Foot ulcer treatment with the PulseFlowDF Boot

| Submission date | Recruitment status | [X] Prospectively registered |
|-------------------|-----------------------------------|---------------------------------|
| 22/11/2016 | Stopped | [] Protocol |
| Registration date | Overall study status | [] Statistical analysis plan |
| 15/12/2016 | Stopped | [_] Results |
| Last Edited | Condition category | Individual participant data |
| 21/06/2019 | Nutritional, Metabolic, Endocrine | [_] Record updated in last year |

Plain English summary of protocol

Background and study aims

Foot ulcerations are non-healing wounds that are common in people with diabetes, and can lead to infection and amputation. A new boot is being tested that may help protect the foot and which also aims to improve the blood flow to the ulcer. The aim of this study is to compare this new boot to a standard boot as a treatment for foot ulceration in people with diabetes.

Who can participate? Patients aged over 17 with diabetic foot ulcers

What does the study involve?

Participants are randomly allocated to wear either the new boot or the standard boot for 3 months. During the 3 months participants receive standard care (dressings) and are also asked to attend a longer appointment once a month to complete questionnaires and undergo foot temperature and pressure measurements.

What are the possible benefits and risks of participating?

There are no direct benefits to taking part. It is not know whether one boot is better than the other, but this study will attempt to find out and this may help people in future. All participants will be closely monitored during the study and any complications of the foot ulcer will be addressed promptly.

Where is the study run from? Salford Royal Hospital NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for? January 2017 to March 2018

Who is funding the study? Pulse Flow Technologies (UK)

Who is the main contact? Dr Jill Halstead-Rastrick

Contact information

Type(s) Public

Contact name Dr Jill Halstead-Rastrick

Contact details

Podiatry and Foot Health Department Salford Royal Hospital NHS Foundation Trust Stott Lane Salford United Kingdom M6 8HD

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers 1.0

Study information

Scientific Title

A feasibility study to assess the effect of the PulseFlowDF in the treatment of diabetic foot ulcers

Acronym

PFDF

Study objectives

This feasibility study will examine the effect of wearing the PulseFlowDF, compared to standard orthotic device, as a treatment for foot ulceration in people with diabetes.

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration

Study design Randomised feasibility study

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s) Hospital

Study type(s) Treatment

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied

Diabetes mellitus

Interventions

All the participants will be asked to participate in the study for 3 months during which they will be asked to use the allocated treatment for 3 months.

Random allocation of participants to each treatment arm will be assigned using a random numbers table. The order of allocation in each group will follow even and odd numbers as they appear in the table to ensure unbiased allocation. Concealment of the randomisation will be maintained by sealed opaque envelopes; these will be produced by the blinded research assistant for each participant.

Intervention treatment:

PulseFlowDF is a non-invasive treatment for diabetic foot ulcers that has a novel technology which attempts to address the complexity of ulcer healing through increased blood flow, pressure reduction and maximisation of compliance. In several clinical trials it has also been shown that total contact casting can improve healing in neuropathic foot ulcerations. For those that have circulation (vascular) impairment this approach is limited and orthotic devices (walkers) are not always used constantly. Currently, there is no technology that attempts to resolve this. In addition, PulseFlowDF solves the step-down issue, as the boot can be used as a shoe, saving the clinical departments further costs for footwear to potentially prevent ulcer reoccurrence.

Comparator treatment:

We propose to use a below knee Aircast Air Select Standard boot as it is a widely used orthotic device that can immobilise the leg and foot. This boot is widely available on the NHS and is used in pressure reduction for people with foot ulcers.

Intervention Type

Device

Primary outcome measure Foot ulcer size, measured at baseline, 4, 8 and 12 weeks

Secondary outcome measures

1. Health status, measured with the EQ-5D questionnaire at baseline and 12 weeks

2. Walking impairment, measured with the Walking Impairment Questionnaire at baseline and 12 weeks

3. Thermal image analysis at baseline, 4, 8 and 12 weeks

4. Foot pressure, measured using Tekscan in-shoe plantar pressure measurement at baseline and 3 months

5. Adherence to boots assessed at 4, 8 and 12 weeks

Overall study start date

01/01/2017

Completion date

01/03/2018

Reason abandoned (if study stopped)

Participant recruitment issue

Eligibility

Key inclusion criteria

1. >17 years of age

2. Consultant or GP diagnosis of diabetes mellitus (type I or II) documented on the electronic patient record with HbA1C greater than 48mmol/mol recorded in the last 6 months

3. Controlled diabetes as defined as an HbA1c of 86mm/mol (11%) in the last 3 months 4. Foot ulcers (defined by the University Texas wound Classification grades 1A, 1B, 1C, 2A, 2B, 2C) and greater than the volume of 30mm3 (as determined by 3D camera) and or minimum length and width of 5mm x 5mm and 2mm depth

5. Foot ulcer (as defined above) with or without mild infection as defined by IDSA as local infection involving only the skin and the subcutaneous tissue (without involvement of deeper tissues and without systemic signs as described below). If erythema, must be >0.5 cm to ≤ 2cm around the ulcer, once all other causes of an inflammatory response of the skin (e.g. trauma, gout, acute Charcot neuro-osteoarthropathy, fracture, thrombosis and venous stasis) are excluded (Lipsky et al. 2012)

6. People with mild peripheral arterial disease defined as the absence of palpable pulses and or monophasic Doppler signals using audio ultrasound evaluation with an ABPI of 0.8 to 0.51 (or if vessels not compressible e.g. ABPI >1.1) an absolute toe pressure of >51mmHg 7. Foot ulses at any of the following sites:

7. Foot ulcer at any of the following sites:

- 7.1. First metatarsophalangeal joint (MTPJ) plantar aspect
- 7.2. 2nd-5th MTPJs

7.3. Heel

7.4. Plantar aspect of toe/s

8. Patients who have undergone lower extremity surgery / amputation may be enrolled into the study subject to the clinical judgement of the investigator

9. Willingness to adhere to standard clinical care for diabetic foot ulcer as per NICE guidelines (CG10, CG 119 NG19) including dressing regime, pressure reduction and clinical review evidenced by medical history

10. Competence to provide informed consent

11. Foot size ranging from 5-13 (UK)

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

40

Key exclusion criteria

1. Ulcer on plantar surface of medial longitudinal arch of foot

2. Severe peripheral arterial disease as evidenced by an ABPI of <0.5 (or if vessels not

compressible e.g. ABPI >1.1) an absolute toe pressure of <50mmHg

3. Evidence of venous stasis ulcers or ulcers secondary to tropical disease

4. Moderate to severe infection defined by IDSA as local infection (as described above) with erythema >2cm, or involving structures deeper than skin and subcutaneous tissues (e.g. abscess, osteomyelitis, septic arthritis, fasciitis) and no systemic inflammatory response signs: Local infection (as described above) with the signs of SIRS, as manifested by ≥2 of the following (Lipsky et al. 2012):

4.1. Body temperature >38°C or <36°C

4.2. Heart rate >90 beats/min

4.3. Respiratory rate >20 breaths/min or PaCO2 <32 mmHg

4.4. White blood cell count >12 000 or <4000 cells/µ Lor ≥ 10% immature (band) form

5. Mild infection of a foot ulcer (as defined above) and on <4 weeks antibiotic treatment

6. Acute septic arthritis

7. Acute fractures of the foot including pathological, related to osteomyelitis

8. Active Charcot Neuroarthropathy

9. Cannot tolerate / unwilling to adhere to standard clinical care as evidenced by NICE guidelines, such as pressure reduction (CG10, CG 119)

10. Current treatment with advanced wound therapies (NICE CG 119 1.1.36):

10.1. Grafts

- 10.2. Pinch grafts
- 10.3. Dermal substitutes

10.4. Biological wound therapies to stimulate epithelialisation including but not limited to: growth factors, stem cells, skin cell application and Lave

10.5. Oxygen-delivering therapies

10.6. Electro-stimulation devices

10.7. Micro-current devices

10.8. Laser, kinetic devices

10.9. Negative pressure wound therapy

10.10. Hydro-surgical debridement

10.11. Extensive wound debridement as undertaken by orthopaedic and vascular surgeons requiring operative theatre

11. Rigid foot deformity: Restriction of movement at the subtalar joint and/or the midtarsal joint

12. Surgery for lower limb revascularisation in the 3 months

13. People with functioning infrainguinal bypass grafts in situ and that in the opinion of the vascular consultant should not be placed in an orthotic boot

14. Acute heart failure

15. Pregnancy

16. Participation in an interventional study within the last 30 days17. A history of any clinically significant disease or major disorder that in the opinion of the research officer and or Chief Investigator would not be conducive to study participation

Date of first enrolment 01/01/2017

Date of final enrolment 01/01/2018

Locations

Countries of recruitment England

United Kingdom

Study participating centre Salford Royal Hospital NHS Foundation Trust Salford United Kingdom M6 8HD

Sponsor information

Organisation Salford Royal NHS Foundation Trust

Sponsor details Research and Development Department Summerfield House 544 Eccles New Road Salford England United Kingdom M5 5AP

Sponsor type Hospital/treatment centre

ROR https://ror.org/019j78370

Funder(s)

Funder type Industry

Funder Name Pulse Flow Technologies

Results and Publications

Publication and dissemination plan

The results of this study will be presented to health care professional audiences at meetings (e. g. north west diabetes meeting), national/international conferences (diabetes and or podiatry) and published in a peer reviewed journal. The plan is to publish in an open access journal to allow broad impact. It is also planned to present the work to local PPI groups and write to all participants with a summary of the results and invite them to attend a presentation of the results.

Updated 21/06/2019: No publications are planned.

Intention to publish date 01/06/2018

Individual participant data (IPD) sharing plan

As this is an industrial study access to patient-level data will only be granted to the study sponsor for regulatory reasons.

IPD sharing plan summary

Not expected to be made available