# A Phase I study in healthy adults to investigate the safety and tolerability of an oral formulation of A3907

Submission date 25/01/2022	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
		☐ Protocol		
Registration date 23/02/2022	Overall study status Completed	<ul><li>Statistical analysis plan</li></ul>		
		[X] Results		
Last Edited	Condition category	Individual participant data		
30/08/2022	Other			

#### Plain English summary of protocol

Background and study aims

This is a study to investigate the safety and tolerability of single and multiple doses of A3907. The study also assesses how much A3907 is in the blood (called pharmacokinetics or PK) and what A3907 does to the body (called pharmacodynamics or PD). Albireo is developing A3907 as a potential treatment for cholestatic liver disease.

This study will be the first time the test medication A3907 has been given to humans. A3907 is experimental and has not been approved by any regulatory agency responsible for approving study drugs for general medical use.

Who can participate?

Healthy volunteers age 18-60 with a body mass index between 18.0 and 32.0 kg/m<sup>2</sup>

What does the study involve?

The study will be conducted in two parts:

#### Part A: single ascending dose (SAD)

It is planned to dose at least six groups in Part A. Each group will include eight participants. One optional group may be added (Group A7) that will also include eightparticipants, if planned. Participants will receive a single dose of the study drug or a placebo (a 'dummy' capsule that does not contain the study drug but looks just like it) on one dosing occasion (once in the morning on Day 1).

#### Part B: multiple ascending doses (MAD)

It is planned to dose at least four groups in Part B. Each group will include eightparticipants. Twoadditional groups (B5 and B6) of eight participants each may be added to Part B. Participants will receive single doses of the study drug or placebo once a day (in the morning) or twice a day (in the morning and evening) for 7 days, depending on the results from Part A.

What are the possible benefits and risks of participating?

Participants are not expected to receive any direct medical benefits from their participation in

the study. The information collected in this study may help other people with cholestatic liver disease in the future. As participants will be healthy volunteers who do not require treatment, their alternative is to not participate in this study.

This will be the first time the study drug (A3907) has been tested in humans. A3907 has been assessed in animals both as single and repeated doses. Overall, the doses administered were well-tolerated without significant adverse effects. The starting dose for this study is 1mg. This is about 9000-fold below a dose that did not cause any adverse effects in animal studies. Later dose levels will be based on collected data and determined by the study doctor (investigator) in conjunction with the sponsor. Dosing will only continue if the blood levels of the study drug are predicted to remain well below those seen at a dose level that showed no adverse effects in animals.

Where is the study run from: Covance Clinical Research Unit Ltd (UK)

When is the study starting and how long is it expected to run for? February 2020 to September 2021

Who is funding the study? Albireo (USA)

Who is the main contact?
Anna Wallebäck, MSc Sr. CTM
anna.walleback@albireopharma.com

#### Contact information

#### Type(s)

Public

#### Contact name

Ms Anna Wallebäck

#### Contact details

Arvid Wallgrens backe 20 Göteborg Sweden 413 46 +46 (0)733 113 281 anna.walleback@albireopharma.com

#### Type(s)

Scientific

#### Contact name

Dr Jan Mattsson

#### Contact details

Arvid Wallgrens backe 20 Göteborg Sweden 413 46 +46 (0)768 08 35 04 Jan.Mattsson@albireopharma.com

#### Type(s)

Scientific

#### Contact name

Dr Sean Wang

#### Contact details

Albireo Pharma, Inc.
53 State Street
19th Floor
Boston
United States of America
MA 02109
+1 857-254–5555
Sean.Wang@albireopharma.com

#### Additional identifiers

Clinical Trials Information System (CTIS)

202000442317

**Integrated Research Application System (IRAS)** 

288699

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

A3907-001, IRAS 288699

### Study information

#### Scientific Title

A Phase I, interwoven, first-in-human, double-blind, single and multiple ascending dose study in healthy adult subjects to investigate the safety, tolerability, pharmacokinetics and pharmacodynamics of an oral formulation of A3907, a first-in-class IBAT inhibitor

#### Study objectives

The purpose of the present study is to evaluate the safety, tolerability, pharmacokinetics (PK), and pharmacodynamics (PD) of A3907 administered orally in healthy adults.

#### Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved 16/11/2020, North East - York Research Ethics Committee (Holland Drive, Newcastle upon Tyne, NE2 4NQ, UK; +44 (0)207 104 8079; York.rec@hra.nhs.uk), REC ref: 20/NE/0216

#### Study design

Single-center randomized double-blind placebo-controlled single and multiple ascending dose study

#### Primary study design

Interventional

#### Study type(s)

Other

#### Health condition(s) or problem(s) studied

Safety, tolerability, pharmacokinetics and pharmacodynamics of an oral formulation of A3907

#### **Interventions**

This trial will be conducted at a single treatment center. Part A is a double-blind, randomized, placebo-controlled, single ascending dose (SAD), sequential group design. Part B is a double-blind, randomized, placebo-controlled, multiple ascending dose (MAD), interwoven design.

For part A, Groups A1 to A6, six subjects will receive A3907 and two subjects will receive a placebo. Part B may start after completion of Group A3, and Groups B1 to B4 will have six subjects who will receive A3907 and two subjects who will receive placebo.

A1 Cohort – 1 mg

A2 Cohort – 3 mg

A3 Cohort – 9 mg

A4 Cohort – 27 mg

A5 Cohort – 81 mg

A6 Cohort – 162 mg

A7 Cohort - 162 mg

B1 Cohort – 9 mg

B2 Cohort – 27 mg

B3 Cohort - 67.5 mg

Reference product: placebo capsules, A3907 white, size 0 hydroxypropyl methylcellulose (HPMC) capsule.

Administration route: oral.

#### Intervention Type

Drug

#### Phase

Phase I

#### Drug/device/biological/vaccine name(s)

A3907

#### Primary outcome(s)

Safety and tolerability assessed using:

1. Incidence and severity of adverse events. AEs are recorded during each visit:

Part A: Screening (Days -28 to -2), Day -1, Day 1, Day 2, Day 3/ET Follow up Visit (Day 10±1)

Part B: Screening (Days -28 to -2), Day -1, Day 1, Day 2, Day 3, Day 4, Day 5, Day 6, Day 7, Day 8, Day 9/ET Follow up Visit (Day 16±1)

2. Laboratory abnormalities (clinical chemistry, hematology, coagulation, urinalysis):

Part A: Screening (Days -28 to -2), Day -1, Day 2, Day 3/ET Follow up Visit (Day 10±1)

Part B: Screening (Days -28 to -2), Day -1, Day 2, Day 4, Day 7, Day 9/ET Follow up Visit (Day 16±1)

3. 12-lead ECG parameters obtained at predose, 1, 2, 4, and 8 hours post-dose. ECG predose will be measured in triplicate. All other measurements will be performed singly.

Part A: Screening (Days -28 to -2), Day -1, Day 1, Day 2, Day 3/ET Follow up Visit (Day 10±1)

Part B: Screening (Days -28 to -2), Day -1, Day 1, Day 3, Day 5, Day 7, Day 9/ET Follow up Visit (Day 16±1)

4. Vital signs measurements taken at predose, 1, 2, 4, and 8 hours post-dose:

Part A: Screening (Days -28 to -2), Day -1, Day 1, Day 2, Day 3/ET Follow up Visit (Day 10±1)

Part B: Screening (Days -28 to -2), Day -1, Day 1, Day 2, Day 3, Day 4, Day 5, Day 6, Day 7, Day 8, Day 9/ET Follow up Visit (Day 16±1)

- 5. Physical examinations:
- 5.1. Complete physical exam performed on screening day (days-28 to -2) and on day-1
- 5.2. Symptom-directed physical examination for part A (single dose) will be performed on day 1 and day 3/ET. Part B (multiple dose) will collect symptom-directed physicals on days: 1, 4, 7, 9/ET, and day 17 follow up
- 5.3. On dosing days the physical examination should be performed post-dose
- 6. Number of bowel movements and consistency measured using the Bristol Stool Form Scale measured until 24 hours following the last dose

Part A: Day 1, Day 2

Part B: Day 1, Day 2, Day 3, Day 4, Day 5, Day 6, Day 7, Day 8

#### Key secondary outcome(s))

Blood and urine samples will be collected for the analysis of plasma and urinary concentrations of A3907. Pharmacokinetic parameters will be derived by noncompartmental analysis. For Part A, the PK parameters will include:

- 1. AUC from time zero to infinity (AUC0-∞)
- 2. AUC from time zero to the time of the last quantifiable concentration (AUC0-tlast)
  •percentage of AUC that is due to extrapolation from the last quantifiable concentration to infinity (%AUCextrap)
- 3. AUC from time zero to 24 hours postdose (AUC0-24)
- 4. Maximum observed concentration (Cmax)
- 5. Time of Cmax (tmax)
- 6. Apparent terminal elimination rate constant ( $\lambda z$ )
- 7. Apparent terminal elimination half-life (t1/2)
- 8. Apparent total clearance (CL/F)
- 9. Apparent volume of distribution (Vz/F)
- 10. Amount of drug excreted in urine (Ae)
- 11. Percentage of dose recovered in urine (fe)
- 12. Renal clearance (CLR)

In Part B, the PK parameters will include:

- 1. AUC over a dosing interval (AUC0-τ)
- 2. Cmax
- 3. tmax

- 4. λz
- 5. t1/2
- 6. CL/F
- 7. Vz/F
- 8. Observed accumulation ratio based on AUC0-τ (ARAUC)
- 9. Ae
- 10. fe
- 11. CLR

#### Measured using:

- 1. Urine intervals collected at 0 to 4, 4 to 8, 8 to 12, 12 to 24, 24 to 36, and 36 to 48 hours postdose
- 2. Blood samples collected predose and at 0.5, 1, 1.5, 2, 2.5, 3, 3.5, 4, 5, 6, 8, 12, 16, 24, 36, and 48 hours post-dose
- 3. Blood samples collected Day 1 predose and at 4 and 24 hours post-dose

#### Completion date

03/09/2021

## **Eligibility**

#### Key inclusion criteria

Healthy male subjects and female subjects of nonchildbearing potential aged between 18 and 60 years (inclusive) with a body mass index between 18.0 and 32.0 kg/m² (inclusive)

#### Participant type(s)

Healthy volunteer

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

Αll

#### Total final enrolment

75

#### Key exclusion criteria

- 1. Significant history or clinical manifestation of any metabolic, allergic, dermatological, hepatic, renal, hematological, pulmonary, cardiovascular, gastrointestinal, neurological, respiratory, endocrine, or psychiatric disorder, as determined by the investigator (or designee)
- 2. History of any illness that, in the opinion of the investigator (or designee), might confound the results of the study or pose an additional risk to the subject by their participation in the study
- 3. Significant history of gastric retention, constipation, urinary retention, urinary obstruction or

difficulty in voiding, as determined by the investigator (or designee)

- 4. History of narrow-angle glaucoma
- 5. History of significant hypersensitivity, intolerance, or allergy to any drug compound, food, or other substance, including the active ingredient, excipients, or related compounds
- 6. History of stomach or intestinal surgery or resection or other medical condition that would potentially alter the absorption, metabolism, and/or excretion of orally administered drugs (uncomplicated appendectomy and hernia repair will be allowed)
- 7. Planned weight loss, being on any weight-reducing diet, or being on or planning to start any prescription or over-the-counter anti-obesity agent
- 8. Confirmed (e.g., two consecutive measurements separated by 10 minutes) systolic blood pressure >140 or <90 mmHg, diastolic blood pressure >90 or <50 mmHg, pulse rate >90 or <40 bpm, or oral body temperature >37.8 $^{\circ}$ C or <35.5 $^{\circ}$ C
- 9. Clinical evidence of liver disease or injury as indicated by the following and confirmed by repeat testing:
- 9.1. Alanine transaminase or AST >1.5× ULN (upper limit of normal)
- 9.2. Total bilirubin >1.5× ULN (total bilirubin >1.5× ULN is acceptable if direct bilirubin <35%)
- 9.3. Alkaline phosphatase >2× ULN
- 10. History or presence of clinically significant impaired renal function as indicated by abnormal creatinine, urea, or urinary constituents as determined by the investigator (or designee) or glomerular filtration rate of <80 ml/min/1.73 m<sup>2</sup> at screening based on the Chronic Kidney Disease Epidemiology Collaboration creatinine equation
- 11. White blood cells  $<3.5 \times 109/L$  or platelets  $<100 \times 10e9/L$
- 12. History of alcoholism or drug/chemical abuse within 2 years prior to check-in
- 13. Alcohol consumption of >21 units per week for males and >14 units for females. One unit of alcohol equals  $\frac{1}{2}$  pint (285 ml) of beer or lager, 1 glass (125 ml) of wine, or  $\frac{1}{6}$  gill (25 ml) of spirits
- 14. Positive alcohol breath test result or positive urine drug screen (confirmed by repeat) at screening or check-in
- 15. Positive hepatitis B surface antigen or hepatitis C antibody test result within 3 months prior to dosing, or positive hepatitis panel or positive human immunodeficiency virus test at screening. Subjects with positive hepatitis C antibody due to prior resolved disease can be enrolled if a confirmatory hepatitis C RNA test is negative.
- 16. Participation in a clinical study involving administration of an investigational drug (new chemical entity) within 90 days prior to dosing or in >4 clinical studies within 12 months prior to dosing
- 17. Use or intent to use any medications/products known to alter drug absorption, metabolism, or elimination processes, including St. John's wort, within 30 days prior to dosing
- 18. Use or intent to use any prescription medications/products within 14 days prior to dosing, unless deemed acceptable by the investigator (or designee)
- 19. Use or intent to use slow-release medications/products considered to still be active within 14 days prior to dosing
- 20. Use or intent to use any nonprescription medications/products including vitamins, minerals, and phytotherapeutic/herbal/plant-derived preparations within 7 days prior to dosing
- 21. Use of tobacco- or nicotine-containing products (including vaping devices) within 3 months prior to check-in, and/or positive cotinine at screening or check-in
- 22. Ingestion of poppy seed-, Seville orange-, grape juice-, cranberry juice-, or grapefruit-containing foods or beverages within 7 days prior to check-in
- 23. Has been on a diet incompatible with the on-study diet, in the opinion of the investigator (or designee), within 30 days prior to dosing. This includes: excessive caffeine intake (e.g., >5 cups of coffee or equivalent per day), vegan or vegetarian diet, and high consumption of cruciferous vegetables
- 24. Inability to swallow multiple capsules

- 25. Receipt of blood products within 2 months prior to check-in
- 26. Donation of blood (450 ml) from 3 months prior to screening, plasma from 2 weeks prior to screening, or platelets from 6 weeks prior to screening
- 27. Poor peripheral venous access
- 28. Subjects who are not willing to minimize or avoid exposure to natural or artificial sunlight (tanning beds or UVA/B treatment) following administration of study drug until 2 weeks after the last dose
- 29. Mental or legal incapacity or significant emotional problems at the time of the screening visit or expected during the conduct of the study
- 30. Subjects who, in the opinion of the investigator (or designee), should not participate in this study

# Date of first enrolment 08/02/2021

Date of final enrolment 19/08/2021

#### Locations

# Countries of recruitment United Kingdom

England

Study participating centre
Covance Clinical Research Unit Ltd
Springfield House
Hyde Street
Leeds
United Kingdom
LS2 9LH

# Sponsor information

#### Organisation

Albireo (Sweden)

#### **ROR**

https://ror.org/02py10784

# Funder(s)

Funder type

#### Funder Name

Albireo

## **Results and Publications**

#### Individual participant data (IPD) sharing plan

The data-sharing plans for the current study are unknown and will be made available at a later date.

#### IPD sharing plan summary

Data sharing statement to be made available at a later date

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results		30/08/2022	30/08/2022	No	No
HRA research summary			28/06/2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes