intervals until family is complete
2. Type of miscarriage is assessed by patient questionnaire and data linkage at 6-month intervals until family is complete
3. Obstetric complications are assessed by patient questionnaire and data linkage at 6-month intervals until family is complete
4. Neonatal complications are assessed by patient questionnaire and data linkage at 6-month intervals until family is complete

### **Overall study start date**

01/04/2016

### **Completion date**

01/04/2026

## **Eligibility**

### **Key inclusion criteria**

1. Couples with a history of one or more pregnancy losses
2. Aged between 18-55

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Lower age limit**

18 Years

### **Upper age limit**

55 Years

### **Sex**

Both

### **Target number of participants**

9000

**Key exclusion criteria**

Couples who decline to give consent.

**Date of first enrolment**

01/04/2017

**Date of final enrolment**

01/04/2022

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**University Hospitals Coventry and Warwickshire NHS Trust**

Clifford Bridge Road

Coventry

United Kingdom

CV2 2DX

**Study participating centre**

**Birmingham Women's Hospital Foundation Trust**

Mindelsohn Way

Edgbaston

Birmingham

United Kingdom

B15 2TG

**Study participating centre**

**Imperial College Healthcare NHS Trust**

Hammersmith Hospital Campus

Du Cane Road

London

United Kingdom

W12 0NN

**Sponsor information**

**Organisation**

University Hospitals Coventry and Warwickshire NHS trust

**Sponsor details**

Clinical Sciences Research Laboratories  
Coventry  
England  
United Kingdom  
CV2 2DR

**Sponsor type**

Hospital/treatment centre

**ROR**

<https://ror.org/025n38288>

**Funder(s)****Funder type**

Charity

**Funder Name**

Tommy's Baby Charity

**Alternative Name(s)****Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Results and Publications****Publication and dissemination plan**

Planned publications will occur at annual intervals in high-impact peer reviewed journals.

**Intention to publish date**

01/04/2027

**Individual participant data (IPD) sharing plan**

The participant level data will be stored on on the secure, NHS, N3 encrypted system in a server in UHCW access to this will be controlled to met with information governance standards as laid down in the Information Goverance Tool Kit.

## IPD sharing plan summary

Stored in repository

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Results article</a>	Associations with dietary patterns	26/11/2024	03/12/2024	Yes	No